

Appendix B – Urge Intensity Survey (For Printing)

Urge Intensity Survey 1

Please select one of the following options that best describes how intense your current urge to urinate is.

0 - Convenience (No Urge)	
1 – Mild Urge (Can Hold for Greater Than One Hour)	
2 – Moderate Urge (Can Hold for 10 – 60 Minutes)	
3 – Severe Urge (Can Hold for Less Than 10 Minutes)	
4 – Desperate Urge (Must Go Immediately)	



Urge Intensity Survey 2

Please select one of the following options that best describes how intense your current urge to urinate is.

0 - Convenience (No Urge)	
1 – Mild Urge (Can Hold for Greater Than One Hour)	
2 – Moderate Urge (Can Hold for 10 – 60 Minutes)	
3 – Severe Urge (Can Hold for Less Than 10 Minutes)	
4 – Desperate Urge (Must Go Immediately)	