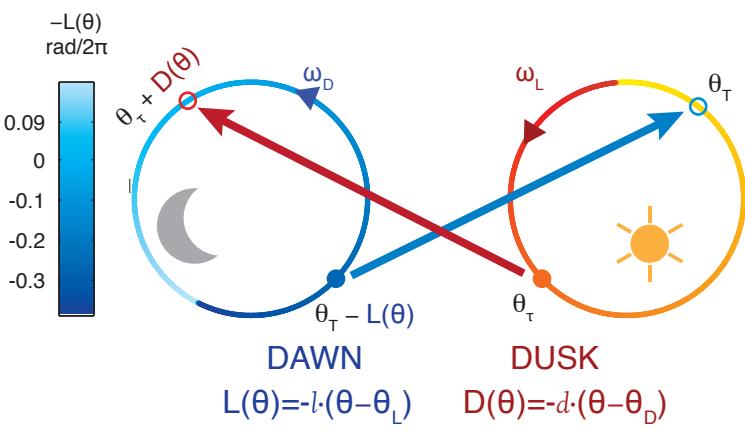
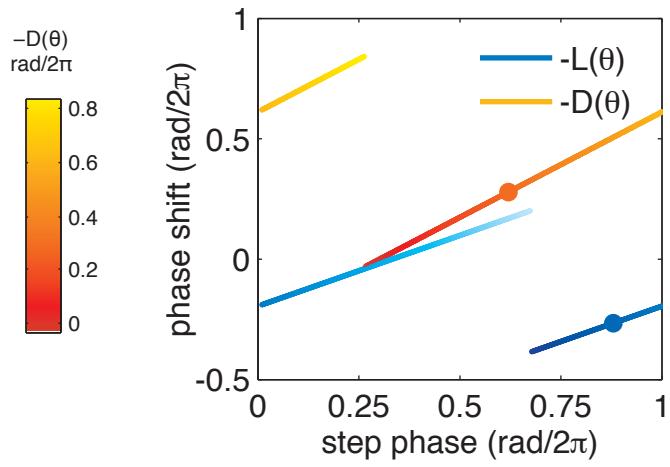


Figure—Mathematical Appendix.

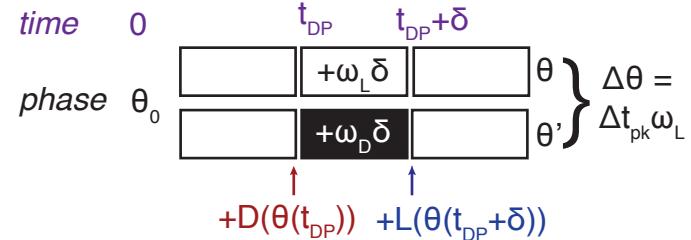
A.



B.

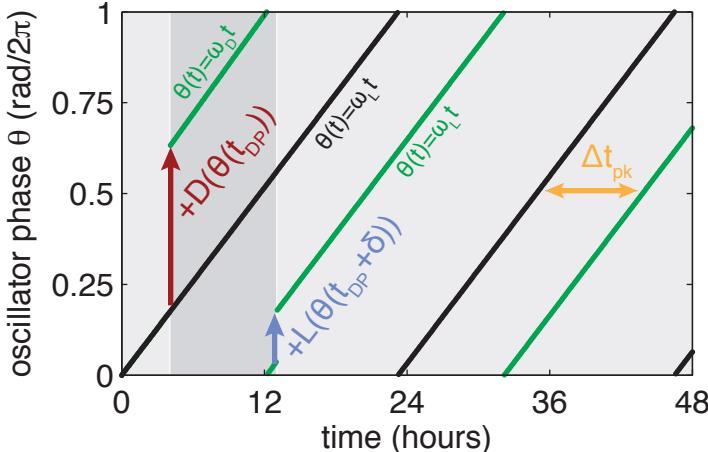


C. phase response

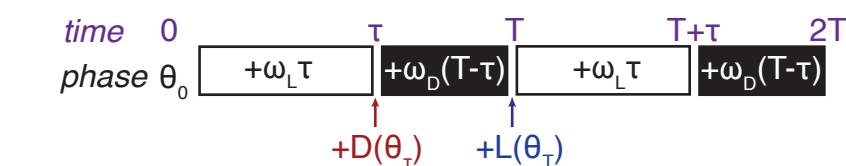


$$\Delta t_{pk}(t, \delta) = \theta_t \left(\frac{1}{\omega_L \beta_2} \right) + \delta \left(1 + \frac{\beta_1}{\beta_2} \right) - C_1$$

$$\beta_1 = -\frac{(1-l)\frac{\omega_D}{\omega_L}}{d+l-ld} \quad \beta_2 = \frac{1}{d+l-ld}$$



D. seasonal entrainment



$$t_{pk} = \tau(1 - \beta_1 - \beta_2) + T\beta_1 + C_2$$

$$\beta_1 = -\frac{(1-l)\frac{\omega_D}{\omega_L}}{d+l-ld} \quad \beta_2 = \frac{1}{d+l-ld}$$

