1	The modulation of neural gain facilitates a
2	transition between functional segregation and
3	integration in the brain
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#### 34 Abstract

Cognitive function relies on a dynamic, context-sensitive balance between functional integration and segregation in the brain. Previous work has proposed that this balance is mediated by global fluctuations in neural gain by projections from ascending neuromodulatory nuclei. To test this hypothesis in silico, we studied the effects of neural gain on network dynamics in a model of large-scale neuronal dynamics. We found that increases in neural gain directed the network through an abrupt dynamical transition, leading to an integrated network topology that was maximal in frontoparietal 'rich club' regions. This gain-mediated transition was also associated with increased topological complexity, as well as increased variability in time-resolved topological structure, further highlighting the potential computational benefits of the gain-mediated network transition. These results support the hypothesis that neural gain modulation has the computational capacity to mediate the balance between integration and segregation in the brain.

68 The function of complex networks such as the human brain requires a trade-off 69 between functional specialization and global communication (Deco et al., 2015a; 70 Park and Friston, 2013; Tononi and Sporns, 1994). Contemporary models of brain 71 function suggest that this balance is manifest through dynamically changing 72 patterns of correlated activity, constrained by the brains' structural backbone 73 (Deco et al., 2013; Honey et al., 2007; Varela et al., 2001). This in turn allows 74 exploration of a repertoire of cortical states that balance the opposing topological 75 properties of segregation (i.e. modular architectures with high functional 76 specialization) and integration (i.e. inter-connection between specialist regions; 77 (Deco et al., 2015b; Ghosh et al., 2008).

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79 Recent work has demonstrated that the extent of integration in the brain is 80 important for a range of cognitive functions, including effective task performance 81 (Bassett et al., 2015; Shine et al., 2016a), episodic memory retrieval (Westphal et 82 al., 2017) and conscious awareness (Barttfeld et al., 2015; Godwin et al., 2015). 83 Furthermore, the topological properties of functional brain networks have been 84 shown to fluctuate over time (Chang and Glover, 2010; Hutchison et al., 2013), 85 both within individual neuroimaging sessions (Shine et al., 2016a; Zalesky et al., 86 2014) and over the course of weeks to months (Shine et al., 2016b). While the 87 extent of integration in the brain may relate to more effective inter-regional 88 communication, perhaps via synchronous oscillatory activity (Fries, 2015; Lisman 89 and Jensen, 2013; Varela et al., 2001), there are also benefits related to a relatively 90 segregated network architecture, including lower metabolic costs (Bullmore and 91 Sporns, 2012; Zalesky et al., 2014) and effective performance as a function of 92 learning (Bassett et al., 2015). However, despite these insights, the biological 93 mechanisms responsible for driving fluctuations between integration and 94 segregation remain unclear.

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96 A candidate mechanism underlying flexible brain network dynamics is the 97 global alteration in neural gain mediated by ascending neuromodulatory nuclei 98 such as the locus coeruleus (Aston-Jones and Cohen, 2005a; Sara, 2009). This 99 small pontine nucleus projects diffusely throughout the brain and releases 100 noradrenaline, a potent modulatory neurotransmitter that alters the precision 101 and responsivity of targeted neurons (Waterhouse et al., 1988). Alterations in this 102 system are known to play a crucial role in cognition, as there is evidence for a 103 nonlinear (inverted-U shaped) relationship between noradrenaline concentration

104 and cognitive performance (Robbins and Arnsten, 2009; Figure 1a).

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106 Mechanistically, the noradrenergic system has been shown to alter neural gain 107 (Servan-Schreiber et al., 1990) Figure 1b), increasing the signal to noise ratio of 108 afferent input onto regions targeted by projections from the locus coeruleus. A 109 crucial question is how these local changes in neural gain influence the 110 configuration of the brain at the network level. Recent work has linked 111 fluctuations in network topology to changes in pupil diameter (Eldar et al., 2013; 112 Shine et al., 2016a; Shine et al., 2018), an indirect measure of locus coeruleus 113 activity (Joshi et al., 2016; Murphy et al., 2014; Reimer et al., 2014; 2016), 114 providing evidence for a link between the noradrenergic system and network-115 level topology. However, despite these insights, the mechanisms through which 116 alterations in neural gain mediate fluctuations in global network topology are 117 poorly understood.

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**Figure 1 – Manipulating Neural Gain:** a) the Yerkes-Dodson relationship linking activity in the locus coeruleus nucleus to cognitive performance; b) neural gain is modeled by a parameter ( $\sigma$ ) that increases the maximum slope of the transfer function between incoming and outgoing activity within a brain region; c) excitability is modeled by a parameter ( $\gamma$ ) that amplifies the level of output; d) the approach presently used to estimate network topology from the biophysical model.

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126 Biophysical models of large-scale neuronal activity have yielded numerous 127 insights into the dynamics of brain function, both during the resting state as well 128 as in the context of task-driven brain function (Deco et al., 2009; Honey et al., 129 2007) (for review, see (Breakspear, 2017). Whereas prior research in this area has 130 examined the influence of local dynamics, coupling strength, structural network 131 topology and stochastic fluctuations on functional network topology (Deco et al., 132 2015b; Deco and Jirsa, 2012; Deco et al., 2017; Gollo et al., 2015; Woolrich and 133 Stephan, 2013), the direct influence of neural gain has not been studied. Here, we 134 used a combination of biophysical modeling and graph theoretical analyses 135 (Sporns, 2013) to characterize the effect of neural gain on emergent network 136 topology. Based on previous work (Shine et al., 2016a; Shine et al., 2018), we 137 hypothesized that manipulations of neural gain would modulate the extent of 138 integration in time-averaged patterns of functional connectivity.

## 140 **Results**

141 To test this hypothesis, we implemented a generic 2-dimensional neuronal 142 oscillator model (Fitzhugh, 1961; Stefanescu and Jirsa, 2011) within the Virtual 143 Brain toolbox (Jirsa et al., 2010; Sanz Leon et al., 2013) to generate regional time 144 series that were constrained by a directed white matter connectome derived from 145 the CoCoMac database (Kötter, 2004) Figure 1d). The simulated neuronal time 146 series were passed through a Balloon-Windkessel model to simulate realistic 147 BOLD data. Graph theoretical analyses were then applied to time-averaged 148 correlations of regional BOLD data to estimate the functional topological 149 signatures of network fluctuations (see Methods for further details).

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151 To simulate the effect of ascending neuromodulatory effects on inter-regional 152 dynamics, we systematically manipulated neural gain ( $\sigma$ ; Figure 1b) and 153 excitability ( $\gamma$ ; Figure 1c). These two parameters alter different aspects of a sigmoidal transfer function, which models the nonlinear relationship between 154 155 presynaptic afferent inputs and local firing rates (Freeman, 1979). When the  $\sigma$ 156 and  $\gamma$  parameters are both low, fluctuations in regional activity arise mainly due 157 to noise and local feedback. As the  $\sigma$  and  $\gamma$  parameters increase, the influence of 158 activity communicated from connected input regions also increases, leading to 159 non-linear cross-talk and hence, changes in global brain topology and dynamics. 160 Here, we investigated the topological signature of simulated BOLD time series 161 across a parameter space spanned by  $\sigma$  and  $\gamma$  in order to understand the 162 combined effect of neural gain and excitability on global brain network 163 dynamics.

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# 165 Neural gain and excitability modulate network-level topological integration

166 We simulated BOLD time series data across a range of  $\sigma$  (0-1) and  $\gamma$  (0-1) and 167 then subjected the time series from our simulation to graph theoretical analyses 168 (Rubinov and Sporns, 2010). This allowed us to estimate the amount of 169 integration in the time-averaged functional connectivity matrix across the 170 parameter space (Figure 2a). Specifically, we used the mean participation 171 coefficient (B<sub>A</sub>) of the time-averaged connectivity matrix at each combination of  $\sigma$ 172 and  $\gamma$ . High values of mean B<sub>A</sub> suggest a relative increase in inter-modular connectivity, thus promoting the diversity of connections between modules 173

174 (Bertolero et al., 2017) and increasing the integrative signature of the network 175 (Shine et al., 2016a). The converse situation (i.e., segregation) can thus be indexed 176 by low mean  $B_A$  scores, or alternatively by the modularity statistic, Q. We 177 observed a complex relationship between  $\sigma$ ,  $\gamma$  and  $B_A$ , such that maximal 178 integration occurred at high levels of  $\sigma$  but with intermediate values of  $\gamma$ . 179 Outside of this zone, the time-averaged connectome was markedly less 180 integrated. Similar patterns were observed for other topological measures of 181 integration, such as the inverse modularity (Q<sup>-1</sup>) and global efficiency (Figure 2-182 figure supplement 1).

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184 **Figure 2** – a) mean participation as a function of  $\sigma$  and  $\gamma$  – greved-out zones reflect parameter 185 combinations that led to substantial differences between the functional and structural 186 connectome (r < 0.2); b) phase synchrony ( $\rho$ ) as a function of  $\sigma$  and  $\gamma$ ; c): mean participation (B<sub>A</sub>) 187 aligned to the critical point (represented here as a dotted line) as a function of increasing  $\sigma$ ; d) B<sub>A</sub> 188 aligned to the critical point as a function of increasing  $\gamma$  – the left and right dotted lines depicts 189 the synchrony change at low and high  $\gamma$ , respectively. The y-axis in c) and d) represents the 190 distance in parameter space aligned to the critical point/bifurcation for either  $\sigma$  ( $\Delta \sigma_{G}$ ; mean 191 across  $0.2 \le \gamma \le 0.6$ ) or  $\gamma$  ( $\Delta \gamma_{CB}$ ; mean across  $0.3 \le \sigma \le 1.0$ ). Lines are colored according to the state 192 of phase synchrony on either side of the bifurcation (blue: low synchrony; yellow: high 193 synchrony).

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# 195 Neural gain transitions the network across a critical boundary

196 The relative simplicity of our local neural model allows formal quantification of 197 the inter-regional phase relationships that characterize the underlying neuronal 198 dynamics. These fast neuronal phase dynamics compliment the view given by 199 the slow BOLD amplitude fluctuations and give insight into their fundamental 200 dynamic causes. We employed a phase order parameter, that quantifies the 201 extent to which regions within the network align their oscillatory phase – high 202 values on this scale reflect highly ordered synchronous oscillations across the 203 network, whereas low values reflect a relatively asynchronous system 204 (Breakspear and Heitmann, 2010; Kuramoto, 1984).

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Across the parameter space, we observed two clear states (Figure 2b): one associated with high ( $\rho \ge 0.5$ ; yellow) and one with low ( $\rho < 0.5$ ; blue) mean synchrony, with a clear critical boundary demarcating the two states (dotted white line in Figure 2a/b) that was associated with a relative increase in the standard deviation of the order parameter (Figure 2-figure supplement 2a). This 211 strong demarcation between states is a known signature of critical behavior 212 (Chialvo, 2010), which can occur at both the regional and network level. We 213 observed evidence for both regional and network criticality in our simulation, 214 whereby small changes in parameters (here,  $\sigma$  and  $\gamma$ ) facilitated an abrupt 215 transition between qualitatively distinct states. At the regional level, this pattern 216 is observed as a transition from input-driven fluctuations about a stable 217 equilibrium to self-sustained oscillations (Figure 2-figure supplement 3). At the 218 network level, the combined influence of increased gain and structural 219 connections manifest as a transition to high amplitude, inter-regional phase 220 synchrony (Figure 2-figure supplement 2b).

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222 To further disambiguate the system-level dynamics, we studied the probability 223 distribution of the fluctuations in the order parameter. Close to the boundary, we 224 observed a truncated Pareto (i.e., power law) scaling regime, spanning up to two 225 orders of magnitude (Figure 2-figure supplement 2b). This pattern is consistent 226 with a critical bifurcation within a complex system consisting of many 227 components (see Cocchi et al., 2017 and Heitman and Breakspear, 2017 for 228 further discussion). After crossing the boundary, this relationship develops a 229 'knee' above the power-law scaling (Figure 2-figure supplement 2b), consistent 230 with the emergence of a characteristic temporal scale in a super-critical system 231 (Roberts et al. 2015). These observations suggest that the system undergoes a 232 bifurcation across a critical boundary as the synchronization manifold loses 233 stability.

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235 A host of contemporary neuroscientific theories hypothesize that temporal phase 236 synchrony between regions underlies effective communication between neural 237 regions (Fries, 2015; Lisman and Jensen, 2013; Varela et al., 2001), which would 238 otherwise remain isolated if not brought into temporal lockstep with one 239 another. As such, we might expect that the changes in neural gain that integrate 240 the brain might do so through the modulation of inter-regional phase synchrony. 241 Our results were consistent with this hypothesis. By aligning changes in the 242 topological signature of the network to the critical point delineating the two 243 states, we were able to demonstrate a significant increase in integration (mean  $B_A$ ; 244  $T_{798} = 2.57$ ; p = 0.01) and decrease in segregation (Q;  $T_{798} = -17.44$ ; p < 0.001) of 245 network-level BOLD fluctuations in the highly phase synchronous state. 246 Specifically, global integration demonstrated a sharp increase in the zone 247 associated with the high amplitude synchronous oscillations, particularly for 248 intermediate values of  $\gamma$  (Figure 2c). In contrast, the transitions associated with 249 manipulating  $\gamma$  (particularly at high values of  $\sigma$ ) led to an inverse U-shaped 250 relationship: the network was relatively segregated at high and low levels of  $\gamma$ , 251 but integrated at intermediate values of  $\gamma$ , albeit with a monotonic relationship 252 when increasing  $\sigma$  for low levels of  $\gamma$  (Figure 2d). In addition, increases in 253 between-hemisphere connectivity were more pronounced than within-254 hemisphere connectivity in the ordered state (within:  $0.010 \pm 0.017$ ; between: 255  $0.014 \pm 0.013$ ; T<sub>2,848</sub> = 7.104; p = 10<sup>-12</sup>; see Figure 2-figure supplement 4). Together, 256 these results suggest that neural gain and excitability act together to traverse a 257 transition in network dynamics, maximizing inter-regional phase synchrony and 258 integrating the functional connectome.

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## 260 Neural gain increases topological complexity and temporal variability

261 Having identified a relationship between neural gain and network architecture, 262 we next investigated the putative topological benefit of this trade-off. A measure 263 that characterizes the topological balance between integration and segregation is 264 communicability (Estrada and Hatano, 2008), which quantifies the number of 265 short paths that can be traversed between two regions of a network (Mišić et al., 266 2015). In networks with high communicability, individual regions are able to 267 interact with a large proportion of the network through relatively short paths, 268 which in turn may facilitate effective communication between otherwise 269 segregated regions. In contrast to the relationship observed between neural gain 270 and network integration, communicability was maximal at the critical 271 boundaries between synchronous and asynchronous behavior (Figure 3a-c). 272 Thus, the topological signature of the network was most effectively balanced 273 between integration and segregation as the system transitioned between disorder 274 and order through the modulation of inter-regional synchrony by subtle changes 275 in neural gain.

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**Figure 3** – Topological and temporal relationships with phase regimen boundary: a-c) network communicability was maximal following the  $\sigma$  boundary ( $\Delta\sigma_{CP}$ ; mean across  $0.2 \le \gamma \le 0.6$ ) and the immediately prior to the abrupt phase transition at high  $\gamma$  ( $\Delta\gamma_{CP}$ ; mean across  $0.3 \le \sigma \le 1.0$ ); d-f) time-resolved between-module participation (B*r*) was maximally variable with increasing  $\sigma$  and across the critical boundary at high  $\gamma$ . 283 Another important signature of complex systems is their flexibility over time. In 284 previous work, we showed that the 'resting state' is characterized by significant 285 fluctuations in network topology, in which the brain traverses between states 286 that maximize either integration or segregation (Shine et al., 2016a). This 287 variability was diminished during a cognitively challenging task, and the extent 288 of integration was positively associated with improved task performance (Shine 289 et al., 2016a). To determine whether these alterations in topological variability 290 may have been related to changes in neural gain, we estimated the time-resolved 291 mean participation coefficient ( $B_T$ ) of the simulated BOLD time series and then 292 determined whether the variability of this measure over time changed as a 293 function of  $\sigma$  and  $\gamma$ . We found that the variability of time-resolved integration 294 within each trial was maximized across the critical boundary, as the network 295 switched between disordered and ordered phase synchrony (Figure 3d-f). These 296 results support the hypothesis that changes in neural gain may control the 297 temporal variability of network topology as a function of behavioral state.

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# 299 Gain-mediated integration is maximal in frontoparietal hub regions

300 To determine whether the influence of neural gain on network dynamics was 301 related to the underlying structural connectivity of the brain, we estimated the 302 "rich club" architecture of the structural connectome (Figure 4a). Compared to 303 low-degree nodes, rich club regions demonstrated an increase in 'realized' mean 304 gain adjacent to the critical boundary (Figure 4b). In short, this means that 305 activity within frontoparietal 'hub' regions (red in Figure 4a) was more strongly 306 affected by the interaction between neural gain and network topology than in 307 non-hub regions (blue/green in Figure 4a). Indeed, this result demonstrates that 308 the 'realized' gain of individual regions is not simply related to the applied gain 309 (i.e. input from the ascending noradrenergic system; (Aston-Jones and Cohen, 310 2005b), but also non-linearly depends on afferent activity from topologically 311 connected regions (Figure 4c/d). The observed effect was particularly evident for 312 intermediate values of  $\gamma$ , suggesting that the hub regions were differentially 313 impacted by neural gain at the critical boundary between the asynchronous and 314 synchronous states. Interestingly, similar dissociations were observed when 315 comparing regions with high and low diversity (Figure 4-figure supplement 1), 316 suggesting a role for future experiments to disambiguate the importance of degree and diversity in the mediation of global network topology (Bertolero et al., 2017). However, given the substantial overlap between regions in the 'rich' and diverse' clubs (73% of regions were found in both groups), our results confirm a crucial role for frontoparietal regions in the control of network-level integration as a function of ascending neuromodulatory gain.

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323 **Figure 4 – Regional clustering results:** a) regions from the CoCoMac data organized according to 324 rich club (red), feeder (blue) or local (green) status, along with a force-directed plot of the top 10% 325 of connections (aligned by hemisphere), colored according to structural hub connectivity status; 326 b) the rich club cluster demonstrated an increase in realized mean gain (the relative output as a 327 function of its' unique topology) at the bifurcation boundary, compared to feeder and local 328 nodes, which showed higher realized gain at high levels of  $\sigma$  and  $\gamma$ ; c) the three clusters of 329 regions also demonstrated differential responses to neural gain; and d) excitability. The black 330 lines in c) and d) denote significant differences in B<sub>A</sub> between the two groups.

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## 332 Discussion

333 We used a combination of computational modeling and graph theoretical 334 analyses, quantifying the relationship between ascending neuromodulation and 335 network-level integration in order to test a direct prediction from a previous 336 neuroimaging study (Shine et al., 2016a). We found that increasing neural gain 337 transitioned network dynamics across a bifurcation from disordered to ordered 338 phase synchrony (Figure 2b) with a shift from a segregated to integrated neural 339 architecture (Figures 2e and Figure 2-supplement 1). The critical boundary 340 between these two states was associated with maximal communicability and 341 temporal topological variability (Figure 3). Finally, the effect of neural gain was 342 felt most prominently in high-degree frontoparietal network hubs (Figure 4 and 343 Figure 4-supplement 2). Together, these results confirm our prior hypothesis and 344 complement an emerging view of the brain that highlights a mechanistic bridge 345 between ascending arousal systems and cognition (Shine et al., 2016a), providing 346 a potential mechanistic explanation for the long-standing notion that 347 noradrenergic activity demonstrates an inverted U-shaped curve with cognitive 348 performance (Robbins and Arnsten, 2009) Figure 1a).

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The major result from our study is that network-level fluctuations between segregation and integration in functional (BOLD) networks reflect an underlying transition in synchrony of faster neuronal oscillations, thus providing a previously unknown link between temporal scales in the brain (Figure 2b). At 354 low levels of  $\gamma$  and  $\sigma$ , the governing equations are strongly stable (damped), so 355 that all excursions from equilibrium must be driven by local noise - that is, 356 regions are relatively insensitive to incoming inputs (Figure 1b/c). As  $\gamma$  and  $\sigma$ 357 increase, local activity approaches an instability, and consequently incoming 358 activity is able to substantially influence activity in target regions. This causes 359 changes in the emergent whole-brain dynamics evident at both the short time 360 scale of brain oscillations and the long time scale of BOLD correlation. A stark 361 transition occurs at a critical point in the parameter space (denoted by the 362 boundary between blue and yellow in Figure 2b), whereby small increases in  $\sigma$ 363 lead to substantial alterations in the phase relationships between regions. 364 Specifically, the network abruptly shifts from stable equilibrium to high-365 amplitude synchronized oscillation, facilitating an increase in effective 366 communication between otherwise topologically distant regions (Fries, 2005; 367 Varela et al., 2001). This same transition point is associated with a peak in 368 informational complexity (Figure 3), further suggesting the importance of criticality in maximizing the information processing capacity of global network 369 370 topology. Notably, the transition is also accompanied by a peak in the 371 topological variability over time: hence a dynamic instability amongst fast 372 neuronal oscillations yields increased network fluctuations at very slow time 373 scales, again highlighting the crucial role of criticality to multi-scale neural 374 phenomena (Cocchi et al., 2017).

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376 The effect of neural gain on topology was greatest in a bilateral network of high-377 degree frontoparietal cortical regions (Figure 4). This suggests that the 378 recruitment of these hub regions at intermediate levels of excitability and neural 379 gain shifts collective network dynamics across a bifurcation, increasing effective 380 interactions between otherwise segregated regions. This result underlines the 381 effective influence of the structural 'rich club' (Figure 4), which in addition to 382 providing topological support to the structural connectome (van den Heuvel and 383 Sporns, 2013), may also facilitate the transition between distinct topological 384 states. This relationship has been demonstrated previously in other studies, 385 either by manipulating the excitability parameter alone (Deco et al., 2017; 386 Zamora-López et al., 2016), or through the alteration of the intrinsic dynamics of 387 the 2d oscillator model (Curto et al., 2009; Safaai et al., 2015), thus providing a 388 strong conceptual link between structural topology and emergent dynamics. Crucially, the integrated states facilitated by gain-mediated hub recruitment have been shown to underlie effective cognitive performance (Shine et al., 2016a), episodic memory retrieval (Westphal et al., 2017) and conscious awareness (Barttfeld et al., 2015; Godwin et al., 2015), confirming the importance of ascending neuromodulatory systems for a suite of higher-level behavioral capacities.

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396 Overall, our findings broadly support the predictions of the neural gain 397 hypothesis of noradrenergic function (Aston-Jones and Cohen, 2005b). For 398 instance, manipulating neural gain, a plausible instantiation of the effects of 399 ascending noradrenergic tone in the brain (Servan-Schreiber et al., 1990), led to 400 marked alterations in network topology. Given the demonstrated links between 401 network topology and cognitive function (Cohen and D'Esposito, 2016; Hearne et 402 al., 2017; Shine et al., 2016a; Shine and Poldrack, 2017), our work thus provides a 403 plausible mechanistic account of the long-standing notion of a nonlinear 404 relationship between catecholamine levels and effective cognitive performance 405 (Robbins and Arnsten, 2009; Shine et al., 2016a; Figure 1a). However, it bears 406 mention that our model highlighted a relationship between neural gain, 407 excitability and network topology, in which there was an inverted-U shaped 408 relationship observed between excitability and integration that was related to 409 two separate bifurcations (Figure 2-figure supplement 2). In contrast, the effect of 410 neural gain on topology was demonstrably more linear, particularly at 411 intermediate levels of  $\gamma$  (Figure 2). Importantly, although noradrenaline has been 412 directly linked to alterations in gain (Servan-Schreiber et al., 1990), there is also 413 reason to believe that noradrenergic tone should have a demonstrable effect on 414 excitability (Curto et al., 2009; Safaai et al., 2015; Stringer et al., 2016). Combined 415 with our observation of the importance of the interaction between neural gain 416 and high-degree (Figure 4), diverse (Figure 4-figure supplement 1) hub regions, 417 our results thus represent an extension of the neural gain hypothesis that 418 integrates the ascending arousal system with the constraints imposed by 419 multiple order parameters and structural network topology.

420

421 In addition, our results also align with previous hypotheses that highlighted the 422 importance of  $\alpha$ 2-adrenoreceptor mediated hub recruitment with increasing 423 concentrations of noradrenaline, particularly in the frontal cortex (Robbins and 424 Arnsten, 2009; Sara, 2009). However, our findings are inconsistent with the 425 hypothesis that neural gain mediates an increase in tightly clustered patterns of 426 neural interactions (Eldar et al., 2013). In contrast to this prediction, our 427 simulations showed that measures that reflect an increase in local clustering, 428 such as modularity and the mean clustering coefficient (Figure 4-figure 429 supplement 2), did not increase as a function of neural gain in the same manner 430 as other measures, such as the mean participation coefficient. Therefore, our 431 results suggest that an increase in functional integration (and hence, a 432 concomitant decrease in local clustering) is a more effective indicator of the 433 topological influence of increasing neural gain. However, it bears mention that 434 the hypothesized relationship between clustering and neural gain was presented 435 in the context of a focused learning paradigm (Eldar et al., 2013), whereas our 436 data were not modeled in an explicit behavioral context. As such, future studies 437 are required to disambiguate the relative relationship between neural gain and network topology as a function of task performance. 438

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440 Prior computational studies have demonstrated a link between the structural and 441 functional connectome, with the broad repertoire of functional network 442 dynamics bounded by structural constraints imposed by the white-matter 443 backbone of the brain (Deco and Jirsa, 2012; Honey et al., 2007; 2009). While the 444 targeted role of gain modulation on local neuronal dynamics have been studied 445 (Freeman, 1979), the impact of gain on functional network organization has not 446 been pursued. Here, we have demonstrated a putative mechanism by which a 447 known biological system (namely, the ascending noradrenergic system) can mediate structural-functional changes, essentially by navigating the functional 448 449 connectome across a topological landscape characterized by alterations in 450 oscillatory synchrony. However, the direct relationship between neural gain 451 manipulation and the ascending noradrenergic system is likely to represent an 452 oversimplification. Indeed, given the complexity and hierarchical organization of 453 the brain, it is almost certain that other functional systems, such as the thalamus 454 (Hwang et al., 2016) and fast-spiking interneurons (Stringer et al., 2016), play 455 significant roles in mediating neural gain and hence, the balance between 456 integration and segregation. Further studies are required to interrogate these 457 mechanisms more directly.

459 A somewhat surprising result of our simulation is the link between phase- and 460 amplitude-related measures of neuronal coupling. It has been known for some time that the BOLD signal is insensitive to the relative phase of underlying 461 462 neural dynamics (Foster et al., 2016), relating more closely to changes in the local 463 oscillator frequency and fluctuations in the relative amplitude of neural firing. 464 Indeed, each of the model parameters used in our experiment (i.e., gain and 465 coupling) exerts a complex influence on both the oscillator frequencies (and 466 hence, the BOLD activity) and the global synchrony (and hence, the BOLD 467 correlations). Moreover, in coupled oscillator systems such as this, the order 468 parameter acts as a "mean field" that feeds back and influences local dynamics 469 (see e.g. Breakspear et al., 2010). Based on this knowledge, we can infer that 470 estimates of connectivity using BOLD time series relate to covariance in 471 amplitude fluctuations among pairs of regions, rather than alterations in phase 472 synchrony. This clarification is important for modern theories of functional 473 neuroscience, as synchronous relationships between regions in the phase domain 474 have been used to explain effective communication between neural regions 475 (Fries, 2015; Lisman and Jensen, 2013; Siegel et al., 2009), in which the precise 476 timing between spiking populations determines the efficacy of information 477 processing. Our results suggest a surprisingly robust link between these two 478 measures, such that an integrated network with increased inter-modular 479 amplitude correlation coincides with a peak in ordered phase synchrony 480 between regions. In our model, the peak of network variability occurs at the 481 critical transition between disordered and ordered phases, where the local 482 dynamic states shows the most variability and where fast stochastic 483 perturbations are most able to influence slow amplitude fluctuations. However, 484 while our model provides evidence linking neural gain to functional integration, 485 advanced models that display a broader variety of non-linear dynamics 486 (Breakspear, 2017) are required to test these hypotheses more directly.

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Together, our results suggest that the balance between integration and segregation relates to alterations in neural gain that exist within a 'zone' of maximal communicability and temporal variability. Our findings thus highlight important constraints on contemporary models of brain function, while also providing crucial implications for understanding effective brain function during task performance or as a function of neurodegenerative or psychiatric disease.

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497 Methods

#### 498 **Dynamical Network Modeling**

499 The Virtual Brain software (Sanz Leon et al., 2013) was used to simulate neural 500 activity across a lattice of parameter points in which we manipulated the inter-501 regional coupling between regions using both a gain parameter and an 502 excitability parameter. Specifically, we used a generic 2-dimensional oscillator 503 model (Equations 1 and 2) to create time series data that represents neural 504 activity via two variables (the membrane potential and a slow recovery variable). 505 This equation is based upon a modal approximation (Stefanescu and Jirsa, 2008) 506 of a population of Fitzhugh-Nagumo neurons (Izhikevich and Fitzhugh, 2006). 507 The neuronal dynamics are given by,

 $\dot{V}_i(t) = 20(W_i(t) + 3V_i(t)^2 - V_i(t)^3 + \gamma I_i) + \xi_i(t),$ 

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$$\dot{W}_i(t) = 20(-W_i(t) - 10V_i(t)) + \eta_i(t),$$
[2]

513 where  $V_i$  represents the local mean membrane potential and  $W_i$  represents the 514 corresponding slow recovery variable at node *i*. Stochastic fluctuations are introduced additively through the white noise processes  $\eta_i$  and  $\xi_i$ , drawn 515 516 independently from Gaussian distributions with zero mean and unit variance. 517 The synaptic current *I<sub>i</sub>* arise from time-delayed input from other regions 518 modulated in strength by the global excitability parameter  $\gamma$ . This input arises 519 after the mean membrane potential V in distant nodes is converted into a firing 520 rate via a sigmoid-shaped activation function S, and then transmitted with 521 axonal time delays through the connectivity matrix. Hence the synaptic current 522 at node *i* is given by,

523

$$I_i = \sum_j A_{ij} S_j (t - \tau_{ij})$$
<sup>[3]</sup>

525

526 where  $A_{ij}$  is the directed connectivity matrix derived from the 76 region 527 CoCoMac connectome (Kötter, 2004), and  $\tau_{ij}$  is the corresponding time delay 528 computed from the length of fiber tracts estimated by diffusion spectrum

[1]

[2]

529 imaging (Sanz Leon et al., 2013). The conversion from regional membrane530 potential to firing rate is given by a sigmoid-shaped activation function,

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$$S_i(t) = \frac{1}{1 + e^{-\sigma(V_i(t) - m)'}}$$
[4]

533

534 where  $\sigma$  is the (global) gain parameter and the sigmoid activation function is 535 shifted to center at *m*. These equations were integrated using a stochastic Heun 536 method (Rüemelin, 1982).

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The simulated neuronal data were fed through a Balloon-Windkessel model to simulate realistic Blood Oxygen Level Dependent signals (Friston et al., 2000). The simulated BOLD time series were band-pass filtered (0.01 – 0.1 Hz) and the Pearson's correlation was then computed (and normalized using Fisher's r-to-Z transformation).

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We manipulated the inter-regional neural gain parameter  $\sigma$  and the regional excitability  $\gamma$  through a range of values (between 0-1). After aligning the sensitive region of the sigmoid function with its mean input (*m* = 1.5). Consistent with the effects of relatively diffuse projections from the locus coeruleus to cortex, all regions were given the same values of the  $\sigma$  and  $\gamma$  parameter for each trial. All code is freely available at https://github.com/macshine/gain\_topology (Shine et al., 2018).

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# 552 Integration and Segregation

553 The Louvain modularity algorithm from the Brain Connectivity Toolbox 554 (Rubinov and Sporns, 2010) was used to estimate time-averaged community 555 structure. The Louvain algorithm iteratively maximizes the modularity statistic, 556 Q, for different community assignments until the maximum possible score of Q557 has been obtained (Equation 5). The modularity estimate for a given network is 558 therefore a quantification of the extent to which the network may be subdivided 559 communities with stronger within-module than between-module into 560 connections. Here, we used the *Q* parameter to estimate the extent of segregation within each graph, 561

$$Q = \frac{1}{v^{+}} \sum_{ij} (w_{ij}^{+} - e_{ij}^{+}) \delta_{M_i M_j} - \frac{1}{v^{+} + v^{-}} \sum_{ij} (w_{ij}^{-} - e_{ij}^{-}) \delta_{M_i M_j}$$
[5]

565 where v is the total weight of the network (sum of all negative and positive 566 connections),  $w_{ij}$  is the weighted and signed connection between regions *i* and *j*, 567  $e_{ij}$  is the strength of a connection divided by the total weight of the network, and 568  $\delta_{MiMj}$  is set to 1 when regions are in the same community and 0 otherwise. '+' and 569 '-' superscripts denote all positive and negative connections, respectively. 570 Consistent with previous work (Eldar et al., 2013), the mean clustering 571 coefficient, which reflects the proportion of closed 'triangles' in the binarized 572 graph, was also used as a measure of segregation (Rubinov and Sporns, 2010).

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574 For each level of neural gain, the community assignment for each region was 575 assessed 100 times and a consensus partition was identified using a fine-tuning 576 algorithm from the Brain Connectivity Toolbox (http://www.brain-connectivity-577 toolbox.net/). All graph theoretical measures were calculated on weighted and 578 signed connectivity matrices (Rubinov and Sporns, 2010), and weak connections 579 were retained using a consistency thresholding technique that identifies weak, 580 yet consistent connections by identifying edges with minimal variance across 581 multiple iterations (Roberts et al., 2016). In order to assess global, large-scale 582 communities, the resolution parameter was set to 1.0 (higher values tune the 583 algorithm to detect smaller communities, which instead reflect local, rather than 584 global, clustering). This parameter was chosen by calculating the resolution value 585 which maximized the Surprise (Aldecoa and Marín, 2013) between the 586 community structure of the network at each level of gain and resolution and a 587 random network defined using a cumulative hypergeometric distribution (see 588 (Aldecoa and Marín, 2013)).

589

590 The participation coefficient,  $B_A$  (Equation 6) quantifies the extent to which a 591 region connects across all modules (i.e. between-module strength). As such, the 592 mean participation coefficient can be used to estimate the extent of integration 593 within a graph. The participation coefficient,  $B_{Ai}$ , for a given region *i* is,

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$$B_{Ai} = 1 - \sum_{s=1}^{n_M} \left(\frac{\kappa_{is}}{\kappa_i}\right)^2$$
[6]

597 where  $\kappa_{is}$  is the strength of the positive connections of region *i* to regions in 598 module *s*, and  $\kappa_i$  is the sum of strengths of all positive connections of region *i*. The participation coefficient of a region is therefore close to 1 if its connections are uniformly distributed among all the modules and 0 if all of its links are within its own module. Finally, the global efficiency (mean inverse characteristic path length) and inverse modularity ( $Q^{-1}$ ) were estimated for each element of the parameter space as adjunct measures of integration.

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# 605 Phase Synchrony Order Parameter

To estimate the degree of phase synchrony at different points in the parameter space, we extracted the raw signal (*Vi*) from each region in the simulation and subtracted the least squares linear trend from each channel. We then computed the phase of the analytic signal for each channel using the Hilbert transform and then estimated the phase synchrony order parameter (across all channels), OP, which is given by,

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$$\rho = \left| \frac{1}{N} \sum_{j=1}^{N} e^{i\theta_j} \right|$$
[7]

where  $i = \sqrt{-1}$  and  $\theta_i$  represents the oscillation phase of the *i*<sup>th</sup> region. Large 615 616 values of p denote phase alignment between regions (Breakspear and Heitmann, 617 2010; Kuramoto, 1984). The value of  $\rho$  for each parameter combination was 618 subsequently averaged over time and across sessions. By designating each 619 parameter combination as resulting in either a synchronized ( $\rho \ge 0.5$ ) or 620 unsynchronized ( $\rho < 0.5$ ) regime, we were able to determine whether network 621 topology changes as a function of neural gain and excitability estimated from 622 BOLD data coincided with changes of underlying phase synchrony. Specifically, 623 we then separately grouped topological variables and within- and between-624 hemisphere connectivity according to their underlying  $\rho$  value and then 625 estimated an independent-samples t-test between the two groups. The standard 626 deviation of the order parameter,  $\rho$ , was also calculated and averaged across 627 sessions. Finally, the dwell times for regional fluctuations were estimated for a 628 number of characteristic parameter choices and analyzed for evidence of Pareto 629 (i.e. power law) scaling.

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#### 632 Communicability

The communicability, *C*, between a pair of nodes *i* and *j* is defined as a weighted sum of the number of all walks connecting the pair of nodes (within weighted connectivity matrix, *A*) and has been shown to be equivalent to the matrix exponent of a binarized graph,  $e^A$  (Estrada and Hatano, 2008). For ease of interpretation, we calculated the log<sub>10</sub>-transformed mean of communicability for each graph across iterations and values of neural gain.

$$C_{ij} = \sum_{k=0}^{\infty} \frac{(A^k)_{ij}}{k!} = e^A$$
[8]

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#### 641 **Topological Variability**

642 To estimate time-resolved functional connectivity between the 76 nodal pairs, we 643 used a recently described statistical technique (Multiplication of Temporal 644 Derivatives; (Shine et al., 2015); http://github.com/macshine/coupling), which is 645 computed by calculating the point-wise product of temporal derivative of 646 pairwise time series (Equation 7). To reduce the contamination of high-frequency noise in the time-resolved connectivity data, Mij was averaged over a temporal 647 648 window (w = 15 time points). Individual functional connectivity matrices were 649 calculated within each temporal window, thus generating an unthresholded 650 (signed and weighted) 3D adjacency matrix (region × region × time) for each 651 participant. These matrices were then subjected to time-resolved topological 652 analyses, which allowed us to estimate the participation coefficient for each 653 region over time  $(B_T)$ . We used the mean regional standard deviation of this 654 measure to estimate time-resolved topological variability in the simulated data.

- 655
- 656

$$M_{ijt} = \frac{1}{w} \sum_{t}^{t+w} \frac{(dt_{it} \times dt_{jt})}{(\sigma_{dt_i} \times \sigma_{dt_j})}$$
[9]

657

for each time point, t,  $M_{ij}$  is defined according to equation 1, where dt is the first temporal derivative of the  $i^{\text{th}}$  or  $j^{\text{th}}$  time series at time t,  $\sigma$  is the standard deviation of the temporal derivative time series for region i or j and w is the window length of the simple moving average. This equation can then be calculated over the course of a time series to obtain an estimate of time-resolved connectivity between pairs of regions.

664

#### 665 Structural Rich Club

666 To test whether changes associated with neural gain were mediated by highly-667 interconnected high-degree hubs, we identified a set of 'rich club' regions using 668 the structural white matter connectome from the CoCoMac database (Kötter, 669 2004). Briefly, the degree of each node *i* in the network was determined by 670 calculating the number of links that node *i* shared with *k* other nodes in the 671 network. All nodes that showed a number of connections of  $\leq k$  were removed 672 from the network. For the remaining network, the rich-club coefficient ( $\Phi_k$ ) was 673 computed as the ratio of connections present between the remaining nodes and 674 the total number of possible connections that would be present when the set 675 would be fully connected. We then normalized  $\Phi_k$  relative to a set of random 676 networks with similar density and connectivity distributions. When  $\Phi_Z$  is greater 677 than 1, the network can be said to display a 'rich club' architecture. Individual 678 regions that are interconnected at the value of k at which the network 679 demonstrates a 'rich club' architecture are thus designated as 'rich club' nodes (n 680 = 22). Any nodes outside of this group but still sharing a connection are labeled 681 as 'feeder' nodes (n = 44), and regions disconnected from the rich club are 682 designated as 'local' nodes (n = 10). The results were projected onto a standard 683 surface representation of the macaque cortex (Figure 4). After segmenting the 684 network in this fashion, we were able to estimate the realized mean gain and  $B_A$ 685 across the parameter space for regions according to their structural topology.

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## 687 Realized Neural Gain

688 While the neural gain parameter  $\sigma$  controls the *maximum* gain in each region 689 within the simulation by setting the maximum slope of the sigmoid, the realized 690 gain (mean ratio of sigmoid output to input) for each brain region depends upon 691 the distribution of its input, and is greater when the input level is concentrated 692 near the center of the sigmoid. We estimated the regional variation in effective or 693 'realized' neural gain by calculating the integral of the instantaneous sigmoid 694 slope over its complete input range, weighted by the probability of each input 695 level. We then compared these values as a function of nodal class (rich club vs 696 other nodes) at each aspect of the parameter space.

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## 698 Reliability

699 We ran a number of subsequent tests to ensure that any observed changes in 700 network topology were robust to the processing steps utilized in the analysis.

Firstly, we re-analyzed data across a range of network thresholds (1-20%) and observed robust results (i.e. r > 0.75) for Q, mean B<sub>A</sub>, mean communicability and the standard deviation of B<sub>T</sub> on graphs estimated between the 9-20% threshold range. Secondly, as the number of modules estimated from graphs can change as a function of network topology, we re-examined the topological characteristics of networks that were matched for the number of modules (N = 4) and found no significant differences to the topological signatures estimated on the whole group. 

# **Supplementary Figure Legends**

**Figure 2-figure supplement 1** – Relationship between phase regimen boundary and alternative measures of network integration: a-c) the inverse modularity (Q<sup>-1</sup>) was maximal following the σ boundary ( $\Delta\sigma_{CP}$ ; mean across  $0.2 \le \gamma \le 0.6$ ) and the immediately prior to the abrupt phase transition at high  $\gamma$  ( $\Delta\gamma_{CP}$ ; mean across  $0.3 \le \sigma \le 1.0$ ); d-f) global efficiency (G.E.) was maximally variable with increasing  $\sigma$  and across the critical boundary at high  $\gamma$ .

**Figure 2-figure supplement 2** – a) standard deviation of order parameter across the parameter space; b) fluctuation scaling pre-boundary ( $\sigma = 0.375 \& \gamma = 0.50$ ); and c) post-boundary ( $\sigma = 0.50$ )  $\& \gamma = 0.575$ ) – the thin blue line denotes a Pareto (i.e., power law) scaling effect.

Figure 2-figure supplement 3 – Transition to self-sustained oscillations in a single brain region.
For the generic 2D oscillator model this shows the real parts of eigenvalues at equilibrium as the
level of input (I<sub>app</sub>) to a region is increased. A transition to self-sustained oscillations in a local
region occurs where this curve crosses zero. That regime is bounded by supercritical Hopf
bifurcations at I<sub>app</sub> = 2.0 and I<sub>app</sub> = 14.

Figure 2-figure supplement 4 – Average time-averaged connectivity matrix in regions of the
parameter space associated with high (yellow) or low (blue) ordered phase synchrony.

Figure 4-figure supplement 1 – Diverse Club: a) regional differences in integration (B<sub>A</sub>) as a
function of changes in neural gain; and b) excitability, separated into regions within or outside
the diverse club.

Figure 4-figure supplement 2 – Clustering coefficient: a) clustering coefficient across the
 parameter space; b) as a function of changes in neural gain; and c) excitability.

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