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8 9	Endogenous opioids in the nucleus accumbens promote approach to high-fat food in the absence of caloric need
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31 Abstract

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When relatively sated, people (and rodents) are still easily tempted to consume calorie-33 34 dense foods, particularly those containing fat and sugar. Consumption of such foods while calorically replete likely contributes to obesity. The nucleus accumbens (NAc) opioid system has 35 long been viewed as a critical substrate for this behavior, mainly via contributions to the neural 36 control of consumption and palatability. Here, we test the hypothesis that endogenous NAc 37 38 opioids also promote appetitive approach to calorie-dense food in states of relatively high satiety. We simultaneously recorded NAc neuronal firing and infused a u-opioid receptor 39 antagonist into the NAc while rats performed a cued approach task in which appetitive and 40 41 consummatory phases were well separated. The results reveal elements of a neural mechanism 42 by which NAc opioids promote approach to high-fat food despite the lack of caloric need, demonstrating a potential means by which the brain is biased towards overconsumption of 43 palatable food. 44

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### 46 Introduction

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People often seek and consume calorie-dense food in the absence of hunger, and this 48 49 behavior has profound implications for human health. Although preference for sweet and fatty foods may once have been adaptive, it now very likely contributes to epidemic rates of obesity 50 and diabetes. Thus, understanding the neural mechanisms that guide seeking of highly 51 palatable foods is an important step in the search for novel therapies that could combat these 52 53 diseases by reducing caloric intake. One candidate neural substrate is the brain's opioid 54 system, particularly in the ventral striatum. A role for this circuitry is supported by observations that the ventral striatum, and in particular the nucleus accumbens (NAc), is richly endowed with 55

56 both opioid peptides and their respective receptors (A Mansour et al., 1988), and that activation of NAc µ-opioid receptors (MORs) selectively augments consumption of palatable food (Bakshi 57 & Kelley, 1993; Mucha & Iversen, 1986; Zhang et al., 1998; Zhang & Kelley, 1997) and of 58 preferred flavors (Woolley et al., 2006). Moreover, activation of NAc MORs increases hedonic 59 60 taste reactions to palatable food (Peciña & Berridge, 2000). Thus, opioids are thought to contribute primarily to the encoding of hedonic responses to food, which in turn reinforces the 61 assignment of incentive salience to cues associated with palatable reward (Berridge, 2009; 62 63 Castro & Berridge, 2014).

64 However, several observations indicate that this view is incomplete. First, blockade of NAc MORs does not consistently reduce calorie-dense food consumption (Bodnar et al., 1995; 65 Kelley et al., 1996; Lardeux et al., 2015; MacDonald et al., 2003; Ward et al., 2006). In addition, 66 67 activation of NAc MORs increases certain measures of reward-seeking behavior, including 68 breaking point on a progressive-ratio task (Zhang et al., 2003) and lever pressing in the presence of food-predictive cues in a Pavlovian-to-instrumental transfer task (Peciña & 69 Berridge, 2013). These studies suggest that NAc MOR activation could promote food-seeking 70 71 behavior directly, instead of (or in addition to) doing so by enhancing the hedonic or reinforcing 72 effects of the food. Consequently, we hypothesize that when people or animals are sated, their preferences shift toward palatable food because endogenous ligands of NAc MORs selectively 73 promote seeking of calorie-dense foods. This idea has not yet been tested because few studies 74 75 have examined the contribution of NAc MORs activated by endogenous ligands to appetitive 76 (food-seeking) as opposed to consummatory behaviors.

Here, we address this gap in our knowledge by using a conditioned-stimulus (CS) task that disambiguates appetitive from consummatory behavior. In this task, rats perform an approach response to a reward-predictive cue to obtain a highly palatable, calorie-dense liquid food (cream). NAc neurons encode both cued approach and reward consumption phases of such behaviors (Ambroggi et al., 2011; du Hoffmann & Nicola, 2014; McGinty et al., 2013; 82 Morrison et al., 2017; Nicola, 2010; Nicola et al., 2004a, 2004b; Taha & Fields, 2005), and cue-83 evoked excitations are necessary for the approach response (Ambroggi et al., 2008; du Hoffmann & Nicola, 2014; Yun et al., 2004). By simultaneously recording from NAc neurons and 84 injecting a MOR antagonist into the NAc, we show that NAc MOR activation is required for both 85 86 behavioral responding to reward-predictive cues and the neural encoding of those cues by NAc 87 neurons. Importantly, these effects were observed in ad libitum chow-fed rats but not in those that had been food restricted. This striking dichotomy indicates that activation of NAc MORs 88 promotes the approach to palatable food only in the absence of a homeostatic need for calories 89 - i.e., hunger - suggesting that these receptors contribute to a neural mechanism that drives 90 intake of calorie-dense food specifically in the state of satiety. 91

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#### 93 **Results**

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# NAc MOR activation is required for conditioned approach in ad-libitum fed, but not food restricted rats

97 Free-fed rats were trained on a CS task (Figure 1A) in which they were presented with an unpredictable series of two auditory tones with a mean intertrial interval (ITI) of 30 s. The 98 CS+ tone was reward predictive, such that rats could earn a droplet of heavy cream by making 99 100 a head entry into the reward receptacle during the 5-s cue presentation. The 5-s CS- tone was 101 not reward predictive and receptacle responses during this cue or the ITI were recorded but had 102 no programmed consequence. CS task performance was assessed by computing a response ratio, defined as the percentage of cue presentations of a particular type (either CS+ or CS-) 103 that the animal responded to. Once rats learned to discriminate between cues (see Methods), 104 105 they were implanted bilaterally with cannulae targeting the NAc core (see Figure 1—figure 106 **supplement 2A** for histological examination of injection sites). Following recovery from surgery,

rats underwent several retraining sessions before the start of the experiment, and a subset of
rats was food restricted for at least 7 days concurrent with retraining.

109 By the final day of retraining, food-restricted rats responded to a significantly higher proportion of cues than free-fed rats (Figure 1B, see figure legend for statistics), with free-fed 110 rats exhibiting a pronounced decline in responding over the course of the session (Figure 1C, 111 112 solid black line). Rats were then bilaterally injected every other day with the selective MOR 113 antagonist CTAP (0, 2, or 4 µg/side; Figure 1C) prior to the session. Bilateral CTAP injection significantly attenuated responding to the CS+ in free-fed rats (Figure 1C, blue solid lines) but, 114 strikingly, had no effect in food-restricted rats (Figure 1C, blue dashed lines), suggesting a 115 116 state-dependent contribution of MOR activation to reward-seeking behavior. While food-117 restricted rats had higher levels of CS- responding than free-fed rats, CTAP had no effect on CS- response ratio in either group (Figure 1-figure supplement 1). 118

Because there is evidence that NAc MOR activation selectively enhances consumption 119 120 of fat in lieu of carbohydrates (Katsuura et al., 2011; Zhang et al., 1998), we next asked whether 121 the CTAP effect could also be observed in free-fed rats performing the same task for 3% liquid sucrose reward. Interestingly, while the pattern of CS+ responding for sucrose was similar to 122 123 responding for cream (solid black lines in **Figure 1D and 1C**, respectively), CTAP had no effect 124 on responding for sucrose (Figure 1D). Taken together, these data suggest that MOR blockade 125 preferentially affects responding to fat-predictive cues, and that this effect cannot be attributed 126 to interference with more general motivational or arousal-related neural processes.

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Neural encoding of reward-predictive cues by NAc neurons is different in free-fed and
 food-restricted rats

130 We next sought to understand the neural mechanism by which CTAP attenuated behavioral responding to reward-predictive cues in free-fed, but not food-restricted rats. 131 132 Because previous studies have demonstrated that many NAc neurons are excited by rewardpredictive cues (Ambroggi et al., 2011; Ambroggi et al., 2008; du Hoffmann & Nicola, 2014; 133 134 McGinty et al., 2013; Nicola et al., 2004a; Yun et al., 2004), and further, that these cue-evoked excitations are required for behavioral responding to those cues (du Hoffmann & Nicola, 2014; 135 Yun et al., 2004), we hypothesized that NAc cue-evoked excitations serve as the neural effector 136 of MOR activation. To address whether this is the case, we first recorded from NAc neurons in 137 both free-fed and food-restricted rats during performance of the CS task. Because free-fed rats 138 respond to a lower proportion of cues, and because cue-excited neurons fired much more in 139 trials in which the rat responded than when it did not (Figure 2—figure supplement 1A,B), we 140 141 constrained this analysis to trials in which rats responded to the CS+. Out of 83 neurons 142 recorded in 12 free-fed rats, 45 neurons were excited by the CS+ (54.2%; Figure 2A), as opposed to 91 out of 122 neurons (74.5%; Figure 2B) recorded from 5 food-restricted rats. 143 Further, the magnitude of the cue-excited population response in food-restricted rats was 144 significantly greater than the response in free-fed rats (Figure 2C,D), as was the fraction of 50-145 146 ms time bins after cue onset with significant excitations (Figure 2E,F, upper traces/dots).

In addition to cue-evoked excitations, we also observed smaller populations of cueinhibited neurons in both free-fed and food-restricted rats. In free-fed rats, 16.8% (14 out of 83)
of neurons were inhibited by the CS+, compared to 18.0% (22 out of 122) in food-restricted rats
(Figure 2A,B). Unlike with excitations, there was no difference in the fraction of significantly
inhibited bins (Figure 2F, lower dots). Moreover, there was no difference in the baseline firing
rate between the two populations (Figure 2—figure supplement 2).

Because cue-evoked excitations have been shown to encode certain spatial and
behavioral elements of response vigor such as distance from receptacle at cue onset, latency to

155 maximum speed, and average speed (McGinty et al., 2013; Morrison et al., 2017), we reasoned 156 that the observed difference in the magnitude of excitation between free-fed and food-restricted 157 populations could be explained by differences in either response vigor or the encoding of response vigor. To determine if this was the case, we first compared the behavioral metrics of 158 159 restricted and free-fed rats. We found that the average speed of approach after cue onset was significantly greater in restricted rats, while latency to maximum speed and distance did not 160 differ (Figure 2G). To determine if this difference could account for the observed difference in 161 cue-evoked excitation, we used a generalized linear model (GLM) to regress the post-cue spike 162 count of each population (restricted and free fed) of cue-excited neurons against the three 163 behavioral parameters (Figure 2—figure supplement 1C-G). Next, we used the GLM and 164 coefficients generated from neurons recorded in food-restricted rats to model the spike count on 165 166 each trial obtained in free-fed rats by entering each trial's behavioral parameters into the regression equation. Finally, we performed the same analysis, but instead used the GLM 167 generated from free-fed rats to model the spike counts in restricted rats. 168

169 To interpret the results, we reasoned that if the difference in the magnitude of excitation between restricted and free-fed animals were wholly accounted for by the differences in 170 behavior, then there would not be a significant difference between the modeled spike counts 171 (using regression coefficients from the other population) and the actual spike counts from that 172 173 population. In fact, we observed significant differences in both analyses: when we compared the 174 actual spike counts from free-fed rats to the spike counts predicted by the GLM obtained from food-restricted rats, the modeled spike counts were significantly higher (Figure 2H, left panel). 175 Similarly, spike counts that were modeled with the GLM obtained from free-fed rats were 176 177 significantly lower than the actual spike counts from the restricted rats (Figure 2H, right panel). 178 We then employed Equation 2 (See Generalized Linear Model (GLM) fitting in Methods) to test 179 whether the GLMs obtained from each population were statistically distinct, or whether they

180 model the same overall neural population. In brief, this test compares the pooled residual 181 deviance from the two GLMs to the residual deviance of a GLM containing all data from both 182 populations while accounting for the number of regressors. Consistent with the modeling analysis from Figure 2H, the two GLMs do in fact model separate populations, and not the 183 184 same overall population ( $F_{4.2634}$  = 10.97; p < .001). Taken together, these results indicate that lower cue-evoked excitation in free-fed than in restricted rats is not wholly accounted for by 185 lower response vigor, which suggests that additional, unaccounted factors push firing rate lower 186 187 in free-fed animals than their lower response vigor would predict (or, equivalently, higher in restricted animals than their greater vigor would predict). 188

189 Many NAc neurons were modulated during reward consumption (Figure 3). To 190 determine whether neural activity during this epoch differed based on caloric need, we 191 considered firing in the first 3 s following each initial rewarded receptacle entry. Although some excitations and inhibitions lasted longer than 3 s, receptacle exit almost always occurred later 192 than this time point (Figure 8—figure supplement 1A,B), assuring that our analysis window 193 194 included only periods when the animal was in the receptacle. In free-fed rats, 37.3% (31 out of 83) of neurons were excited for at least a single 400-ms bin following entry into the receptacle 195 on rewarded trials, compared to 60.7% (74 out 122) of neurons in food-restricted rats; 196 moreover, more bins exhibited significant excitation in restricted than free-fed rats (Figure 3D, 197 198 upper dots). There was also a prominent population of reward-associated inhibitions in each 199 group: 32.5% (27 out of 83) were inhibited for at least one bin following rewarded receptacle 200 entry in free-fed rats, compared to 34.4% (42 out of 122) in food-restricted rats. Unlike 201 excitations, there was no difference in the fraction of bins with significant inhibition between the 202 two groups (Figure 3D, lower dots).

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# CTAP attenuates the encoding of cues by NAc neurons in free-fed, but not food restricted rats

206 It has been demonstrated previously that the magnitude of cue-evoked excitation predicts the vigor of the subsequent cued approach response (du Hoffmann & Nicola, 2014; 207 McGinty et al., 2013) and further, that these excitations are required for the behavior (du 208 209 Hoffmann & Nicola, 2014; Yun et al., 2004). Therefore, we hypothesized that activation of 210 MORs facilitates cue-evoked excitations in free-fed rats, but not in food-restricted rats. This would explain why CTAP injection impaired cued approach behavior in free-fed rats but not 211 restricted rats (Figure 1). To test this hypothesis, we injected CTAP into the NAc while 212 213 simultaneously recording NAc unit activity. Rats trained on the CS task with cream reward were 214 implanted bilaterally with circular microelectrode arrays surrounding a central microinjection guide cannula (see Figure 1—figure supplement 2B for histological examination of injection 215 sites). These arrays allow for the injection of a drug into the same brain region from which 216 neural recordings are being obtained, thereby enabling within-session comparisons of pre-vs 217 218 post-injection behavior and neural activity (du Hoffmann et al., 2011; du Hoffmann & Nicola, 219 2014). Rats performed the CS task for a 33-min baseline period, after which CTAP was injected by remote activation of a syringe pump (i.e., without interrupting the ongoing behavior). The pre-220 221 injection baseline behavioral performance and neural activity was then compared to the 33-min 222 window after drug injection. In a subset of subjects, rats' positions in the operant chamber were 223 tracked via two LEDs mounted on the neural recording headstage.

As we previously observed (**Figure 1C**), in bilaterally-injected free-fed rats, CTAP sharply attenuated responding to the CS+ (**Figure 4A,B** blue trace and bars), while the drug had no effect in food-restricted rats (**Figure 4A,B** red trace and bars). In contrast, both unilaterally-injected CTAP and saline-injected rats (**Figure 4A**, gray and black traces, respectively) exhibited a slower decline in responding over the session, consistent with the rate of decline previously observed in free-fed rats (black traces in Figures 1B,D) (du Hoffmann &
Nicola, 2016). These slow declines in responding were accompanied by increases in latency to
initiate movement, which were only slightly further increased after bilateral CTAP injection
(Figure 4—figure supplement 1A-C). In addition, locomotor activity during the ITI was not
further reduced by bilateral CTAP injection (Figure 4—figure supplement 1D). These results
suggest that the CTAP-induced impairment of cued approach behavior (Figure 4A,B) was not
due to generalized impairment of motor ability.

During the behavior shown in **Figure 4**, cue-evoked excitations in NAc neurons were 236 significantly attenuated following CTAP injection in free-fed rats (Figures 5A,B and Figure 5-237 238 figure supplement 1A). This was true of both the magnitude of the excitations (Figure 5E,F) 239 and the fraction of significantly excited bins (Figure 5J). In contrast, the magnitude of cueevoked excitations in food-restricted animals was unchanged (Figure 5C,D,G,H), as was the 240 fraction of significantly excited bins (Figure 5L). (There were insufficient cue-evoked inhibitions 241 in free-fed rats to assess the drug's effects; for the 6 significantly inhibited neurons in food-242 243 restricted rats, a slight decrease in the fraction of inhibited bins pre-vs post-injection did not achieve statistical significance; p = 0.06, Wilcoxon.) 244

245 To determine whether reductions in behavioral performance could have contributed to 246 the CTAP-induced reduction of cue-evoked excitation, we examined firing during unilateral CTAP injections, which had no discernable behavioral effects in free-fed rats (Figure 4). To 247 248 control for the possibility that during some sessions rats would respond to fewer cues postinjection (due to the gradual decline in cued approach responding in free-fed rats), we 249 considered only trials in which rats responded to the CS+. In neurons ipsilateral to the CTAP 250 251 injection (i.e., neurons directly exposed to drug), we observed a significant reduction in the 252 magnitude of cue-evoked excitations post-injection (Figure 6A, B, E, F). In contrast, neurons 253 contralateral to the injection (i.e., not exposed to drug; Figure 6C,D) exhibited no significant

254 reduction in the magnitude of cue-evoked excitations (Figure 6G,H). Additionally, among 255 neurons that were classified as cue-excited or cue-inhibited, the proportion of bins with 256 significant excitation or inhibition was significantly decreased for neurons ipsilateral to the injection (Figure 6I,J), but not for contralateral neurons (Figure 6K,L). Finally, saline injection 257 258 had no effect on cue-evoked neural activity (Figure 7), demonstrating that the observed change 259 in firing or behavior following CTAP injection cannot be attributed to any physical perturbation by 260 the injection itself. These results suggest that in free-fed (but not restricted) rats, activation of MORs by endogenous ligands in the NAc is required for cue-evoked excitations that, in turn, 261 drive approach to the reward receptacle. 262

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#### 264 CTAP injection had no effect on baseline firing rate in free-fed rats

265 Because MORs are classically inhibitory, we tested the possibility that CTAP increases the baseline firing rate of NAc neurons, an effect that could theoretically contribute to the 266 impairment of cued approach behavior. However, CTAP injection had no effect on baseline 267 firing rate in free-fed rats, as the slope of the regression line of pre-vs. post-baseline firing rate 268 269 did not significantly differ from the unity line (Figure 5-figure supplement 2A). Neurons from 270 food-restricted rats demonstrated a slight reduction in baseline that may be attributable to the presence of outliers (Figure 5-figure supplement 2B), and which is unlikely to have affected 271 behavior, as CTAP did not impact cued approach in restricted animals. 272

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#### 274 CTAP injection does not affect consumption-related firing

Because the existing literature suggests that (1) the μ-opioid system in the NAc
maintains hedonic responses to food (Bakshi & Kelley, 1993; Bodnar et al., 1995; Kelley et al.,
1996; Mucha & Iversen, 1986; Peciña & Berridge, 2000; Zhang et al., 1998; Zhang & Kelley,

278 1997), and (2) a population of neurons in the NAc encodes relative palatability (Taha & Fields, 279 2005), we hypothesized that neuronal modulation during reward consumption might contribute 280 to subsequent reinforcement of cued approach. Furthermore, we reasoned that CTAP might affect reinforcement and thus change the probability of cued approach behavior in free-fed 281 animals by interfering with consumption-associated neural activity. We performed three 282 283 analyses of our data to address this possibility. First, we reasoned that if firing during reward 284 consumption contributed to reinforcement, then consumption-associated firing on a given trial should predict the probability of a behavioral response on the next trial. To test this idea, we 285 286 used data from free-fed, uninjected rats to run a logistic regression to ask whether the number of spikes between 1-3 s after the rewarded entry on a given trial influenced the response 287 probability on the subsequent trial. For both the consumption-excited and consumption-inhibited 288 289 population, the spike count on a given trial did not significantly contribute to response probability 290 (p = 0.18 and p = 0.20, respectively, Wald test), suggesting that reward-associated firing does not influence subsequent behavioral responding (at least on a trial-to-trial basis; we cannot rule 291 292 out the possibility that firing on a given trial may influence responding at some later point in the 293 session).

294 Second, we examined reward-associated firing in three free-fed populations: neurons ipsilateral to CTAP injection, neurons contralateral to CTAP injection, and neurons from 295 296 uninjected subjects. Histograms aligned to receptacle entry show that subpopulations of 297 neurons were excited and inhibited during reward consumption (Figure 8). These neural responses were not merely continuations of cue-evoked excitations and inhibitions as cue-298 299 evoked activity tended to end prior to receptacle entry (Figure 8 – supplement 2). Although we 300 found significant post-injection decreases in reward-evoked excitations and inhibitions in both 301 ipsilateral and contralateral populations (Figure 8A-H), we also observed similar changes in 302 neurons from uninjected subjects simply by breaking up the responses into identical time

303 epochs as the injected neurons (Figure 8I-L). Therefore, within-session changes in neural 304 modulation to reward consumption cannot be attributed to the presence of CTAP. (Decreases in 305 the magnitude of cue-evoked excitation across these epochs in uninjected animals were not observed; Figure 8—figure supplement 1C-F.) Finally, unilateral CTAP injection did not 306 307 significantly affect either the total time spent in the receptacle during reward consumption or the 308 overall number of receptacle entries during the consumption epoch (Figure 8-figure 309 supplement 1A,B), indicating that the change in reward-associated firing observed during unilateral injection sessions is not a consequence of a change in consumption behavior. Taken 310 together, these analyses indicate that in free-fed rats, declines in reward-associated firing over 311 the course of the session are unlikely to be due to a MOR-dependent mechanism. In addition, 312 they suggest that the CTAP-induced impairment of cued approach behavior (Figures 1 and 4) 313 314 is very unlikely to result from changes in reward-associated firing.

315

### 316 **Discussion**

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318 In states of relatively high satiety, humans and animals greatly favor calorie-dense foods over less palatable options - a preference that likely contributes to overconsumption and 319 320 obesity. Our results reveal a potential neural mechanism underlying this preference. We find 321 that blockade of MORs in the NAc core attenuates both cue-evoked approach to high-fat food 322 and the encoding of those cues by NAc neurons, and that these effects are observed only in 323 rats fed ad libitum chow, and not in food-restricted (relatively hungry) rats. These effects could not be attributed to changes in consumption-related behavior or firing. Notably, NAc cue-evoked 324 excitations are causal to cued approach (du Hoffmann & Nicola, 2014), suggesting that a novel 325 326 and fundamentally important role of the NAc opioid system is to promote approach to highly 327 palatable food specifically when there is no immediate homeostatic need for calorie intake.

Together, these findings suggest NAc MORs as a target for development of treatments that limit overeating, consistent with the present use of drugs that block MORs as viable therapeutic options for the treatment of obesity (Apovian, 2016; Ziauddeen et al., 2013).

Although the NAc opioid system has long been implicated in the regulation of food intake 331 332 (Castro & Berridge, 2014; Kelley et al., 2005; Nicola, 2016; Peciña et al., 2006; Selleck & Baldo, 2017), the MOR effects identified here are characterized by several features that were not 333 334 necessarily predicted by previous studies. We find that activation of NAc MORs by endogenous 335 ligands promotes appetitive behavior by increasing neural activity that drives approach to food, 336 whereas NAc MORs appear to contribute little (if at all) to neural activity related to consumption. The latter conclusion appears to contrast with prior evidence that activation of these receptors 337 by exogenous ligands increases hedonic taste reactions (Peciña & Berridge, 2000), which 338 339 should be controlled by NAc neuronal activity occurring during consumption. However, because 340 we targeted our electrodes to the NAc core, whereas hedonic taste reactions are promoted by MOR agonist injection in a very specific zone of the NAc shell (Peciña & Berridge, 2000), our 341 results do not preclude the possibility that endogenous opioids promote taste reactivity (and 342 343 perhaps hedonia) by influencing the consumption-related firing of NAc shell neurons.

344 On the other hand, injection of MOR agonists into either the NAc core or shell increases consumption of palatable food (Bakshi & Kelley, 1993; Katsuura & Taha, 2014; Mucha & 345 Iversen, 1986; Ward et al., 2006; Woolley et al., 2006; Zhang et al., 1998; Zhang & Kelley, 346 1997), which must be due to promotion of some form of NAc neuronal activity that drives 347 348 consumption. Our results suggest that, at least in the core, this form of neural activity is the premovement firing of NAc neurons, which can be activated by cues (McGinty et al., 2013; 349 Morrison et al., 2017) and which drives initiation of approach to calorie-dense food (du 350 351 Hoffmann & Nicola, 2014). Further supporting this idea, activation of MORs in the NAc core by 352 exogenous agonists increases consumption of a high-fat liquid in part by increasing the number of licking bouts (perhaps as a result of increasing the number of approaches to the lickometer) 353

354 (Katsuura et al., 2011; Lardeux et al., 2015). Moreover, exogenous activation of NAc MORs 355 promotes operant behavior for food reward (Zhang et al., 2003), and in fact is sufficient to 356 increase operant responses to cues predictive of high-calorie food in a Pavlovian-instrumental transfer (PIT) test (Peciña & Berridge, 2013). The latter observation in particular supports the 357 358 hypothesis that MOR activation directly promotes approach behavior without an intermediate 359 effect on neural activity during consumption because the PIT test is performed in extinction. 360 Further arguing against an intermediate effect on consumption, we observed previously that injection of CTAP into the NAc does not reduce consumption of a high-fat liquid in free fed rats 361 (Lardeux et al., 2015). Finally, we find that unilateral infusion of CTAP into the NAc greatly 362 reduces cue-evoked firing (Figure 6), an effect that could not have been due to reduced 363 consumption or other performance deficit because cued approach performance was unaffected 364 365 by unilateral infusions (**Figure 4**). Thus, we conclude that NAc core MORs act primarily to 366 promote food seeking rather than consumption itself.

Our results do not, however, rule out the possibility that MORs contribute to some aspect 367 of the consumption- or reinforcement-related firing of NAc neurons. Indeed, excitations in a 368 369 small population of NAc neurons encode the value of liquid rewards during consumption (Taha 370 & Fields, 2005); because we did not vary reward value, we may have missed an effect of CTAP 371 on this form of encoding. However, more likely contributors to consumption are the large population of NAc neurons that are inhibited in proportion to the rate of licking during 372 373 consumption (Taha & Fields, 2005). Together with findings that experimental silencing of NAc 374 neurons drives consumption (Reynolds & Berridge, 2001; Stratford & Kelley, 1997) whereas consumption is interrupted by brief excitation of the NAc (Krause et al., 2010), these 375 observations suggest that naturally occurring reductions in the firing of a population of NAc 376 377 neurons drive consummatory behavior. Our observation that consumption-related inhibitions are 378 not reduced by CTAP indicates that these inhibitions do not depend on MORs, consistent with previous findings that generalized inhibition of the NAc results in nonspecific increases in food 379

intake whereas MOR activation results in preferential increases in consumption of caloriedense, and especially high-fat, food (Katsuura & Taha, 2014; Ward et al., 2006; Woolley et al.,
2006; Zhang et al., 1998; Zhang & Kelley, 1997). This specificity in the case of MOR agonists
may be due in part to increased approach to calorie-dense food, perhaps via enhanced firing of
NAc core neurons that drive such approach behaviors.

Strikingly, CTAP reduced cued approach when the reward was cream, but not liquid 385 sucrose. The latter observation is consistent with previous studies indicating that activation of 386 387 NAc MORs induces a preference for fat over carbohydrates (Taha, 2010; Zhang et al., 1998); 388 however, similar manipulations also induce greater preference for the already-preferred flavor of two foods with equivalent nutritional content (Woolley et al., 2006). Although we cannot rule out 389 the possibility that relatively greater preference for (or palatability of) cream vs sucrose was 390 391 instrumental to the much greater effects of CTAP when the cue predicted cream as opposed to 392 sucrose, the sucrose concentration (3%) was chosen such that the animals' behavior was similar to that observed with cream reward (Figure 1C,D), suggesting that it was the difference 393 in nutrient content, not preference, that dictated the difference in dependence on NAc MORs. 394 Although cream contains, in addition to fat, small quantities of certain nutrients that are absent 395 396 from sucrose solution (e.g., protein, lactose), these minor components of cream are unlikely, on 397 their own, to support appetitive approach and consumption in the free-fed state. Thus, our results suggest that NAc MORs specifically promote approach to high-fat foods. Even if flavor-398 399 based preference or palatability played a role, we note that preferred palatable foods tend to be 400 calorie dense, supporting a role for NAc MORs in overconsumption that leads to obesity.

Such a role is further supported by the remarkable observation that CTAP affected
neither cued approach behavior nor cue-evoked neural activity in food-restricted animals,
despite markedly reducing both in rats given ad libitum access to chow. To our knowledge, this
is the first report of a satiety state-dependent contribution of endogenous NAc opioids to foodseeking behavior. Indeed, few studies have examined whether blockade of NAc MORs (as

406 opposed to activation with exogenous agonists) impacts food-seeking. One exception is the 407 observation that  $\beta$ -funaltrexamine ( $\beta$ -FNA), a long-lasting MOR antagonist, reduces rats' speed 408 during runway approach to calorie-dense food (Shin et al., 2010). However, NAc injection of  $\beta$ -409 FNA has also been shown to reduce spontaneous locomotion (Kelley et al., 1996), suggesting 410 that it may have had non-specific effects. Such effects could potentially also explain the 411 reduction in calorie-dense food consumption after  $\beta$ -FNA injection in the NAc (Bodnar et al., 412 1995; Kelley et al., 1996; Lenard et al., 2010; Shin et al., 2010). Intriguingly, the MOR antagonist we used, CTAP, does not impair spontaneous locomotion when injected in the NAc 413 (Figure 4—figure supplement 1D), and is also apparently less effective than  $\beta$ -FNA in 414 reducing consumption (Katsuura et al., 2011; Lardeux et al., 2015) although a study in rabbits 415 reports greater reductions in consumption (Ward et al., 2006). One possibility consistent with 416 417 our results is that CTAP impairs approach to food as opposed to consumption itself; differences 418 in CTAP effects on amount of freely available food consumed could be due to differences in experimental conditions such as size of the test chamber (and thus degree of approach 419 420 required), species, nutrient content, and satiety state.

421 The stark difference in effects of CTAP in free fed and restricted animals raises three 422 important topics for further research. The first is to determine the degree of restriction that is 423 sufficient to eliminate the dependence of cued approach on NAc MORs. Although MOR antagonists can reduce food consumption after mild (<24 hr) restriction (Bodnar et al., 1995; 424 Kelley et al., 1996), this may not be the case for cued approach behavior. If endogenous opioids 425 426 in the NAc promote cued approach to fatty foods when restriction is much less severe than the chronic restriction used here, it would imply that this neural system contributes to caloric intake 427 when meal patterns are more natural than the extremes employed here (freely available chow 428 429 and severe restriction).

The second question is the mechanism whereby endogenous MOR ligands promote
cued approach. As observed previously (Ambroggi et al., 2011; du Hoffmann & Nicola, 2014;

432 McGinty et al., 2013; Morrison et al., 2017; Nicola et al., 2004a), we found that prominent 433 populations of NAc neurons are excited and inhibited by cues that evoke approach behavior (Figure 2A,B). Previously, we established that these changes in firing begin prior to initiation of 434 approach movement, and that the magnitude of the firing changes predicts the latency and 435 436 speed of approach (McGinty et al., 2013; Morrison et al., 2017). Cue-evoked excitations, but not 437 inhibitions, are dopamine-dependent; because injection of dopamine receptor antagonists 438 reduces both cued approach and cue-evoked excitations (du Hoffmann & Nicola, 2014), the excitations are likely causal to the subsequent approach behavior. These observations suggest 439 that activation of MORs by endogenous opioids could increase cue-evoked excitation via a 440 direct action on NAc neurons, on the glutamatergic terminals that likely drive the excitation, or 441 on inhibitory interneurons or inputs that limit the magnitude of cue-evoked excitation. Because 442 443 MOR effects tend to be inhibitory, the latter hypothesis is most likely.

Alternatively, MOR activation by endogenous opioids could promote the release of 444 dopamine, which could, in theory, promote greater cue-evoked firing and hence increase the 445 probability of an approach response. This idea is consistent with previous findings that 446 447 exogenous activation of MORs can increase dopamine levels (Borg & Taylor, 1997; Hipolito et 448 al., 2008; Hirose et al., 2005; Okutsu et al., 2006; Yoshida et al., 1999), and with observations 449 that dopamine release can be modulated at the terminal (Cachope & Cheer, 2014; Wenzel & Cheer, 2017). Moreover, dopamine neurons are strongly regulated by the state of caloric need, 450 451 with greater activation in higher need states (Meye & Adan, 2014; Nicola, 2016), and in fact 452 dopamine release evoked by food-predictive cues is greater in food-restricted rats than free-fed rats (Aitken et al., 2016; Cone et al., 2014) – an observation that could explain the present 453 finding that NAc cue-evoked excitations are greater in restricted than free-fed animals (Figure 454 455 2). According to this hypothesis, dopamine levels in the free-fed state are insufficient to raise 456 cue-evoked firing above the threshold for reliably obtaining a cue-evoked approach response. However, when the subject is in an environment in which calorie dense and/or high-fat food is 457

available, neurons that release the endogenous agonist of NAc MORs in the NAc are activated
to release the opioid, and the resulting activation of MORs raises the dopamine level such that
the magnitude of cue-evoked firing is sufficient to evoke a behavioral response. In contrast, in
food-restricted subjects, the dopamine level is so high that either further increases are not
possible, or the cue-evoked firing of NAc neurons is maximal such that further increases in
dopamine are without effect.

The third question is the source and nature of the opioid peptides that activate MORs to 464 465 promote food-seeking. Presumably, the endogenous ligand for NAc MORs is enkephalin 466 released by the large population of D2 receptor-expressing spiny neurons (Gerfen et al., 1990; A. Mansour et al., 1995). The peptide could be released by the extensive axon collaterals of 467 these neurons within the NAc; alternatively, while it has not been demonstrated in the NAc, 468 469 opioids can be released somatodendritically and act as a retrograde messengers (Iremonger & 470 Bains, 2009; Wagner et al., 1993; Wamsteeker Cusulin et al., 2013). The conditions under which enkephalin release in the NAc is increased are unknown; however, in the dorsomedial 471 striatum, enkephalin levels are elevated during meal onset (DiFeliceantonio et al., 2012), 472 473 suggesting that information about the availability of food drives release of the peptide. One 474 possibility is that enkephalin release is tonically promoted when the subject is in an environment 475 in which fatty foods are available; another is that release occurs precisely at cue onset in response to discrete cues that predict fat, but not carbohydrates. Further investigation of the 476 477 hypothesis that NAc enkephalin release is regulated by fat availability, and the mechanisms by 478 which this could occur, is clearly warranted.

The mechanism we propose here – that enkephalin levels are elevated by fat availability, and these high enkephalin levels promote dopamine release that in turn increases cue-evoked excitations that drive cued approach to high-fat food – is partially speculative, but it is fully consistent with the present and previous results and provides a starting point for further exploration. Importantly, our results indicate that the neural mechanisms underlying appetitive 484 behavior must be considered when studying the contribution of opioids (and other 485 neuromodulators) in the forebrain to food intake regulation. Cued approach is only one form of appetitive behavior, but our demonstration that endogenous opioids bias this form of behavior 486 towards fat seeking suggests that opioids may have similar effects on the neural mechanisms 487 488 that control other, more complex and/or more cognitive appetitive behaviors, such as deciding among simultaneously-available food options. Although MOR antagonists are currently used to 489 490 treat obesity (Apovian, 2016; Ziauddeen et al., 2013), a more refined understanding of the impact of endogenous opioids on appetitive behaviors is required to understand how these 491 drugs work, and to identify future targets for more specific and effective treatments that reduce 492 preference for calorie-dense or high-fat foods. 493

494

#### 495 **Methods and Materials**

496

497 Animals. 52 male Long-Evans weighing between 275 and 300 g were obtained from Charles 498 River Laboratories and singly housed for a week before handling. Each rat was then handled for several minutes daily for 3 days to habituate them to the experimenter. Rats were randomly 499 allocated to their experimental groups. Those designated for experiments requiring food 500 501 restriction were limited to ~15 g of rodent chow per day for at least one week prior to the start of 502 the experiment (to achieve 90% free-feeding weight), whereas free-fed animals had unlimited access to chow. All animals had unlimited access to water in their home cages. All procedures 503 involving animals were in accordance with the National Institutes of Health Guide for the Care 504 505 and Use of Laboratory Animals and were approved by the Institutional Animal Care and Use 506 Committee at Albert Einstein College of Medicine.

507 Operant chambers. Two styles of operant chambers were used in this study. For behavioral 508 pharmacology experiments, chambers measured 30.5 cm x 24.1 cm and were supplied by Med 509 Associates (St. Albans City, VT); chambers reserved for electrophysiology experiments measured 40 cm x 40 cm and were custom-designed. All chambers were outfitted with a reward 510 511 receptacle equipped with an infrared head entry detector (Med Associates), as well as two 28 V 512 house lights, a 65-dB white noise generator, and speakers for generating auditory cues. Reward was delivered via a syringe pump connected to the receptacle using 3/16" steel-reinforced PVC 513 tubing to ensure consistent volume of reward delivery. All operant chamber hardware was 514 controlled via custom-written Med-PC scripts. 515

CS task and training. All rats used in this study were ad-libitum fed for the duration of training. 516 The day before the first training session, rats were given access to heavy cream (per 100 g: 37 517 518 g fat, 2.8 g carbohydrate including 0.1 g sugars, 2.1 g protein) or 3% sucrose solution in their 519 home cages to familiarize them with the reward. Training sessions lasted 2 hrs. On the first day of training, rats were rewarded for simply entering the reward receptacle, with a 10-s timeout 520 521 between rewarded entries. If they obtained >50 rewards, they advanced to the next phase of training; otherwise the current phase was repeated. In the second training phase, rats were 522 523 presented with a reward-predictive CS+: either a siren tone (frequency cycle between 4 and 8 524 kHz over 400 ms) or an intermittent tone (6 kHz tone on for 40 ms, off for 50 ms) was played for a maximum duration of 5 s at a fixed intertrial interval (ITI) of 15 s. Head entries into the 525 receptacle during presentation of the CS+ resulted in termination of the cue and delivery of ~50 526 527 µl heavy cream or 3% sucrose solution (although each rat received only one reward type). After rats obtained >50 rewards in a session, they were advanced to the full CS task, in which the 528 CS+ or a neutral CS- (the siren tone for rats whose CS+ was the intermittent tone, and vice 529 530 versa) were presented at ITIs randomly selected from a truncated exponential distribution 531 (mean = 30 s, minimum of 10 s, maximum of 150 s). The CS- was presented for 5 s, regardless

of receptacle entry, and had no programmed consequence. Rats were considered fully trained
once they responded to >40% of CS+ presentations and had a discrimination index (defined as
the number of CS+ responses divided by the total number of cue responses) of at least 0.67,
indicating that rats reliably discriminated between the CS+ and CS-.

536 Cannulated microelectrode arrays. Electrode arrays were custom-designed and assembled as 537 previously described (du Hoffmann et al., 2011; du Hoffmann & Nicola, 2014). Briefly, each 538 array consisted of 8 Teflon-insulated tungsten microwires (A-M Systems) encircling a 27-ga 539 microinjection guide cannula. Each electrode was checked to ensure its impedance fell in the 540 range of 90-110 M $\Omega$ . Electrodes and cannulae were mounted inside a drivable casing; a hex screw enabled the entire assembly to be driven along the dorsal-ventral axis of the NAc. Each 541 full revolution of the screw drove the array ~350 µm. Once assembled, wires were soldered onto 542 543 10-pin connectors (Omnetics) and impedances were re-measured to ensure connection 544 patency. A silver ground wire was soldered to the last pin on the connector.

545 Surgeries. After rats reached criterion performance on the CS task, they were implanted either with custom-built bilateral cannulated microelectrode arrays aimed at the NAc core or with 546 bilateral 26 ga microinjection cannulae (Plastics One, Roanoke, VA) aimed at the NAc core as 547 described previously(du Hoffmann et al., 2011; du Hoffmann & Nicola, 2014; Nicola, 2010). Rats 548 549 were anesthetized with isoflurane (1-2%) and placed in a stereotaxic apparatus. From Bregma, cannulated arrays were implanted at AP +1.4 mm, ML ±1.5 mm, and DV -6.5 mm, while 550 microinjection cannulae were implanted at AP +1.2 mm, ML ±2.0 mm, and DV -5.7 mm 551 552 (microinjectors were designed to extend 2 mm beyond the cannulae tips, to a target of DV -7.7 553 mm). Implants were secured using dental acrylic bound to six screws fixed to the surface of the skull. Steel obdurators (Plastics One) were inserted into the cannulae to prevent them from 554 clogging. For electrode surgeries, ground wires were inserted into the brain at a posterior 555 556 location, and connectors were fixed to the implant at the posterior aspect of the cap. Antibiotics

(Baytril) were provided immediately before and 24 h after surgery. Rats were allowed one week
to recover from surgery before re-training commenced.

*Microinjection experiments.* After recovering from cannulation surgery, a subset of rats were 559 food-restricted for one week. Food restriction was concomitant with re-training. All other rats 560 561 continued to have ad-libitum access to food. After behavioral responding was re-established, we 562 began the microinjection procedures. Microinjectors (33 ga, Plastics One) were affixed to 563 polyethylene tubing that was back-filled with mineral oil and connected to two 1 µl Hamilton syringes which were under the control of a microinjection pump (KD Scientific, Holliston, MA). 564 On the first day, rats received a mock injection to habituate them to the injection procedure. 565 Rats were gently restrained while microinjectors were inserted into the guide cannulae and left 566 in place for 1 min prior to the start of the infusion to allow the tissue to equilibrate around the 567 568 injectors. D-Phe-Cys-Tyr-D-Trp-Arg-Thr-Pen-Thr-NH2 (CTAP) (Sigma-Aldrich; 0, 2, or 4 569 µg/side), was dissolved in 0.9% saline and infused at a rate of 0.25 µl/min for 2 min for a total infusion volume of 0.5 µl per hemisphere. Post-infusion, injectors were left in the cannulae for 1 570 571 min post-infusion to allow the drug to diffuse into the tissue. After injection, rats were immediately placed in the operant chambers and the behavioral session was started. The order 572 573 in which each rat received each drug dose was pseudo-randomized across injection days. 574 Injection days were interleaved with non-injection days to ensure that rats' behavior returned to baseline performance levels. 575

*Recording/Injection experiments.* Following recovery from cannulated electrode array
implantation, a subset of rats were food-restricted as in the microinjection experiments. After
consistent behavior was re-established, rats were tethered to a 16-channel commutator by the
recording cable, which allowed for free rotational movement of the animal during neural
recordings. On simultaneous recording/injection days, 33-ga microinjectors were affixed to
polyethylene tubing pre-filled with mineral oil and connected to a 2-channel fluid swivel to allow

582 for free rotational movement, terminating at a microinjection pump (KD Scientific) that sat atop the chamber. Drug was then loaded into the microinjector tips such that the interface between 583 584 saline-dissolved drug and mineral oil was visible; the location of this interface was marked on the fluid lines. Prior to the start of the session, rats were tethered to the recording apparatus via 585 586 the recording cable and either one (for unilateral injections) or two (for bilateral injections) 587 microinjectors targeting a depth of 500 µm beyond the electrode tips were inserted into the guide cannula and taped to the recording cable such that they could not be readily removed by 588 the rat. Once secured, fluid lines were visually inspected to ensure that the drug-oil interface 589 590 remained at the marking on the fluid line, assuring that drug had not leaked out prematurely. Neural signals were then examined online to isolate active channels (see Methods section 591 Acquisition of neural data) and the behavioral session commenced. To obtain a neural and 592 593 behavioral baseline, rats performed the task for 2000 s (~33 min), at which point the drug pump 594 was remotely triggered, initiating the infusion of a 0.5-µl volume of either saline or 8 µg/side CTAP over a period of 12 min. This procedure allowed us to compare behavior and neural 595 activity during the baseline window to behavior and neural activity during an equivalent-duration 596 597 post-injection window. The higher 8-µg/side CTAP dose was chosen to mitigate the possibility 598 that potentially partial drug effects using lower doses would mask changes in behavior and neural activity in the briefer window of examination (~33 min) used in these experiments. 599

Acquisition of neural data. Rats were connected to a recording cable outfitted with a 16-channel
headstage. The cable was connected to a multichannel commutator that was in turn connected
to a pre-amplifier, where the neural signals were amplified by 2,000-20,000X and band-pass
filtered at 250 Hz and 8.8 kHz before being passed to a 40 kHz multi-unit acquisition processor.
Prior to the start of a session, each channel was examined for putative unit activity using
SortClient (Plexon Inc, Dallas, TX) and optimized for gain and threshold.

606 Analysis of neural data. Following acquisition, putative units were isolated manually using 607 Offline Sorter (Plexon). To be included in the analysis, units had to have an absolute amplitude 608  $\geq$ 75 µV and  $\leq$ 0.1% of all inter-spike intervals could be  $\leq$ 2 ms. When multiple units were recorded on the same channel, cross-correlograms were used to ensure that spikes were assigned to the 609 610 appropriate unit and that the units were well-isolated from one another. If these conditions were not met, then the spiking activity on these ambiguous channels was discarded. Spike 611 612 timestamps were then imported into R, combined with the associated behavioral data, and analyzed using custom routines ((Caref, 2018); https://github.com/kcaref/neural-analysis). 613 Neurons were classified as cue-excited if they exceeded the 99.9% confidence interval of a 614 Poisson distribution comprised of a 10-s pre-cue baseline for at least one 50-ms bin following 615 CS+ onset and up to 500 ms post-cue onset. Neurons were classified as cue-inhibited if they fell 616 617 below the 99% confidence interval for at least one 50-ms bin. A less stringent detection 618 threshold was used for inhibitions because many NAc neurons exhibit low baseline firing rates. making it harder to detect inhibitions due to floor effects. Neurons were classified as significantly 619 620 excited during reward consumption if firing in at least one 400-ms bin following the rewarded 621 receptacle entry exceeded the 99% confidence interval of a Poisson distribution comprised of a 622 10-s pre-cue baseline; they were classified as consumption-inhibited if firing fell below the 99% 623 confidence interval. For simultaneous recording/injection experiments, classification of neural responses was performed only during the pre-injection epoch so that any potential drug effects 624 would not contribute to the neuronal classification. 625

To construct heat maps illustrating the frequency and magnitude of cue-evoked excitations and inhibitions, for each neuron a receiver operating characteristic (ROC) curve was computed in 10-ms bins from 1 s prior to cue onset to 1.5 s after. The ROC curve used data from each trial to compare the firing rate in each bin to the 1-s baseline. The area under the ROC curve (auROC) for each bin was then displayed as the smoothed mean of a 200-ms 631 sliding window. To construct heat maps for consumption-evoked activity, an auROC value was computed for each 200-ms bin from 1 s before the rewarded receptacle entry to 5 s after the 632 633 rewarded entry using the pre-cue epoch as the baseline. auROC values are displayed as the smoothed mean of an 800-ms sliding window. An auROC value of 1 corresponds to very strong 634 635 excitation; a value of 0 corresponds to very strong inhibition, and a value of 0.5 indicates no change in evoked firing relative to baseline. Because auROC values are always between 0 and 636 637 1, these values can be used to visually compare cue-evoked firing across different neuronal populations and conditions. All statistical comparisons were performed on non-smoothed data. 638

639 Analysis of video tracking data. When possible, the rat's position was tracked by an overhead camera at 30 fps using 2 LEDs mounted on the neural recording headstage. Video tracking was 640 conducted using the CinePlex software suite (Plexon). Tracking data were preprocessed as 641 642 described previously (McGinty et al., 2013). Briefly, the locomotor index (LI) was computed for 643 each frame by taking the standard deviation of the frame-to-frame difference in x-y position for four preceding and four succeeding video frames. Thus, the LI for each frame is a smoothed 644 spatial and temporal representation of the rat's speed over nine frames (~300 ms). The resulting 645 distribution of LIs for all video frames was then fitted with a double-Gaussian function; the 646 647 subject was considered still when LI values were below the threshold between Gaussian peaks, 648 and moving if the LI value was above this threshold. The LI threshold value differed from rat to 649 rat and depended in part on the rat's overall activity during the session. Nearest neighbor analysis was then conducted to determine the video frame corresponding to the start of 650 651 behavioral and task events such as CS+ onsets. The latency to initiate locomotion following cue 652 onset was computed by subtracting the timestamp of the cue from the timestamp of the first frame following cue onset whose locomotor index exceeded the threshold value. 653

*Statistical analyses.* For all experiments, results were considered statistically significant if p <</li>
0.05. For behavioral pharmacology experiments, drug effects were evaluated using two-way

ANOVA. When appropriate, post-hoc tests were conducted using the Holm-Sidak p-value adjustment for multiple comparisons. For comparisons of event-evoked firing in separate neural populations, Wilcoxon rank sum tests were used; for within-session comparisons of the same neural population, Wilcoxon signed-rank tests were used. To compare pre- vs. post-injection baseline firing rates, a 95% confidence interval was constructed around the slope of the regression line resulting from plotting the pre-injection baseline against the post-injection baseline. If the confidence interval included 1, the result was not statistically significant.

663 *Generalized Linear Model (GLM) fitting.* For the modeling procedures employed in **Figure 2**, the 664 contribution of behavioral and spatial parameters to cue-evoked firing was examined using a 665 GLM,

$$\ln(Y) = \beta_0 + \beta_1 x_1 + \beta_2 x_2 + \varepsilon, \qquad \qquad \text{Equation 1}$$

where Y is the number of spikes in the window between 50 and 500 ms post-cue,  $\beta_{0...n}$  are the 667 regression coefficients for each dependent variable,  $x_{1...n}$  are the values of the dependent 668 variables (i.e., the regressors such as distance, speed, etc.), and  $\varepsilon$  is an error term. This form of 669 the GLM assumes Poisson-distributed values of Y, and as such the log transformation of Y is in 670 671 reference to the model fit, not the actual data. Each population of cue-excited neurons (i.e., 672 neurons from free-fed rats and those from food-restricted rats) was pooled to facilitate population-level comparisons. To both validate GLM fits and to evaluate whether two population 673 674 GLMs model the same overall population, we used the following procedure,

$$F = \frac{\frac{SS_t - SS_p}{(m+1)(k-1)}}{\frac{SS_p}{DF_p}}$$
Equation 2

where  $SS_t$  is the total residual sum of squares from a GLM fitted to the combined data,  $SS_p$  is the pooled residual sum of squares from each individual GLM, *m* is the number of regressors in

each individual GLM, k is the number of GLMs being evaluated, and  $DF_p$  is the pooled residual 677 degrees of freedom from each individual GLM (Zar, 1999). The resulting F statistic is then 678 679 converted to a p-value; the numerator degrees of freedom is the (m + 1)(k - 1) expression and 680 the denominator degrees of freedom is  $DF_p$ . If two GLMs model the same overall population, 681 then the resulting p-value will be > 0.05. To assess GLM fit, we employed a within-population 682 bootstrapping approach. For each neural population, we fitted a GLM using a randomly-sampled selection of 50% of CS+ trials on which animals responded to the cue. We then fitted a second 683 GLM using the remaining trials, and computed a p-value using Equation 2. This procedure was 684 685 performed 1,000 times for each neural population, with the reasoning that if the model fits are adequate, then p will be > 0.05 on 95% of the bootstrapped permutations. 686

687 *Histology.* Before sacrifice, all rats were injected with Euthasol (39 mg/kg pentobarbital) to induce deep anesthesia. Rats from microinjection experiments were decapitated and their 688 brains were removed and stored in 4% paraformaldehyde solution. Rats from electrophysiology 689 690 experiments underwent intracardiac perfusion of saline followed by 4% paraformaldehyde solution. They were then decapitated, and their brains were removed and stored in 4% 691 692 paraformaldehyde solution. All brains were then sectioned into 50 µm slices using a vibratome. 693 The slices were mounted on slides and cresyl violet-stained to facilitate examination of injection 694 sites and cannula placements. One food-restricted rat from the microinjection experiment 695 (Figure 1) died before its brain could be extracted and examined, but because the rest of its 696 cohorts' cannulae were placed accurately, we decided to include this data in the study.

697

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- 704

### 705 Competing Interests

The authors declare no competing interests.

### 707 Figure Legends

708

Figure 1. CTAP-induced impairment of cued approach behavior is observed in free-fed animals 709 receiving cream reward, but not in food-restricted animals or those receiving sucrose reward. 710 711 (A) CS task diagram. Only head entries into the receptacle during CS+ presentation are rewarded, at which point the cue is terminated. (B) Response ratios for each cue type on the 712 713 final day of retraining before the microinjection experiment began. For each cue type, response 714 ratio is defined as the proportion of cues responded to out of the number of cues presented. Food-restricted rats (N=7, right) responded more to both the CS+ (red dots) and the CS- (blue 715 716 dots) than free-fed rats (N=16, left); \*\*\*, p < 0.001, Wilcoxon. (C) Bilateral CTAP (4 µg/side) 717 injection into the NAc reduced CS+ response ratio in free-fed (solid lines), but not food-718 restricted rats (dashed lines). A two-factor ANOVA (time x dose) performed on free-fed rats 719 revealed significant main effects of dose ( $F_{2.180} = 12.28$ , p < 0.001) and time ( $F_{3.180} = 12.28$ , p < 0.001). The interaction between time x dose was not significant ( $F_{6.180} = 1.06$ , p = 0.39). All 720 points represent mean ±SEM. N=16 for free-fed rats; N=7 for food-restricted rats. \*\*, p < 0.01 721 722 over the whole session for the 4-µg dose vs vehicle, Holm-Sidak adjusted. ANOVA revealed no 723 significant effects in food-restricted rats (dose,  $F_{2.64} = 2.27$ , p = 0.11; time,  $F_{3.64} = 2.11$ , p = 0.11; dose x time  $F_{6.64} = 1.16$ , p = 0.34). (D) When the reward was 3% sucrose instead of heavy 724 cream, CTAP had no effect on CS+ responding in free-fed rats (N=8). A two-factor ANOVA 725 revealed a main effect of time ( $F_{3.84} = 13.54$ , p < .001), but not dose ( $F_{2.84} = 0.51$ , p = 0.605). 726

The time x dose interaction was not significant ( $F_{6.84} = 0.70$ , p = 0.66).

728

- **Figure 1—figure supplement 1**. CS- response ratio for CTAP injections. **(A)** CS- response ratio for free-fed rats (solid lines) and food-restricted rats (dashed lines) for sessions in which the reward was heavy cream. N=16 for free-fed; N=7 for food-restricted. **(B)** CS- response ratio for free-fed rats for sessions in which the reward was 3% sucrose solution. N=8. All points
- 733 represent mean ± SEM.

734

**Figure 1—figure supplement 2.** Histological examination of probe locations. **(A)** Estimates of microinjection sites for the behavioral pharmacology experiments in **Figure 1**. Numbers to the left of each brain section indicate approximate AP coordinate relative to Bregma. **(B)** Estimates of microinjection sites for simultaneous electrophysiology/pharmacology experiments. For both panels, red dots indicate food-restricted rats and blue dots indicate free-fed rats. Section diagrams are adapted from The Rat Brain Atlas in Stereotaxic Coordinates (Paxinos & Watson, 2007).

742

Figure 2. Cue-evoked excitations, but not inhibitions, are more robust in food-restricted than
free-fed rats. (A) Heat map showing CS+ evoked activity of all neurons recorded in free-fed rats.
Each row represents an individual neuron's response to the CS+ averaged across all rewarded
trials during the session. Neurons are sorted by the intensity of the response between 100-300
ms post-cue. Colors indicate area under the ROC curve (auROC) comparing firing in the time
bin to baseline; hotter colors represent excitation (auROC > 0.5), cooler colors represent
inhibition (auROC < 0.5). Data are smoothed for display purposes. (B) Same as A, but for food-</li>

750 restricted rats. (C) Mean perievent time histogram for all neurons classified as cue-excited in A and **B**. Only trials with a behavioral response were included. Lines represent the mean 751 response; shaded regions represent ±SEM. (D) The population response of neurons from food-752 753 restricted rats (red) is significantly greater than the response in free-fed rats (blue) in the window between 100-300 ms post-cue. Dots indicate the median response, lines indicate inter-guartile 754 755 range; \*\*\*, p < 0.001, Wilcoxon. (E) Percentage of significantly excited (upper traces) or inhibited (lower traces) neurons in each 50-ms bin compared to pre-cue baseline from the entire 756 free-fed (blue) or restricted (red) populations. (F) Proportion of post-cue bins with significant 757 758 excitation or inhibition for each cue-excited or cue-inhibited neuron in the 500 ms after cue 759 onset. Dots indicate median proportion of excited bins, lines indicate inter-quartile range; \*\*\*, p < 0.001, Wilcoxon. Only neurons classified as either cue-excited or -inhibited were included (see 760 761 "Analysis of neural data" section of Methods for the criteria used for neuronal classification). (G) 762 For the subset of sessions with video tracking available (N=4 rats over 5 sessions for free-fed, N=3 rats over 5 sessions for restricted), mean ±SEM of latency to maximum speed after CS+ 763 onset (left), distance from the receptacle at CS+ onset (center), and average speed after CS+ 764 onset (right) for free-fed (blue) and restricted (red) sessions; \*, p < 0.05, Wilcoxon. (H) Left, 765 using the same sessions as in **G**, the median and inter-guartile range of the actual spike count 766 from sated sessions (blue dot) on trials in which the rat responded to the CS+ compared to the 767 modeled spike count computed using regression coefficients from the food-restricted sessions 768 769 and the behavioral parameters from free-fed sessions (red dot with blue outline). Right, the 770 spike counts from food-restricted sessions (red dot) compared to the modeled spike count computed using regression coefficients from the free-fed population and behavioral parameters 771 772 from the food-restricted population (blue dot with red outline); \*\*\*, p < .001, Wilcoxon.

773

### **Figure 2—figure supplement 1.** GLM Validation.

(A) PSTH for cue-excited neurons in free-fed rats time-locked to CS+ onset comparing trials in which the rat responded (blue trace) to trials in which the rat did not respond (red trace). (B) The population response of the same neurons in the window between 100-300 ms post-cue. Dots indicate the median response, lines indicate inter-quartile range; \*\*\*, p < 0.001, Wilcoxon.

779 (C) and (D) To assess GLM fit, we employed a within-population bootstrapping approach. We reasoned that, if we computed a GLM using half of the trials within a population (food-restricted 780 or free-fed), then, if the GLM accurately models spike count, the spike counts it predicts for the 781 782 other half of the trials (using the behavioral parameters for the other half as inputs) should be close to the actually observed spike counts in the other half. Therefore, for each neural 783 population, we computed a GLM using a randomly-sampled selection of 50% of CS+ trials on 784 which animals responded to the cue. We then used the resulting regression coefficients to 785 786 model the spike counts of the other half of the trials and computed the mean difference between 787 modeled spike counts and actual spike counts of that half of the data. We repeated this analysis 1000 times. The resulting distributions of spike differences cluster around 0 for both free-fed (C) 788 789 and restricted (D) populations. The differences were narrowly distributed and did not exceed 790  $\pm 0.5$ , indicating that the model predicted spike counts with high accuracy.

791 We used these distributions to confirm the statistical significance of the results shown in **Figure** 

792 **2H**, which show that (a) the spike counts predicted for free-fed trials by the GLM constructed

using all food-restricted trials are higher than the actual spike counts on free-fed trials; and (b)

the spike counts predicted for food-restricted trials by the GLM constructed using all free-fed

- trials are lower than the actual spike counts on food-restricted trials. If these results are correct,
- then the mean difference between model-predicted and actual spike counts should exceed the
- 95% confidence interval of bootstrapped differences obtained from randomly selected data
   within each distribution. Bootstrapped datapoints that exceed this confidence interval are
- shaded in **C** and **D**. The red arrows indicate the mean difference between food restricted model-
- predicted and actual free-fed spike counts (C) and between free-fed model-predicted and actual
- food-restricted spike counts (D) i.e., the mean difference between the actual and modeled
- spike counts in **Figure 2H**. These values exceed the 95% confidence interval established by
- 803 bootstrapping, confirming the differences between modeled and actual spike counts.

(E) and (F) Validation of the approach for determining whether two GLMs model the same or 804 805 different populations (Equation 2, see Methods). For each neural population, we fitted a GLM to a randomly sampled half of the trials, and then fitted a separate GLM to the remaining half of 806 807 trials. Using Equation 2, we then asked whether each half of trials were modeling the same 808 overall population of neurons. If p > 0.05, then the two 'separate' populations can be said to model the same overall population. We then repeated this computation 1000 times, reasoning 809 that if the approach is valid and the model fits are good, then p would be > 0.05 on at least 95% 810 of the simulations. The shaded bars represent trials on which p < 0.05, and the red arrows 811 indicate the 50<sup>th</sup> cumulative simulation (i.e., 5% of the simulations), starting from the left. The 812 fact that the red arrows occur even with or to the right of the shaded regions indicates 813 814 successful validation.

- **(G)** Table of the regression coefficients and their corresponding p-values for each regressor of the two population GLMs (free-fed and food-restricted).
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Figure 2—figure supplement 2. Distributions of baseline firing rates of neurons recorded from free-fed (blue bars) and food-restricted rats (red bars). The colored arrows represent median baseline firing rates of each population. The difference between the two populations was not statistically significant (p = 0.83, Wilcoxon). Bin width is 0.5 Hz.

822

Figure 3. Reward-associated excitations, but not inhibitions, are different in free-fed and 823 824 restricted populations. (A) Heat map time-locked to the receptacle entry that triggers reward delivery in free-fed rats. The baseline period is the pre-cue epoch for each rewarded trial. 825 auROC values are computed in an identical fashion as in Figure 2, except here the bin size is 826 200 ms. Neurons are sorted by the magnitude of their response between 1-3 s after rewarded-827 entry. (B) Same as A, but for food-restricted rats. (C) Proportion of significantly excited (upper 828 829 traces) and inhibited (lower traces) neurons for each population in each 400-ms bin during the 3-s epoch after rewarded entry compared to pre-cue baseline. (D) For each significantly excited 830 831 (upper dots) or inhibited (lower dots) neuron, the percentage of bins with significant excitation or 832 inhibition. Dots represent the median proportion of excited or inhibited bins, lines represent the 833 inter-quartile range; \*\*, p < 0.01, Wilcoxon.

834

835 Figure 4. Bilateral, but not unilateral CTAP injections delivered mid-session impair cued approach behavior. Colors represent the same groups in both panels. (A) Crunch plot showing 836 mean CS+ response ratio in four different groups of animals. Vehicle: N=5 rats over 5 sessions; 837 838 free-fed bilateral CTAP: N=5 rats over 8 sessions; restricted bilateral CTAP: N=5 rats over 9 sessions; free-fed unilateral CTAP: N=6 rats over 11 sessions. Bin size = 20 min. Gray bar 839 indicates time course of CTAP (or vehicle) injection. A three-factor ANOVA (drug x time x satiety 840 state) revealed significant main effects of drug ( $F_{1,130} = 23.06$ , p < 0.001), time ( $F_{5,126} = 10.20$ , p 841 < 0.001), and satiety state ( $F_{1,130}$  = 112.13, p < 0.001), as well as significant interactions 842 843 between drug x time ( $F_{5.126} = 2.43$ , p = 0.039) and satiety state x time ( $F_{5.126} = 4.21$ , p = 0.002). (B) Direct comparison of pre- vs. post-injection epochs for CS+ response ratio. Colors are the 844 same as in A. Only free-fed rats receiving bilateral CTAP injections demonstrated a significant 845 846 decrease in responding post-injection (\*, p < 0.05, Wilcoxon, Holm-Sidak corrected).

847

Figure 4—figure supplement 1. CTAP increases the latency to initiate locomotion following
 cue onset.

850 To assess whether bilateral CTAP injection reduced the vigor of behavioral responding, we asked whether the injections affected the animals' latency to initiate movement after cue onset. 851 852 (We were unable to determine whether speed of approach to the receptacle was affected because bilateral CTAP injection greatly reduced the likelihood of such a response to the cue.) 853 854 Only sessions with available video tracking data were used in these analyses, and to boost 855 statistical power, free-fed saline-injected and uninjected sessions were pooled, as rats' behavior 856 during these sessions was statistically indistinguishable (N=4 sessions for restricted bilateral; N=4 sessions for free fed bilateral; N=9 sessions for free-fed unilateral; N=7 sessions for free 857 fed saline+uninjected). (A-C) The declines in cue responding in free-fed rats were accompanied 858 by increases in latency to initiate movement, which were observed in the control condition 859 (uninjected and saline injected), bilateral CTAP-injected and unilateral CTAP-injected free-fed 860 861 rats. In contrast, food-restricted rats exhibited no change in latency to initiate locomotion. A three-factor ANOVA (drug x time x satiety state) revealed significant main effects on latency of 862 time ( $F_{1,311} = 45.28$ , p < 0.001) and satiety state ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 40.66$ , p < 0.001), but not drug ( $F_{1,311} = 4$ 863 0.405, p = 0.53). As with response ratio, there was a significant interaction between time x 864 satiety state ( $F_{1,311} = 10.77$ , p < 0.01). Latencies to move were greater overall in free-fed than 865 restricted animals; although this result contrasts with the absence of a difference in latency to 866 maximum speed in free-fed vs restricted animals (Figure 2G), the effect in C is due to inclusion 867 of trials in which animals did not respond (but still eventually moved) as the effect was not 868 observed when we limited the dataset to trials on which the animal responded. Notably, there 869 870 was a trend towards greater latency after CTAP injection than after either control or unilateral CTAP injection, which was not apparent in the pre-injection window. Thus, although all free-fed 871 872 groups showed a gradual decline in response ratio that was accompanied by increased latency to initiate movement, only bilateral CTAP injection caused a sharp decline in response ratio, 873 which was observed only in free-fed (and not food-restricted) rats. +, p < 0.10; \*\*, p < 0.01, 874 875 Wilcoxon, Holm-Sidak corrected.

876 We then asked whether the decline in response ratio observed in bilateral CTAP-injected free-

877 fed rats could have been caused by an overall reduction in locomotor activity, which we

assessed by measuring locomotion during the ITI. However, although locomotion was reduced

in the post-injection window compared with the pre-injection window in CTAP-injected, saline-

injected and non-injected free-fed rats, there was no difference in this measure between CTAP
 and control (combined saline and non-injected) groups (D). Therefore, the sharp attenuation of
 cue-responding in bilateral CTAP-injected rats cannot be attributed to a generalized motor
 impairment. Thick darker lines represent mean ±SEM for each group; thin lighter lines represent

individual sessions of bilateral injections (blue) or vehicle+uninjected (gray).

885

886 Figure 5. Cue-evoked excitations are reduced after bilateral CTAP injection in free-fed but not restricted rats. (A) and (B) Population heat maps for all neurons recorded from free-fed rats pre-887 injection (A) vs. post-injection (B). The sort order is the same for each pair of heat maps. (C) 888 889 and (D) Same as A and B, except for food-restricted rats. (E) Peri-stimulus time histogram (PSTH) of neurons classified as cue-excited for from the free-fed population. The blue trace 890 represents mean z-score ±SEM for the pre-injection epoch; the red trace represents the post-891 injection epoch. (F) Dot plot indicating median and interguartile range of the response in each 892 epoch of cue-excited neurons between 100-300 ms following cue onset. Colors are the same as 893 894 in E. \*\*\*, p < 0.001, Wilcoxon. (G) and (H) Same as E and F, but for food-restricted rats. (I) Proportions of cue-excited neurons in each 50-ms bin following cue onset for free-fed rats pre-895 injection (blue trace) vs post-injection (red trace). (J) Neurons from free-fed rats exhibited a 896 897 significant post-injection decrease in the proportion of significantly excited bins. Only neurons 898 with significant post-cue excitation were included in this analysis. \*\*\*, p < 0.001, Wilcoxon. (K) and (L) Same as I and J, except for food-restricted rats, which did not exhibit a difference in the 899 900 proportion of significantly excited bins pre- vs post-injection, p = 0.55, Wilcoxon.

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Figure 5—figure supplement 1. Raster plots of two representative cue-excited neurons. (A)
 and (B) Representative neurons from each group pre- vs. post-injection. Raster plots are
 aligned to CS+ onset; each row is a single CS+ presentation from the session. Histograms were
 converted to firing rate using 20-ms bins.

906

907 Figure 5-figure supplement 2. Effect of CTAP on baseline firing rate. Each neuron's preinjection baseline is plotted against its post-injection baseline. (A) Neurons from free-fed rats 908 that were exposed to CTAP (i.e., neurons from the free-fed bilateral and free-fed ipsilateral 909 910 populations were pooled, as they did not statistically differ). The slope of the resulting regression line (gray) is not significantly different from the slope of the unity line (dotted black). 911 Circles represent neurons from unilateral injections; diamonds represent neurons from bilateral 912 injections. (B) Neurons from food-restricted rats that were injected bilaterally with CTAP. While 913 the slope of the plotted regression line (gray) is statistically lower than the slope of the unity line 914 915 (i.e., the 95% confidence interval for the slope of the regression line ranges from 0.61 to 0.96; it does not contain 1), the removal of the three neurons whose Cook's distance exceeds three 916 917 times the mean Cook's distance yields a regression slope whose confidence interval does 918 contain 1 (0.66 to 1.07).

919

**Figure 6.** Cue-evoked excitations and inhibitions ipsilateral, but not contralateral, to CTAP injection are reduced. **(A)** Pre-injection population heat maps for neurons recorded ipsilateral to 922 the site of CTAP injection. (B) Post-injection heat map corresponding to A: the sort order is the same for each heat map. (C) and (D) Same as A and B, but for neurons recorded contralateral 923 to the site of CTAP injection. (E) PSTH of neurons classified as cue-excited for the ipsilateral 924 925 population. Blue trace represents mean z-score ±SEM for the pre-injection epoch; red trace represents the post-injection epoch. (F) Dot plot indicating median and interguartile range of the 926 927 response in each epoch of cue-excited neurons between 100-300 ms following cue onset. \*\*\*, p < 0.001, Wilcoxon. (G) and (H) Same as E and F, except for neurons contralateral to the 928 injection. There was no significant change in the magnitude of the response pre-vs post-929 930 injection. p = 0.19, Wilcoxon. (I) Proportions of cue-excited (upper traces) and cue-inhibited 931 (lower traces) neurons in each 50-ms bin following cue onset pre-injection (blue traces) vs postinjection (red traces) out of all ipsilateral neurons. (J) Proportion of bins with significant 932 933 excitation (upper) or inhibition (lower) for each excited or inhibited neuron. Dots represent the median proportion of significantly excited or inhibited bins; lines represent the inter-quartile 934 range. \*\*, p < 0.01, Wilcoxon. (K) and (L) Same as I and J, but for neurons contralateral to the 935 injected hemisphere. There was no significant change in the proportion of excited or inhibited 936 937 bins (p = 0.20 and p = 0.17, respectively, Wilcoxon).

938

939 Figure 7. Vehicle injection does not affect cue-evoked excitations. (A) and (B) Population heat 940 maps for neurons recorded from free-fed rats pre-vehicle injection and post-vehicle injection. (C) PSTH of neurons classified as cue-excited for pre- vs. post- injection epochs. (D) Dot plot 941 942 indicating median and interguartile range of the response in each epoch (pre-vs post-injection) of cue-excited neurons between 100-300 ms following cue onset. (E) Proportions of cue-excited 943 944 neurons in each 50-ms bin following cue onset pre-injection (blue trace) vs post-injection (red trace). (F) The proportion of bins with significant excitation for each cue-excited neuron pre-945 (blue trace) vs post-injection (red trace). 946

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Figure 8. CTAP does not affect reward-associated firing. (A, E, I) Pre-injection neural activity 948 aligned to the onset of rewarded receptacle entries. The baseline period is the pre-cue baseline 949 for each rewarded trial in the respective epoch; each bin is 200 ms. Neuronal populations were 950 recorded ipsilateral to CTAP injection (A), contralateral to CTAP (E) and in uninjected animals 951 (I). (B, F, J) Post-injection neural activity for the same three populations. (C) Proportions of 952 significantly excited (upper traces) and inhibited (lower traces) neurons in each 400-ms bin 953 954 following rewarded receptacle entry pre-injection (blue traces) vs post-injection (red traces) for ipsilateral neurons. (D) The proportion of bins with significant excitation (upper) or inhibition 955 (lower) for each significantly excited or inhibited neuron (see "Analysis of neural data" in 956 Methods for inclusion criteria). Dots represent the median proportion of excited or inhibited bins; 957 958 lines represent the inter-quartile range. (G, H) and (K, L) are the same as C and D, except for 959 contralateral neurons and free-fed non-injected neurons, respectively. For I, J, and K, only sessions for which there were at least 6 responded trials in each epoch were included in this 960 961 analysis, as that was the minimum number of responded trials in either epoch of the unilateral 962 sessions. †, p < 0.10; \*, p < 0.05; \*\*, p < 0.01, Wilcoxon.

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**Figure 8—figure supplement 1**. Receptacle visit histograms following rewarded entries during unilateral injection sessions. (A) Histogram of the total time spent in the receptacle following a 966 rewarded head entry during the pre-injection epoch (gray bars) and the post-injection epoch (black bars). The total time spent in the receptacle was computed by summing the duration of all 967 receptacle entries up to 12 s after the initial rewarded entry. (B) Histogram showing the duration 968 969 of each individual receptacle entry following the initial rewarded entry pre-injection (white bars) and post-injection (black bars). Because of the nature of the infrared photobeam detector, rats 970 971 occasionally allow the beam to re-form without actually leaving the receptacle, causing the recording of a number of transient receptacle visits (represented by the short-duration bars 972 during the 0-1 s bin). We suspect that these transient visits are spurious, in that they are always 973 974 followed immediately by longer-duration visits. In any case, this pattern of behavior is unaffected 975 by unilateral CTAP injection, as the histograms overlap closely. The fact that CTAP failed to change either of these measures indicates that the observed change in reward-associated firing 976 977 observed during unilateral injections (Figure 8) cannot be attributed to a change in receptacle-978 related behavior. (C-F) While consumption-related firing is decreased in uninjected free-fed rats when comparing the 'Post-injection' epoch to the 'Pre-injection' epoch (Figure 8I-L), the same is 979 not true of cue-evoked excitations, which are consistent in their magnitude over time. To 980 981 demonstrate this, we examined cue-evoked excitations for the same trials we examined in 982 Figure 8I-L. The blue traces in C and E represent cue-evoked excitations in the Pre-injection epoch, while the red traces are the same neural population in the Post-injection epoch. (D) 983 There was no difference in the magnitude of cue-evoked excitation; p = 0.87, Wilcoxon. 984 985 Moreover, there is no change in the percentage of cue-excited neurons (E) or in the fraction of

bins with significant excitation (F); p = 0.75, Wilcoxon.

987

988 Figure 8—figure supplement 2. Excitations prior to rewarded receptacle entries mostly consist 989 of sustained cue-evoked excitations that terminate upon receptacle entry. Left, the same three populations of neurons shown in Figure 8A,E, and I, except here they are sorted by the 990 magnitude of their responses in the 1-s period prior to rewarded receptacle entry. Right, the 991 same neural populations sorted by the magnitude of their cue-evoked activity between 100-300 992 ms after cue onset. Note that in all three populations, most of the neurons excited in the pre-993 994 rewarded entry epoch (from -1 to 0 s) are also the same neurons with the greatest cue-evoked excitation, and that these excitations tend to terminate prior to or immediately following the 995 rewarded receptacle entry. They are thus unlikely to represent consumption-related excitation. 996 997 For these heat maps, the smoothing kernel was decreased to 400 ms (as opposed to 800 ms in 998 Figure 8) to allow for better temporal precision regarding the duration of evoked responses.

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Figure 1



## Figure 1—figure supplement 1



## Figure 1—figure supplement 2



Pharmacology Experiments



Electrophysiology/Pharmacology Experiments

## Figure 2



## Figure 2—figure supplement 1



	Free-fed		Restricted	
Regressor	Coefficient	p-value	Coefficient	p-value
Latency to max. speed	0.054	0.137	-0.048	**<0.01
Distance from receptacle	-0.0131	***<0.001	-0.005	***<0.001
Average speed	0.01	***<0.001	0.01	***<0.001
Constant	1.164	***<0.001	1.311	***<0.001

## Figure 2—figure supplement 2



### Figure 3



Figure 4



## Figure 4—figure supplement 1



## Figure 5



### Figure 5—figure supplement 1



## Figure 5—figure supplement 2



## Figure 6



Time (s) since cue onset

## Figure 7



Figure 8



## Figure 8—figure supplement 1



## Figure 8—figure supplement 2



### Sorted by cue-evoked Rewarded entry 74 Neuron # 1 -1 n 2 Ż 4 Time (s) Rewarded entry 50 Veuron # 1 -1 Ż 0 2 Time (s) Rewarded entry 50 Veuron #



Time (s)