***eLife’s* transparent reporting form**

We encourage authors to provide detailed information *within their submission* to facilitate the interpretation and replication of experiments. Authors can upload supporting documentation to indicate the use of appropriate reporting guidelines for health-related research (see [EQUATOR Network](http://www.equator-network.org/%20)), life science research (see the [BioSharing Information Resource](https://biosharing.org/" \t "_blank)), or the [ARRIVE guidelines](http://www.plosbiology.org/article/info:doi/10.1371/journal.pbio.1000412) for reporting work involving animal research. Where applicable, authors should refer to any relevant reporting standards documents in this form.

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**Sample-size estimation**

* You should state whether an appropriate sample size was computed when the study was being designed
* You should state the statistical method of sample size computation and any required assumptions
* If no explicit power analysis was used, you should describe how you decided what sample (replicate) size (number) to use

Please outline where this information can be found within the submission (e.g., sections or figure legends), or explain why this information doesn’t apply to your submission:

All methods of data quantification and statistics used can be found in the methods section under specific headings. Sample size and number of experiments can be found for specific experiments in figure legends. P-values for specific experiments can be found above present graphs in figures. To ensure reproducibility, for cell (*in vitro*)studies, at least 3 experiments were conducted to ensure reproducibility. Number of cells was maximized to the highest number possible depending on image modality. Therefore, low mag experiments (Figure 1D) contained a higher number of cells compared to structured illumination microscopy data. Similarly, for Zebrafish studies, at least 3 separate experiments with multiple (~10) animals were conducted to ensure reproducibility.

**Replicates**

* You should report how often each experiment was performed
* You should include a definition of biological versus technical replication
* The data obtained should be provided and sufficient information should be provided to indicate the number of independent biological and/or technical replicates
* If you encountered any outliers, you should describe how these were handled
* Criteria for exclusion/inclusion of data should be clearly stated
* High-throughput sequence data should be uploaded before submission, with a private link for reviewers provided (these are available from both GEO and ArrayExpress)

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All information concerning number of experiments (i.e., replicates), and samples size is found in the figure legends for each experiment. For data quantification presented in this manuscript, biological replications were used which is indicated in the methods section. The major criterion to use data was whether the raw data was high enough resolution to measure a given output. No outliers were encountered.

**Statistical reporting**

* Statistical analysis methods should be described and justified
* Raw data should be presented in figures whenever informative to do so (typically when N per group is less than 10)
* For each experiment, you should identify the statistical tests used, exact values of N, definitions of center, methods of multiple test correction, and dispersion and precision measures (e.g., mean, median, SD, SEM, confidence intervals; and, for the major substantive results, a measure of effect size (e.g., Pearson's r, Cohen's d)
* Report exact p-values wherever possible alongside the summary statistics and 95% confidence intervals. These should be reported for all key questions and not only when the p-value is less than 0.05.

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All information regarding the number of experiments and sample size can be found in the figure legends of a given experiment. Error bars indicate SEM which is noted in figures. P-values are presented in figures above the corresponding graph. Methods to calculate significance are explained in the Methods section.

(For large datasets, or papers with a very large number of statistical tests, you may upload a single table file with tests, Ns, etc., with reference to sections in the manuscript.)

**Group allocation**

* Indicate how samples were allocated into experimental groups (in the case of clinical studies, please specify allocation to treatment method); if randomization was used, please also state if restricted randomization was applied
* Indicate if masking was used during group allocation, data collection and/or data analysis

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Samples were allocated into experimental group based on given perturbations, which is indicated in figures and figure legends. Masking was not used for a majority of experiments.

**Additional data files (“source data”)**

* We encourage you to upload relevant additional data files, such as numerical data that are represented as a graph in a figure, or as a summary table
* Where provided, these should be in the most useful format, and they can be uploaded as “Source data” files linked to a main figure or table
* Include model definition files including the full list of parameters used
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Please indicate the figures or tables for which source data files have been provided:

We will be more than happy to include all raw image data and quantification files during the review process and should the manuscript be accepted for publication.