***eLife’s* transparent reporting form**

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**Sample-size estimation**

* You should state whether an appropriate sample size was computed when the study was being designed
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* If no explicit power analysis was used, you should describe how you decided what sample (replicate) size (number) to use

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This is not relevant to cryo-EM studies.

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* You should report how often each experiment was performed
* You should include a definition of biological versus technical replication
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This is not relevant to cryo-EM studies. Electrophysiological studies (Figures 4 and 5) indicate the number of separate experiments performed.

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* Statistical analysis methods should be described and justified
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* Report exact p-values wherever possible alongside the summary statistics and 95% confidence intervals. These should be reported for all key questions and not only when the p-value is less than 0.05.

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Not relevant for cryo-EM studies. Defined in Figures 4 and 5 for the electrophysiological studies.

(For large datasets, or papers with a very large number of statistical tests, you may upload a single table file with tests, Ns, etc., with reference to sections in the manuscript.)

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* Indicate how samples were allocated into experimental groups (in the case of clinical studies, please specify allocation to treatment method); if randomization was used, please also state if restricted randomization was applied
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* Where provided, these should be in the most useful format, and they can be uploaded as “Source data” files linked to a main figure or table
* Include model definition files including the full list of parameters used
* Include code used for data analysis (e.g., R, MatLab)
* Avoid stating that data files are “available upon request”

Please indicate the figures or tables for which source data files have been provided:

PDB files and cryo-EM maps have been deposited in the PDB and EMDB.