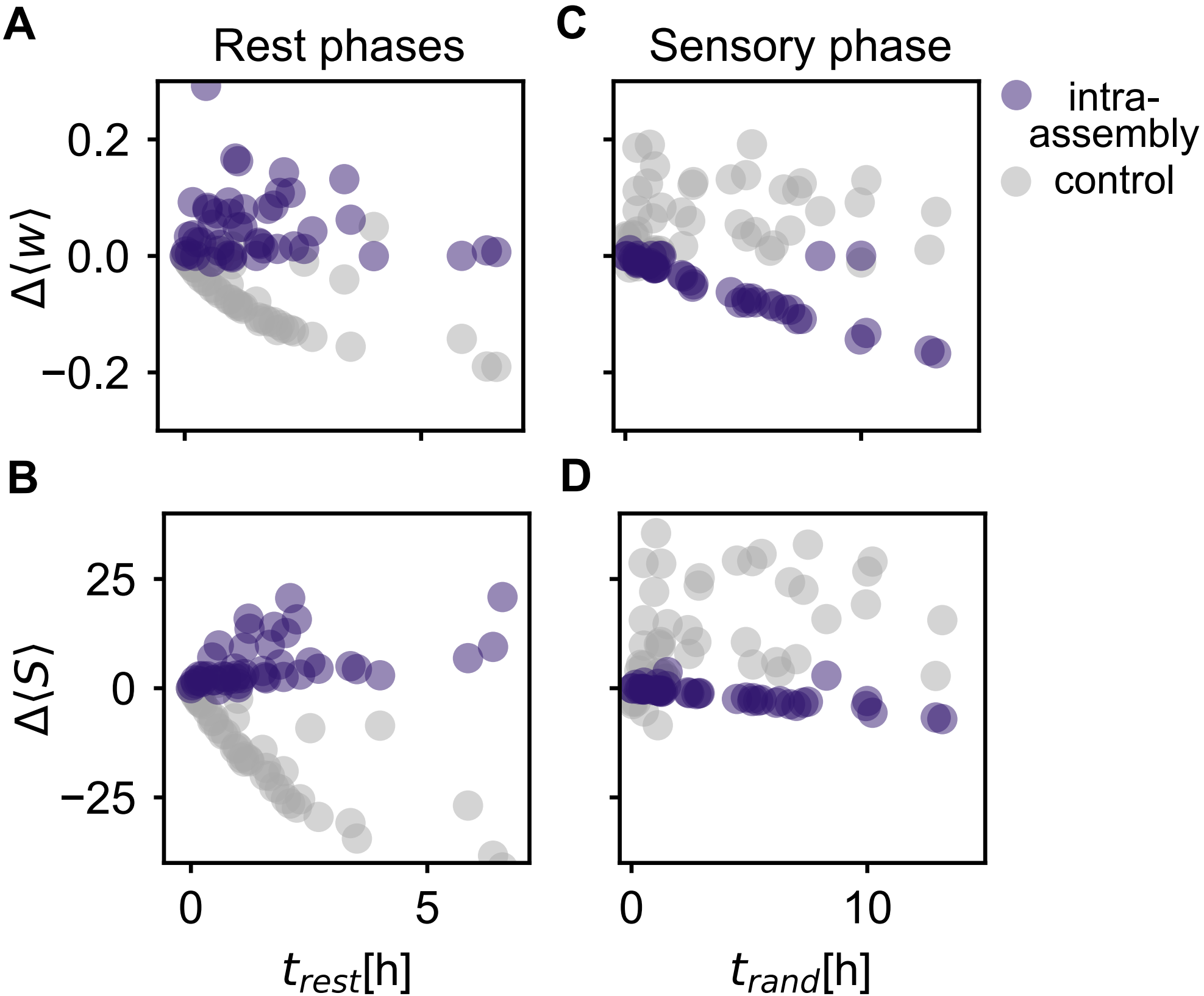
A
Rest phases
C
Sensory phase
intra-assembly
control
0.2
0.0
−0.2
Δ⟨w⟩
B
D
25
0
−25
Δ⟨S⟩
0
5
0
10
t_{rest}[h]
t_{rand}[h]