***eLife’s* transparent reporting form**

We encourage authors to provide detailed information *within their submission* to facilitate the interpretation and replication of experiments. Authors can upload supporting documentation to indicate the use of appropriate reporting guidelines for health-related research (see [EQUATOR Network](http://www.equator-network.org/%20" \t "_blank)), life science research (see the [BioSharing Information Resource](https://biosharing.org/" \t "_blank)), or the [ARRIVE guidelines](http://www.plosbiology.org/article/info:doi/10.1371/journal.pbio.1000412" \t "_blank) for reporting work involving animal research. Where applicable, authors should refer to any relevant reporting standards documents in this form.

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**Sample-size estimation**

* You should state whether an appropriate sample size was computed when the study was being designed
* You should state the statistical method of sample size computation and any required assumptions
* If no explicit power analysis was used, you should describe how you decided what sample (replicate) size (number) to use

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All experiments comparing means±SD were completed in triplicate (at least) with efforts made to keep sample size consistent among replicates. All information regarding sample size and number of replicates can be found in the figure legends.

**Replicates**

* You should report how often each experiment was performed
* You should include a definition of biological versus technical replication
* The data obtained should be provided and sufficient information should be provided to indicate the number of independent biological and/or technical replicates
* If you encountered any outliers, you should describe how these were handled
* Criteria for exclusion/inclusion of data should be clearly stated
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Biological replicates refer to distinct animals of the same genotype, almost always from different crosses established at different times. Number of replicates for applicable experiments is indicated in the figure legends. At least three biological replicates were included for relevant experiments and no data was excluded.

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* Statistical analysis methods should be described and justified
* Raw data should be presented in figures whenever informative to do so (typically when N per group is less than 10)
* For each experiment, you should identify the statistical tests used, exact values of N, definitions of center, methods of multiple test correction, and dispersion and precision measures (e.g., mean, median, SD, SEM, confidence intervals; and, for the major substantive results, a measure of effect size (e.g., Pearson's r, Cohen's d)
* Report exact p-values wherever possible alongside the summary statistics and 95% confidence intervals. These should be reported for all key questions and not only when the p-value is less than 0.05.

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N per experiment is listed in the figure legends. Descriptions of dispersion and precision measures along with statistical tests for significance can be found in each figure legend. Specific details of statistical analysis are included in the Methods section. Exact p-values are reported on the figure panels.

(For large datasets, or papers with a very large number of statistical tests, you may upload a single table file with tests, Ns, etc., with reference to sections in the manuscript.)

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* Indicate how samples were allocated into experimental groups (in the case of clinical studies, please specify allocation to treatment method); if randomization was used, please also state if restricted randomization was applied
* Indicate if masking was used during group allocation, data collection and/or data analysis

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* We encourage you to upload relevant additional data files, such as numerical data that are represented as a graph in a figure, or as a summary table
* Where provided, these should be in the most useful format, and they can be uploaded as “Source data” files linked to a main figure or table
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Please indicate the figures or tables for which source data files have been provided:

Figure 1H, Figure 1K, Figure 2E, Figure 2I, Figure 2J, Figure 2 – figure supplement 1G, Figure 2 – figure supplement 2C, Figure 4B, Figure 4C, Figure 4G, Figure 4J, Figure 4M, Figure 4 – figure supplement 2F, Figure 4 – figure supplement 2I, Figure 4 – figure supplement 2L, Figure 4 – figure supplement 2O, Figure 5A