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**Sample-size estimation**

* You should state whether an appropriate sample size was computed when the study was being designed
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* If no explicit power analysis was used, you should describe how you decided what sample (replicate) size (number) to use

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Not relevant to this submission, see replicates information below.

**Replicates**

* You should report how often each experiment was performed
* You should include a definition of biological versus technical replication
* The data obtained should be provided and sufficient information should be provided to indicate the number of independent biological and/or technical replicates
* If you encountered any outliers, you should describe how these were handled
* Criteria for exclusion/inclusion of data should be clearly stated
* High-throughput sequence data should be uploaded before submission, with a private link for reviewers provided (these are available from both GEO and ArrayExpress)

Please outline where this information can be found within the submission (e.g., sections or figure legends), or explain why this information doesn’t apply to your submission:

This information can be found in figure legends. Specifically, figure 1 (figure 1- figure supplement 3, 4), figure 2 (figure 2- figure supplement 1, 2), figure 3, figure 4 (figure 2 – figure supplement 1), figure 5, figure 6, figure 7.

**Statistical reporting**

* Statistical analysis methods should be described and justified
* Raw data should be presented in figures whenever informative to do so (typically when N per group is less than 10)
* For each experiment, you should identify the statistical tests used, exact values of N, definitions of center, methods of multiple test correction, and dispersion and precision measures (e.g., mean, median, SD, SEM, confidence intervals; and, for the major substantive results, a measure of effect size (e.g., Pearson's r, Cohen's d)
* Report exact p-values wherever possible alongside the summary statistics and 95% confidence intervals. These should be reported for all key questions and not only when the p-value is less than 0.05.

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This information (N, mean, SD/SEM, statistical analysis method, and p value) can be found in figure legends as well as in “Quantifications and Statistical Analysis” section. Specifically, figure 1 (figure 1- figure supplement 3, 4), figure 2 (figure 2- figure supplement 1, 2), figure 3, figure 4 (figure 4 – figure supplement 1), figure 5, figure 6 (figure 6 – figure supplement 1), figure 7.

(For large datasets, or papers with a very large number of statistical tests, you may upload a single table file with tests, Ns, etc., with reference to sections in the manuscript.)

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* Indicate how samples were allocated into experimental groups (in the case of clinical studies, please specify allocation to treatment method); if randomization was used, please also state if restricted randomization was applied
* Indicate if masking was used during group allocation, data collection and/or data analysis

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Not relevant to our study

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* We encourage you to upload relevant additional data files, such as numerical data that are represented as a graph in a figure, or as a summary table
* Where provided, these should be in the most useful format, and they can be uploaded as “Source data” files linked to a main figure or table
* Include model definition files including the full list of parameters used
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Please indicate the figures or tables for which source data files have been provided:

Table 2 lists the numerical data used for figure 1, and figure 2 (figure 2 –figure supplement 2). Table 3 lists information used to generate figure 2 – figure supplement 3.