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* Report exact p-values wherever possible alongside the summary statistics and 95% confidence intervals. These should be reported for all key questions and not only when the p-value is less than 0.05.

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We conducted a random-effects meta-analysis. Pooled estimates are reported as means or prevalences (%), along with 95% confidence intervals. Further details are presented in the *statistical analysis* sub-heading of the *methods* section.

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