***eLife’s* transparent reporting form**

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* You should state whether an appropriate sample size was computed when the study was being designed
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* You should report how often each experiment was performed
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(For large datasets, or papers with a very large number of statistical tests, you may upload a single table file with tests, Ns, etc., with reference to sections in the manuscript.)

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* Indicate how samples were allocated into experimental groups (in the case of clinical studies, please specify allocation to treatment method); if randomization was used, please also state if restricted randomization was applied
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* Where provided, these should be in the most useful format, and they can be uploaded as “Source data” files linked to a main figure or table
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Source data and MATLAB code are provided for all summary plots in Figures 1-11. Specifically, the following panels can be reproduced using the provided data and code: 1D,F; 2A; 3D,E; 4C,D,E; 5B; 6C,D; 7C,D,E; 8; 9B,C,D; 10C; 11B.