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- Statistical analysis methods should be described and justified
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- For each experiment, you should identify the statistical tests used, exact values of N, definitions of center, methods of multiple test correction, and dispersion and precision measures (e.g., mean, median, SD, SEM, confidence intervals; and, for the major substantive results, a measure of effect size (e.g., Pearson's r, Cohen's d)
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We described the statistics (e.g. median and 95% percentile of cell speed) of each raw dataset in corresponding figures, such as Fig. 3A, Fig. 6A, Fig. 7A, Fig. 8A, Figure 3—figure supplement 1A, figure supplement 2A and figure supplement 3A.

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- Indicate how samples were allocated into experimental groups (in the case of clinical studies, please specify allocation to treatment method); if randomization was used, please also state if restricted randomization was applied
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- Include model definition files including the full list of parameters used
- Include code used for data analysis (e.g., R, MatLab)
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Please indicate the figures or tables for which source data files have been provided:

The datasets worm #1, #2, and tumor spheroid generated in this study are available in a public database—SSBD, while other datasets worm #3, #4, and zebrafish are available in Toyoshima et al, 2016, Nguyen et al. 2017, and Voleti et al, 2019, respectively. The models files are also available in SSBD.

The code used in this study is available in a GitHub repository.

For details, please see the "Data availability statement" and "Code availability statement" in the section "Materials and methods".