***eLife’s* transparent reporting form**

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* You should state whether an appropriate sample size was computed when the study was being designed
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* If no explicit power analysis was used, you should describe how you decided what sample (replicate) size (number) to use

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* Statistical analysis methods should be described and justified
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* Indicate how samples were allocated into experimental groups (in the case of clinical studies, please specify allocation to treatment method); if randomization was used, please also state if restricted randomization was applied
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Information regarding recruitment of participants can be found in the Methods section of the main text. To ensure confidentiality, each participant was assigned a unique code throughout the research process that was separate from any identifying information.

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R code containing model formulae used for data analysis can be found in the Methods section of the main text. The data analysed in the study, as well as full scripts for data analysis and visualisation in R and computational modelling in Python, can be found on OSF (https://osf.io/n4cht/).