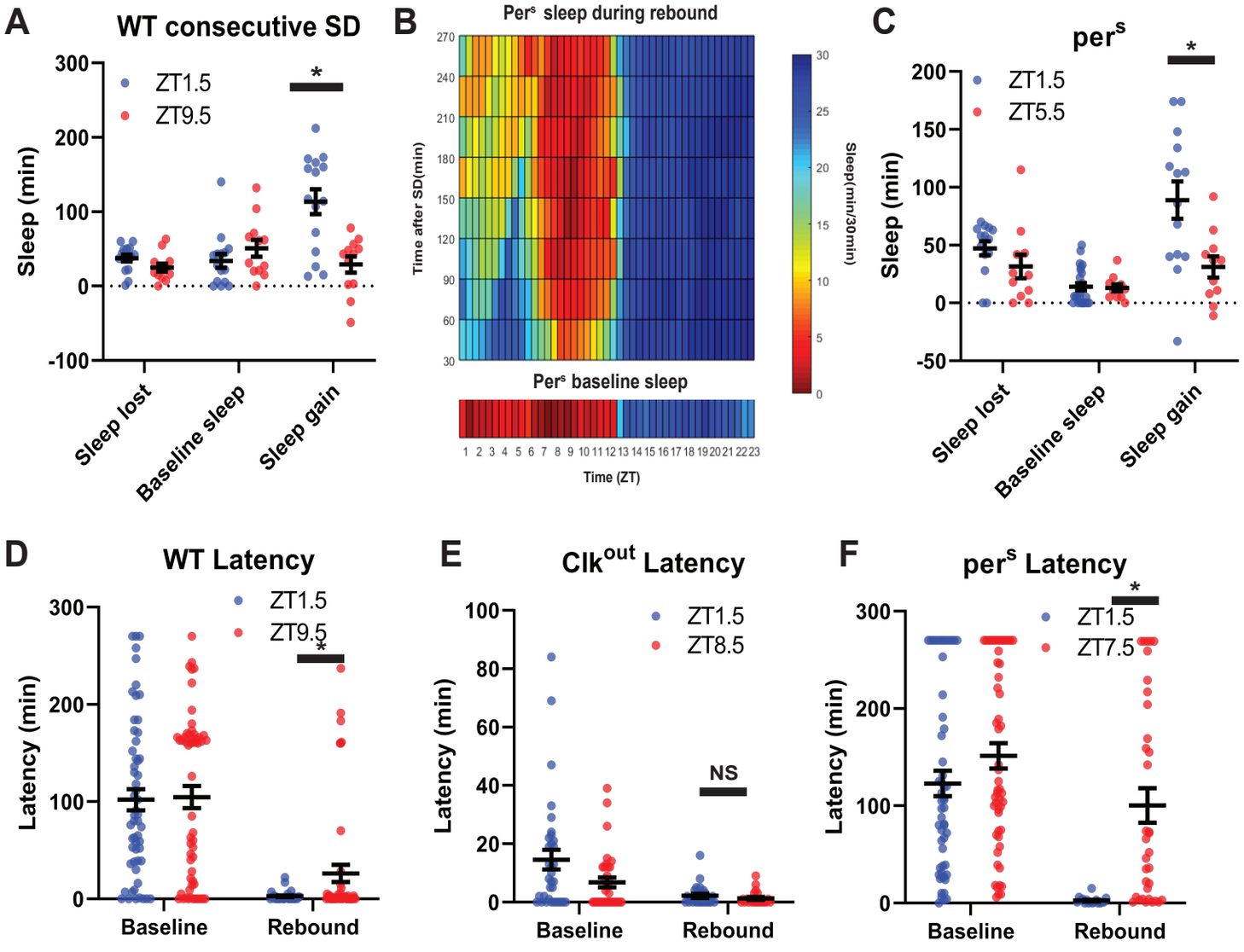
A
WT consecutive SD
ZT1.5
ZT9.5
Sleep (min)
Sleep lost
Baseline sleep
Sleep gain
B
Per^s sleep during rebound
Time after SD(min)
Per^s baseline sleep
Time (ZT)
Sleep(min/30min)
C
per^s
ZT1.5
ZT5.5
Sleep (min)
Sleep lost
Baseline sleep
Sleep gain
D
WT Latency
ZT1.5
ZT9.5
Latency (min)
Baseline
Rebound
E
Clk^{out} Latency
ZT1.5
ZT8.5
NS
Latency (min)
Baseline
Rebound
F
per^s Latency
ZT1.5
ZT7.5
Latency (min)
Baseline
Rebound