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* You should state whether an appropriate sample size was computed when the study was being designed
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* Statistical analysis methods should be described and justified
* Raw data should be presented in figures whenever informative to do so (typically when N per group is less than 10)
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* Report exact p-values wherever possible alongside the summary statistics and 95% confidence intervals. These should be reported for all key questions and not only when the p-value is less than 0.05.

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All statistics are presented in full as a supplementary table, and statistical comparison for main figures are presented in the text. All data are plotted as individual data points along with estimators of center and spread – described in the statistics section of the methods. All main figures have source data supplied.

(For large datasets, or papers with a very large number of statistical tests, you may upload a single table file with tests, Ns, etc., with reference to sections in the manuscript.)

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* Indicate how samples were allocated into experimental groups (in the case of clinical studies, please specify allocation to treatment method); if randomization was used, please also state if restricted randomization was applied
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* Where provided, these should be in the most useful format, and they can be uploaded as “Source data” files linked to a main figure or table
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