**Materials Design Analysis Reporting (MDAR)**

**Checklist for Authors**

The [MDAR framework](https://osf.io/xfpn4/) establishes a minimum set of requirements in transparent reporting mainly applicable to studies in the life sciences.

*eLife* asks authors to **provide detailed information within their article** to facilitate the interpretation and replication of their work. Authors can also upload supporting materials to comply with relevant reporting guidelines for health-related research (see [EQUATOR Network](http://www.equator-network.org/%20)), life science research (see the [BioSharing Information Resource](http://biosharing.org/)), or animal research (see the [ARRIVE Guidelines](http://www.plosbiology.org/article/info%3Adoi/10.1371/journal.pbio.1000412) and the [STRANGE Framework](https://doi.org/10.1038/d41586-020-01751-5); for details, see *eLife*’s [Journal Policies](https://reviewer.elifesciences.org/author-guide/journal-policies)). Where applicable, authors should refer to any relevant reporting standards materials in this form.

For all that apply, please note **where in the article** the information is provided. Please note that we also collect information about data availability and ethics in the submission form.

**Materials:**

|  |  |  |
| --- | --- | --- |
| **Newly created materials** | **Indicate where provided: section/figure legend** | **N/A** |
| The manuscript includes a dedicated "materials availability statement" providing transparent disclosure about availability of newly created materials including details on how materials can be accessed and describing any restrictions on access. | All data generated and analysed during this study are included in the manuscript and figure supplements. Source Data files have been provided for all figures. |  |
|  |  |  |
| **Antibodies** | **Indicate where provided: section/figure legend** | **N/A** |
| For commercial reagents, provide supplier name, catalogue number and [RRID](https://scicrunch.org/resources), if available. | Provided in the Key Resources Table. |  |
|  |  |  |
| **DNA and RNA sequences** | **Indicate where provided: section/figure legend** | **N/A** |
| Short novel DNA or RNA including primers, probes: Sequences should be included or deposited in a public repository. | Sequences of pRT-PCR primers and oligos used for the clonings are listed in Supplementary Table 1 |  |
|  |  |  |
| **Cell materials** | **Indicate where provided: section/figure legend** | **N/A** |
| Cell lines: Provide species information, strain. Provide accession number in repository OR supplier name, catalog number, clone number, OR RRID. | Provided in the Key Resources Table. |  |
| Primary cultures: Provide species, strain, sex of origin, genetic modification status.  |  | X |

|  |  |  |
| --- | --- | --- |
| **Experimental animals** | **Indicate where provided: section/figure legend** | **N/A** |
| Laboratory animals or Model organisms: Provide species, strain, sex, age, genetic modification status. Provide accession number in repository OR supplier name, catalog number, clone number, OR RRID. | Listed in the Key Resources Table. Furthermore, details are provided in the Materials and Methods as well as in the Figure legends. |  |
| Animal observed in or captured from the field: Provide species, sex, and age where possible. | Sex and age are specified in the figure legends.  |  |
|  |  |  |
| **Plants and microbes** | **Indicate where provided: section/figure legend** | **N/A** |
| Plants: provide species and strain, ecotype and cultivar where relevant, unique accession number if available, and source (including location for collected wild specimens). |  | X |
| Microbes: provide species and strain, unique accession number if available, and source. |  | X |
|  |  |  |
| **Human research participants** | **Indicate where provided: section/figure legend) or state if these demographics were not collected** | **N/A** |
| If collected and within the bounds of privacy constraints report on age, sex, gender and ethnicity for all study participants. | Age and gender of human study participants are provided in Figure 6–figure supplement 5.In the “Human tissue” subsection of the “Materials and Methods”, it is stated that all patients were Caucasian.  |  |

**Design:**

|  |  |  |
| --- | --- | --- |
| **Study protocol** | **Indicate where provided: section/figure legend** | **N/A** |
| If the study protocol has been pre-registered, provide DOI. For clinical trials, provide the trial registration number OR cite DOI. |  | X |
|  |  |  |
| **Laboratory protocol** | **Indicate where provided: section/figure legend** | **N/A** |
| Provide DOI OR other citation details if detailed step-by-step protocols are available. |  | X |

|  |  |  |
| --- | --- | --- |
|  |  |  |
| **Experimental study design (statistics details) \*** |
| **For in vivo studies: State whether and how the following have been done** | **Indicate where provided: section/figure legend. If it could have been done, but was not, write “not done”** | **N/A** |
| Sample size determination | Sample sizes with adequate power to detect statistical differences between groups were determined based on our previous experience and gold standards in the field. This statement can be found in the “Statistical analysis” subsection of the “Materials and Methods”. The number of replicates are listed in each figure legend.  |  |
| Randomisation | Animals were randomly assigned to different experimental groups before the start of experiments. This statement can be found in the “Animal experiments” subsection of the “Materials and Methods”.  |  |
| Blinding | The investigators were blinded to genotyping and treatment. This statement can be found in the “Animal experiments” subsection of the “Materials and Methods”. |  |
| Inclusion/exclusion criteria | The only exclusion criteria were technical failure or death/injury. This statement can be found in the “Statistical analysis” subsection of the “Materials and Methods”. |  |
|  |  |  |
| **Sample definition and in-laboratory replication** | **Indicate where provided: section/figure legend** | **N/A** |
| State number of times the experiment was replicated in the laboratory. | The number of replicates is stated in the figure legends. |  |
| Define whether data describe technical or biological replicates. | The number of biological (n) and technical replicates (when relevant) for each experiments are provided in the figure legends or “Materials and Methods”.  |  |

|  |  |  |
| --- | --- | --- |
| **Ethics** | **Indicate where provided: section/submission form** | **N/A** |
| Studies involving human participants: State details of authority granting ethics approval (IRB or equivalent committee(s), provide reference number for approval. | Human biopsies were provided by Leipzig Heart Center, Germany (protocol #240/16-ek) and Careggi University Hospital, Florence, Italy (protocol #2006/0024713; renewed May 2009) following approval by the institutional review boards. This is stated in the “Human tissue” subsection of the “Materials and Methods”. |  |
| Studies involving experimental animals: State details of authority granting ethics approval (IRB or equivalent committee(s), provide reference number for approval. | All animal experiments were approved by the Italian Ministry of Health (Approval 12/2011) and performed in full compliance with the rules and regulations of the European Union (Directive 2010/63/EU of the European Parliament) and Italy (Council of 22 September 2010; directive from the Italian Ministry of Health) on the protection of animals use for scientific purposes. This statement can be found in the “Animal experiments” subsection of the “Materials and Methods”. |  |
| Studies involving specimen and field samples: State if relevant permits obtained, provide details of authority approving study; if none were required, explain why. |  | X |
|  |  |  |
| **Dual Use Research of Concern (DURC)** | **Indicate where provided: section/submission form** | **N/A** |
| If study is subject to dual use research of concern regulations, state the authority granting approval and reference number for the regulatory approval. |  | X |

**Analysis:**

|  |  |  |
| --- | --- | --- |
| **Attrition** | **Indicate where provided: section/figure legend** | **N/A** |
| Describe whether exclusion criteria were pre-established. Report if sample or data points were omitted from analysis. If yes, report if this was due to attrition or intentional exclusion and provide justification. | Exclusion criteria were pre-established. The only exclusion criteria were technical failure or death/injury. For transaortic constriction, mice with a pressure gradient < 70 mmHg were excluded. |  |

|  |  |  |
| --- | --- | --- |
| **Statistics** | **Indicate where provided: section/figure legend** | **N/A** |
| Describe statistical tests used and justify choice of tests. | Statistical comparisons between two groups were done using the unpaired Student’s t-test. Comparisons between multiple groups were performed by one-way or two-way ANOVA with Šídák's or Tukey’s multiple comparisons test as recommended in GraphPad PRISM.The Shapiro-Wilk test was performed to confirm normal distribution in each group and in residuals from a linear regression model, Bartlett’s test to check for homogeneity of variance across groups, and Spearman’s rank correlation test to confirm heteroscedasticity of residuals. The residuals diagnostic was performed with the DHARMa package, version 0.4.1 in R (R Core Team, 2021; https://www.R-project.org/). When necessary, data were transformed to meet ANOVA assumptions.For the statistical analyses of echocardiographic parameters over time (repeated measures with some missing values), a linear mixed model with Tukey’s multiple comparisons test was used. The statistical analysis of data not showing equal standard deviation was performed by Brown-Forsythe and Welch’s ANOVA with Dunnett’s T3 multiple comparisons test (*n* < 50 per group; qRT-PCR data from human biopsies) or Games-Howell’s multiple comparisons test (*n* > 50 per group; ICD fold amplitude).The functional comparisons of sarcomere shortening and Ca2+ transients in CMCs were performed using two-level hierarchical testing with Bonferroni correction to eliminate the effects of variations both within cells and between mice (Sikkel et al., *Cardiovasc Res, 113*(14), 1743-1752. 2017).These statements can be found in the “Statistical analysis” subsection of the “Materials and Methods”. |  |

|  |  |  |
| --- | --- | --- |
|  |  |  |
| **Data availability** | **Indicate where provided: section/submission form** | **N/A** |
| For newly created and reused datasets, the manuscript includes a data availability statement that provides details for access (or notes restrictions on access). |  | X |
| When newly created datasets are publicly available, provide accession number in repository OR DOI and licensing details where available. |  | X |
| If reused data is publicly available provide accession number in repository OR DOI, OR URL, OR citation. |  | X |
|  |  |  |
| **Code availability** | **Indicate where provided: section/figure legend** | **N/A** |
| For any computer code/software/mathematical algorithms essential for replicating the main findings of the study, whether newly generated or re-used, the manuscript includes a data availability statement that provides details for access or notes restrictions. |  | X |
| Where newly generated code is publicly available, provide accession number in repository, OR DOI OR URL and licensing details where available. State any restrictions on code availability or accessibility. |  | X |
| If reused code is publicly available provide accession number in repository OR DOI OR URL, OR citation. |  | X |

**Reporting:**

The MDAR framework recommends adoption of discipline-specific guidelines, established and endorsed through community initiatives.

|  |  |  |
| --- | --- | --- |
| **Adherence to community standards** | **Indicate where provided: section/figure legend** | **N/A** |
| State if relevant guidelines (e.g., ICMJE, MIBBI, ARRIVE, STRANGE) have been followed, and whether a checklist (e.g., CONSORT, PRISMA, ARRIVE) is provided with the manuscript. | The ARRIVE guidelines have been followed. |  |

\* We provide the following guidance regarding transparent reporting and statistics; we also refer authors to [Ten common statistical mistakes to watch out for when writing or reviewing a manuscript](https://doi.org/10.7554/eLife.48175).

**Sample-size estimation**

* You should state whether an appropriate sample size was computed when the study was being designed
* You should state the statistical method of sample size computation and any required assumptions
* If no explicit power analysis was used, you should describe how you decided what sample (replicate) size (number) to use

**Replicates**

* You should report how often each experiment was performed
* You should include a definition of biological versus technical replication
* The data obtained should be provided and sufficient information should be provided to indicate the number of independent biological and/or technical replicates
* If you encountered any outliers, you should describe how these were handled
* Criteria for exclusion/inclusion of data should be clearly stated
* High-throughput sequence data should be uploaded before submission, with a private link for reviewers provided (these are available from both GEO and ArrayExpress)

**Statistical reporting**

* Statistical analysis methods should be described and justified
* Raw data should be presented in figures whenever informative to do so (typically when N per group is less than 10)
* For each experiment, you should identify the statistical tests used, exact values of N, definitions of center, methods of multiple test correction, and dispersion and precision measures (e.g., mean, median, SD, SEM, confidence intervals; and, for the major substantive results, a measure of effect size (e.g., Pearson's r, Cohen's d)
* Report exact p-values wherever possible alongside the summary statistics and 95% confidence intervals. These should be reported for all key questions and not only when the p-value is less than 0.05.

**Group allocation**

* Indicate how samples were allocated into experimental groups (in the case of clinical studies, please specify allocation to treatment method); if randomization was used, please also state if restricted randomization was applied
* Indicate if masking was used during group allocation, data collection and/or data analysis