

## Materials Design Analysis Reporting (MDAR) Checklist for Authors

The [MDAR framework](#) establishes a minimum set of requirements in transparent reporting mainly applicable to studies in the life sciences.

*eLife* asks authors to **provide detailed information within their article** to facilitate the interpretation and replication of their work. Authors can also upload supporting materials to comply with relevant reporting guidelines for health-related research (see [EQUATOR Network](#)), life science research (see the [BioSharing Information Resource](#)), or animal research (see the [ARRIVE Guidelines](#) and the [STRANGE Framework](#); for details, see *eLife's* [Journal Policies](#)). Where applicable, authors should refer to any relevant reporting standards materials in this form.

For all that apply, please note **where in the article** the information is provided. Please note that we also collect information about data availability and ethics in the submission form.

### Materials:

Newly created materials	Indicate where provided: section/figure legend	N/A
The manuscript includes a dedicated "materials availability statement" providing transparent disclosure about availability of newly created materials including details on how materials can be accessed and describing any restrictions on access.		X

Antibodies	Indicate where provided: section/figure legend	N/A
For commercial reagents, provide supplier name, catalogue number and <a href="#">RRID</a> , if available.	A supplement form called source of antibodies and primers including all information has been uploaded.  In the methods section after each antibody or primer, supplier name and address has been included.	

DNA and RNA sequences	Indicate where provided: section/figure legend	N/A

Short novel DNA or RNA including primers, probes: Sequences should be included or deposited in a public repository.	Please see supplement	
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<b>Cell materials</b>	<b>Indicate where provided: section/figure legend</b>	<b>N/A</b>
Cell lines: Provide species information, strain. Provide accession number in repository OR supplier name, catalog number, clone number, OR RRID.	Page 5, line 126	
Primary cultures: Provide species, strain, sex of origin, genetic modification status.	Page 5	

<b>Experimental animals</b>	<b>Indicate where provided: section/figure legend</b>	<b>N/A</b>
Laboratory animals or Model organisms: Provide species, strain, sex, age, genetic modification status. Provide accession number in repository OR supplier name, catalog number, clone number, OR RRID.	17-18-month-old male C57BL/6 mice Jackson Labs stock number 000664	
Animal observed in or captured from the field: Provide species, sex, and age where possible.		X

<b>Plants and microbes</b>	<b>Indicate where provided: section/figure legend</b>	<b>N/A</b>
Plants: provide species and strain, ecotype and cultivar where relevant, unique accession number if available, and source (including location for collected wild specimens).		X
Microbes: provide species and strain, unique accession number if available, and source.		X

<b>Human research participants</b>	<b>Indicate where provided: section/figure legend) or state if these demographics were not collected</b>	<b>N/A</b>

If collected and within the bounds of privacy constraints report on age, sex, gender and ethnicity for all study participants.	Male subjects Age shown on Table 1	
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**Design:**

<b>Study protocol</b>	<b>Indicate where provided: section/figure legend</b>	<b>N/A</b>
If the study protocol has been pre-registered, provide DOI. For clinical trials, provide the trial registration number OR cite DOI.		X

<b>Laboratory protocol</b>	<b>Indicate where provided: section/figure legend</b>	<b>N/A</b>
Provide DOI OR other citation details if detailed step-by-step protocols are available.	Methods section contains detailed protocols	

<b>Experimental study design (statistics details) *</b>		
<b>For in vivo studies: State whether and how the following have been done</b>	<b>Indicate where provided: section/figure legend. If it could have been done, but was not, write "not done"</b>	<b>N/A</b>
Sample size determination	Methods; page 11, line 263	
Randomization	Not done	
Blinding	The only person aware of groups was the research tech providing exosomes to animal tech. The same tech also performed western analysis. All others were blinded to treatment including the pathologist assessing fibrosis score of histology slides.	
Inclusion/exclusion criteria	We exclude mice that do not survive 17 days post-bleomycin administration.	

Sample definition and in-laboratory replication	Indicate where provided: section/figure legend	N/A
State number of times the experiment was replicated in the laboratory.	<i>Ex vivo</i> , legend figure 6 and legend figure 7. <i>In vivo</i> , legend figure 8	
Define whether data describe technical or biological replicates.	Technical and biological replicates are discussed in legends where applicable.	

Ethics	Indicate where provided: section/submission form	N/A
Studies involving human participants: State details of authority granting ethics approval (IRB or equivalent committee(s), provide reference number for approval.	Random urine samples were collected (between 10am-2pm) from either control individuals or individuals seen in the Interstitial Lung Disease (ILD) clinic at the University of Miami Hospital. Written informed consent was obtained from the participants with an approved Institutional Review Board protocol (IRB# 20060249) at the University of Miami Miller School of Medicine.	
Studies involving experimental animals: State details of authority granting ethics approval (IRB or equivalent committee(s), provide reference number for approval.	Institutional Animal Care and Use Committee at the Leonard M. Miller School of Medicine at the University of Miami (Miami, FL), a facility accredited by the American Association for the Accreditation of Laboratory Animal Care. (Animal protocol number 19-047)	
Studies involving specimen and field samples: State if relevant permits obtained, provide details of authority approving study; if none were required, explain why.		

Dual Use Research of Concern (DURC)	Indicate where provided: section/submission form	N/A

If study is subject to dual use research of concern regulations, state the authority granting approval and reference number for the regulatory approval.		X
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## Analysis:

Attrition	Indicate where provided: section/figure legend	N/A
Describe whether exclusion criteria were pre-established. Report if sample or data points were omitted from analysis. If yes, report if this was due to attrition or intentional exclusion and provide justification.	Aging mice receiving bleomycin have an attrition rate of approximately 10%. Mice that die before 17 days are not included in the final study analysis	

Statistics	Indicate where provided: section/figure legend	N/A
Describe statistical tests used and justify choice of tests.	Statistics section of methods, page 12.	

Data availability	Indicate where provided: section/submission form	N/A
For newly created and reused datasets, the manuscript includes a data availability statement that provides details for access (or notes restrictions on access).	The data is available in excel files labeled as figure 2, 6,7 and 8 and figure 8 supplement 1	
When newly created datasets are publicly available, provide accession number in repository OR DOI and licensing details where available.		X
If reused data is publicly available provide accession number in repository OR DOI, OR URL, OR citation.		X

Code availability	Indicate where provided: section/figure legend	N/A

For any computer code/software/mathematical algorithms essential for replicating the main findings of the study, whether newly generated or re-used, the manuscript includes a data availability statement that provides details for access or notes restrictions.		X
Where newly generated code is publicly available, provide accession number in repository, OR DOI OR URL and licensing details where available. State any restrictions on code availability or accessibility.		X
If reused code is publicly available provide accession number in repository OR DOI OR URL, OR citation.		X

## Reporting:

The MDAR framework recommends adoption of discipline-specific guidelines, established and endorsed through community initiatives.

Adherence to community standards	Indicate where provided: section/figure legend	N/A
State if relevant guidelines (e.g., ICMJE, MIBBI, ARRIVE, STRANGE) have been followed, and whether a checklist (e.g., A) is provided with the manuscript.	Arrive guidelines have been followed throughout the manuscript. Arrive checklist has been uploaded.	

\* We provide the following guidance regarding transparent reporting and statistics; we also refer authors to [Ten common statistical mistakes to watch out for when writing or reviewing a manuscript](#).

### Sample-size estimation

- You should state whether an appropriate sample size was computed when the study was being designed
- You should state the statistical method of sample size computation and any required assumptions
- If no explicit power analysis was used, you should describe how you decided what sample (replicate) size (number) to use

### Replicates

- You should report how often each experiment was performed
- You should include a definition of biological versus technical replication
- The data obtained should be provided and sufficient information should be provided to indicate the number of independent biological and/or technical replicates
- If you encountered any outliers, you should describe how these were handled
- Criteria for exclusion/inclusion of data should be clearly stated
- High-throughput sequence data should be uploaded before submission, with a private link for reviewers provided (these are available from both GEO and ArrayExpress)

### Statistical reporting

- Statistical analysis methods should be described and justified
- Raw data should be presented in figures whenever informative to do so (typically when N per group is less than 10)
- For each experiment, you should identify the statistical tests used, exact values of N, definitions of center, methods of multiple test correction, and dispersion and precision measures (e.g., mean, median, SD, SEM, confidence intervals; and, for the major substantive results, a measure of effect size (e.g., Pearson's r, Cohen's d)
- Report exact p-values wherever possible alongside the summary statistics and 95% confidence intervals. These should be reported for all key questions and not only when the p-value is less than 0.05.

#### **Group allocation**

- Indicate how samples were allocated into experimental groups (in the case of clinical studies, please specify allocation to treatment method); if randomization was used, please also state if restricted randomization was applied
- Indicate if masking was used during group allocation, data collection and/or data analysis