	Item No	Recommendation	Page No
Title and abstract	1	(<i>a</i>) Indicate the study's design with a commonly used term in the title or the abstract	1
		(<i>b</i>) Provide in the abstract an informative and balanced summary of what was done and what was found	1
Introduction			1
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	1-3
Objectives	3	State specific objectives, including any prespecified hypotheses	5-6
Methods			
Study design	4	Present key elements of study design early in the paper	17- 19
Setting	5	Describe the setting, locations, and relevant dates, including periods of	17-
	-	recruitment, exposure, follow-up, and data collection	19
Participants	6	(a) Cohort study—Give the eligibility criteria, and the sources and	17-
I I I I I		methods of selection of participants. Describe methods of follow-up	19
		<i>Case-control study</i> —Give the eligibility criteria, and the sources and	-
		methods of case ascertainment and control selection. Give the rationale	
		for the choice of cases and controls	
		<i>Cross-sectional study</i> —Give the eligibility criteria, and the sources and	
		methods of selection of participants	
			17-
		(<i>b</i>) <i>Cohort study</i> —For matched studies, give matching criteria and	
		number of exposed and unexposed	19
		<i>Case-control study</i> —For matched studies, give matching criteria and the	
		number of controls per case	
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders,	17-
		and effect modifiers. Give diagnostic criteria, if applicable	19
Data sources/	8*	For each variable of interest, give sources of data and details of methods	17-
measurement		of assessment (measurement). Describe comparability of assessment	19
		methods if there is more than one group	
Bias	9	Describe any efforts to address potential sources of bias	17-
			19
Study size	10	Explain how the study size was arrived at	17-
			19
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If	17-
		applicable, describe which groupings were chosen and why	19
Statistical methods	12	(a) Describe all statistical methods, including those used to control for	17-
		confounding	19
		(b) Describe any methods used to examine subgroups and interactions	17-
			19
		(c) Explain how missing data were addressed	17-
			19
		(d) Cohort study—If applicable, explain how loss to follow-up was	17-
		(, constrainty) in approache, explain non tops to tonon up this	1.1

Case-control study—If applicable, explain how matching of cases and		
controls was addressed		
Cross-sectional study-If applicable, describe analytical methods taking		
account of sampling strategy		
(<u>e</u>) Describe any sensitivity analyses		
	19	

Continued on next page

Results			
Participants 13		* (a) Report numbers of individuals at each stage of study—eg numbers potentially	
		eligible, examined for eligibility, confirmed eligible, included in the study,	19
		completing follow-up, and analysed	
		(b) Give reasons for non-participation at each stage	17-
			19
		(c) Consider use of a flow diagram	Fig.
			S5
Descriptive	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and	Table
data		information on exposures and potential confounders	S1-
			S6
		(b) Indicate number of participants with missing data for each variable of interest	Fig.
			S5
		(c) Cohort study—Summarise follow-up time (eg, average and total amount)	17-
			19
Outcome data	15*	Cohort study-Report numbers of outcome events or summary measures over time	Table
			S1-
			S6
		Case-control study-Report numbers in each exposure category, or summary	Table
		measures of exposure	S1-
			S6
		Cross-sectional study-Report numbers of outcome events or summary measures	Table
			S1-
			S6
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and	Table
		their precision (eg, 95% confidence interval). Make clear which confounders were	S1-
		adjusted for and why they were included	S6
		(b) Report category boundaries when continuous variables were categorized	Table
			S1-
			S6
		(c) If relevant, consider translating estimates of relative risk into absolute risk for a	N/A
		meaningful time period	
Other analyses	17	Report other analyses done-eg analyses of subgroups and interactions, and	Table
		sensitivity analyses	S1-
			S6
Discussion			T
Key results	18	Summarise key results with reference to study objectives	5-6,9
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or	9-10
		imprecision. Discuss both direction and magnitude of any potential bias	
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations,	9-10
		multiplicity of analyses, results from similar studies, and other relevant evidence	
Generalisability	21	Discuss the generalisability (external validity) of the study results	9-10
Other informati	on		
Funding	22	Give the source of funding and the role of the funders for the present study and, if	10

*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at www.strobe-statement.org.