

Predicting the sequence-dependent backbone dynamics of intrinsically disordered proteins

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In this **useful** study, a **solid** machine learning approach based on a broad set of systems to predict the R2 relaxation rates of residues in intrinsically disordered proteins (IDPs) is described. The ability to predict the patterns of R2 will be helpful to guide experimental studies of IDPs. A potential weakness is that the predicted R2 values may include both fast and slow motions, thus the predictions provide only limited new physical insights into the nature of the underlying protein dynamics, such as the most relevant timescale.

Abstract How the sequences of intrinsically disordered proteins (IDPs) code for functions is still an enigma. Dynamics, in particular residue-specific dynamics, holds crucial clues. Enormous efforts have been spent to characterize residue-specific dynamics of IDPs, mainly through NMR spin relaxation experiments. Here, we present a sequence-based method, SeqDYN, for predicting residue-specific backbone dynamics of IDPs. SeqDYN employs a mathematical model with 21 parameters: one is a correlation length and 20 are the contributions of the amino acids to slow dynamics. Training on a set of 45 IDPs reveals aromatic, Arg, and long-branched aliphatic amino acids as the most active in slow dynamics whereas Gly and short polar amino acids as the least active. SeqDYN predictions not only provide an accurate and insightful characterization of sequence-dependent IDP dynamics but may also serve as indicators in a host of biophysical processes, including the propensities of IDP sequences to undergo phase separation.

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Introduction

Intrinsically disordered proteins (IDPs) or regions (IDRs) do not have the luxury of a three-dimensional structure to help decipher the relationship between sequence and function. Instead, dynamics has emerged as a crucial link between sequence and function for IDPs (*Dey et al., 2022*). Nuclear magnetic resonance (NMR) spin relaxation is a uniquely powerful technique for characterizing IDP dynamics, capable of yielding residue-specific information (*Camacho-Zarco et al., 2022*). Backbone ¹⁵N relaxation experiments typically yield three parameters per residue: transverse relaxation rate (R_2), longitudinal relaxation rate (R_1), and steady-state heteronuclear Overhauser enhancement (NOE). While all three parameters depend on ps-ns dynamics, R_2 is the one most affected by slower dynamics (10 s of ns to 1 μ s). An increase in either the timescale or the amplitude of slower dynamics results in higher R_2 . For IDPs, R_2 is also the parameter that exhibits the strongest dependence on sequence (*Dey et al., 2022*; *Camacho-Zarco et al., 2022*).

R_2 was noted early on as an important indicator of residual structure in the unfolded state of the structured protein lysozyme (*Klein-Seetharaman et al., 2002*). This property has since been measured

for many IDPs to provide insight into various biophysical processes. Just as the residual structure in the unfolded state biases the folding pathway of lysozyme (Klein-Seetharaman et al., 2002), a nascent α -helix in the free state of Sendai virus nucleoprotein C-terminal domain (Sev-NT), as indicated by highly elevated R_2 (Abyzov et al., 2016), biases the coupled binding and folding pathway in the presence of its target phosphoprotein (Schneider et al., 2015). Local secondary structure preformation also facilitates the binding of yes-associated protein (YAP) with its target transcription factor (Feichtinger et al., 2022). Likewise a correlation has been found between R_2 in the free state and the membrane binding propensity of synaptobrevin-2: residues with elevated R_2 have increased propensity for membrane binding (Lakomek et al., 2019). R_2 in the free state has also been used to uncover factors that promote liquid-liquid phase separation of IDPs. For example, a nascent α -helix (shown by elevated R_2) is important for the phase separation of the TDP-43 low-complexity domain, as both the deletion of the helical region and a helix-breaking mutation (Ala to Pro) abrogates phase separation (Conicella et al., 2016). Similarly, nascent α -helices in the free state of cytosolic abundant heat-soluble 8 (CAHS-8), upon raising concentration and lowering temperature stabilize to form the core of fibrous gels (Malki et al., 2022). For the hnRNPA1 low-complexity domain (A1-LCD), aromatic residues giving rise to local peaks in R_2 also mediate phase separation (Martin et al., 2020).

Both NMR relaxation data and molecular dynamics (MD) simulations have revealed determinants of R_2 for IDPs. It has been noted that the flexible Gly tends to lower R_2 , whereas secondary structure and contact formation tend to raise R_2 (Cook et al., 2019). This conclusion agrees well with recent MD simulations (Dey et al., 2022; Hicks et al., 2020; Yu and Brüschweiler, 2022; Smrt et al., 2023). These MD studies, using IDP-specific force fields, are able to predict R_2 in quantitative agreement with NMR measurements, without ad hoc reweighting as done in earlier studies. According to MD, most contact clusters are formed by local sequences, within blocks of up to a dozen or so residues (Dey et al., 2022; Hicks et al., 2020; Smrt et al., 2023). Tertiary contacts can also form but are relatively rare; as such their accurate capture requires extremely extensive sampling and still poses a challenge for MD simulations. Contrary to Gly, aromatic residues have been noted as mediators of contact clusters (Klein-Seetharaman et al., 2002; Martin et al., 2020).

Schwalbe et al., 1997 introduced a mathematical model to describe the R_2 profile along the sequence for lysozyme in the unfolded state. The R_2 value of a given residue was expressed as the sum of contributions from this residue and its neighbors. This model yields a mostly flat profile across the sequence, except for a falloff at the termini, resulting in an overall bell shape. Klein-Seetharaman et al., 2002 then fit peaks above this flat profile as a sum of Gaussians. Cho et al., 2007 proposed bulkiness as a qualitative indicator of backbone dynamics. Recently Sekiyama et al., 2022 calculated R_2 as the geometric mean of 'indices of local dynamics'; the latter were parameterized by fitting to the measured R_2 for a single IDP. All these models merely describe the R_2 profile of a given IDP, and none of them is predictive.

Here, we present a method, SeqDYN, for predicting R_2 of IDPs. Using a mathematical model introduced by Li et al., 2020 to predict propensities for binding nanoparticles and also adapted for predicting propensities for binding membranes (Qin et al., 2022), we express the R_2 value of a residue as the product of contributing factors from all residues. The contributing factor attenuates as the neighboring residue becomes more distant from the central residue. The model, after training on a set of 45 IDPs, has prediction accuracy that is competitive against that of the recent MD simulations using IDP-specific force fields (Dey et al., 2022; Hicks et al., 2020; Yu and Brüschweiler, 2022; Smrt et al., 2023). For lysozyme and other structured proteins, the SeqDYN prediction agrees remarkably well with R_2 measured in their unfolded state.

Results

The data set of IDPs with R_2 rates

We collected R_2 data for a total of 54 nonhomologous IDPs or IDRs (Table 1; Figure 1). According to indicators from NMR properties, including low or negative NOEs, narrow dispersion in backbone amide proton chemical shifts, and small secondary chemical shifts (SCSs), most of the proteins are disordered with at most transient α -helices. A few are partially folded, including Sev-NT with a well-populated (~80%) long helix (residues 478–491; Jensen et al., 2008), CREB-binding protein fourth intrinsically disordered linker (CBP-ID4) with >50% propensities for two long helices (residues 2–25

Table 1. Experimental conditions, mean and standard deviation of measured R_2 , and SeqDYN prediction RMSE.

Protein name	# of res	Temp (K)	B ₀ (MHz)	$\bar{R}_2$ (s ⁻¹)	σ_{R_2} (s ⁻¹)	RMSE (s ⁻¹)	PMID; ref
Training set (45 IDPs) *							
A1-LCD	131	298	800	2.68	0.46	0.60	32029630 ; Martin et al., 2020
Aβ40	40	278	600	3.40	0.92	0.38	31181936 ; Rezaei-Ghaleh et al., 2019
Ash1	83	278	800	9.80	1.40	1.41	27807972 ; Martin et al., 2016
Beclin1	165	288	800	5.37	1.03	1.14	27288992 ; Yao et al., 2016
CAPRIN1	103	303	600	5.34	0.88	0.72	31898464 ; Wong et al., 2020
CBP-ID4	207	283	700	5.45	2.55	2.01;1.90 [†]	29790640 ; Murali et al., 2018
GbnD4-DHD	91	280	700	6.81	1.55	1.28	29309054 ; Jenner et al., 2018
ERD14	185	288	600	3.96	0.87	0.54	21336827 ; Szalaié Ágoston et al., 2011
ExsE	88	298	600	3.18	0.88	0.76	22138394 ; Zheng et al., 2012
FCP1	85	298	500	2.94	0.54	0.43	26286791 ; Lawrence and Showalter, 2012
FUS	163	298	850	3.48	0.51	0.54	26455390 ; Burke et al., 2015
GAb1	82	298	500	3.99	0.88	0.89	34929201 ; Gruber et al., 2022
hACTR	69	304	600	3.26	0.47	0.49	18177052 ; Ebert et al., 2008
Hahellin	92	298	800	9.94	2.69	2.85	24671380 ; Patel et al., 2014
hCSD1	141	298	500	3.56	0.93	0.99	18537264 ; Kiss et al., 2008
HOX-DFD	90	298	600	6.98	3.15	1.99	30802457 ; Maiti et al., 2019
hZIP4-ICL2	100	283	800	9.54	2.37	1.58	30793391 ; Bafaro et al., 2019
Jaburetox	94	298	800	6.01	2.30	2.27	25605001 ; Lopes et al., 2015
KRS-NT	72	303	600	3.26	0.93	0.83	24983501 ; Cho et al., 2014
MBP-α2	70	295	600	3.83	0.60	0.54	25343306 ; De Avila et al., 2014
MKK4	86	278	850	4.49	1.42	0.63	29276882 ; Delaforge et al., 2018
N-Cby	63	298		4.19	1.20	1.25	21182262 ; Mokhtarzada et al., 2011
Niv-P _{NTD}	406	288	700	5.41	1.82	1.66	33177626 ; Schiavina et al., 2020
NS5A-D2D3	268	278	800	8.62	3.85	2.14	26445449 ; Sólyom et al., 2015
NUPR1	93	298	600	2.98	0.82	0.76	31325636 ; Neira et al., 2019
OPN	220	310	800	2.59	0.82	0.54	31794728 ; Mateos et al., 2020
p53TAD	73	298	850	2.72	0.66	0.33	30240067 ; Xie et al., 2018
PDEy	87	298		3.96	1.05	0.71	18230733 ; Song et al., 2008
PKIα	75	300	900	3.41	0.87	0.52	32338601 ; Olivieri et al., 2020
Mev-P _{NTD}	304	298	950	2.92	0.59	0.48	30140745 ; Milles et al., 2018
ProTα	113	283	800	3.40	0.56	0.43	29466338 ; Borgia et al., 2018
Pup	64	298	850	2.66	0.51	0.43	30240067 ; Xie et al., 2018
rmBG21	199	300	600	4.06	0.90	0.63	17676872 ; Ahmed et al., 2007
RPB1	201	277	850	6.48	1.74	1.33	28945358 ; Janke et al., 2018
securin	202	283	500	5.49	1.13	1.08	19053469 ; Csizmok et al., 2008
Sev-NT	124	298	600	3.20	1.42	0.76;0.38 [†]	27112095 ; Abyzov et al., 2016
Sic1	92	278	500	3.34	0.59	0.48	20399186 ; Mittag et al., 2010

Table 1 continued on next page

Table 1 continued

Protein name	# of res	Temp (K)	B ₀ (MHz)	$\bar{R}_2$ (s ⁻¹)	σ_{R_2} (s ⁻¹)	RMSE (s ⁻¹)	PMID; ref
SKIPN	71	298		5.64	1.05	1.46	20007319 ; Wang et al., 2010
SLBP-NT	113	298	600	3.96	1.40	1.61	15260482 ; Thapar et al., 2004
α-synuclein	140	298	600	2.96	0.53	0.44	30184304 ; Rezaei-Ghaleh et al., 2018
SOCS5-JIR	70	303	800	4.32	2.36	1.91	26173083 ; Chandrashekar et al., 2015
tau K18	129	283	700	4.12	0.95	0.83	23740819 ; Barré and Eliezer, 2013
TC1	106	298	600	4.65	1.61	1.24	23189168 ; Cino et al., 2012
TDP-43	151	283	500	4.07	1.51	0.96	27545621 ; Conicella et al., 2016
γ-tubulin-CT	39	288	500	2.23	0.35	0.27	29127738 ; Harris et al., 2018
Test set (9 IDPs)							
AMOTL1	207	283	800	8.45	2.55	2.04	35481651 ; Vogel et al., 2022
CAHS-8	233	303	850	4.43	3.25	2.36;1.92 [†]	34750927 ; Malki et al., 2022
ChiZ	64	298	800	4.33	0.89	0.74	32585849 ; Hicks et al., 2020
α-endosulfine	121	298	800	3.21	0.81	0.48	34346186 ; Thapa et al., 2022
FtsQ	99	305	800	6.44	3.78	2.32;1.71 [†]	36959324 ; Smrt et al., 2023
Pdx1	83	298	500	2.98	0.70	0.76	30525611 ; Cook et al., 2019
synaptobrevin-2	96	278	600	5.54	1.80	0.72	30975750 ; Lakomek et al., 2019
TIA-1	91	310	800	4.01	0.89	0.55	36112647 ; Sekiyama et al., 2022
YAP	122	298	800	3.19	1.44	1.23	35378854 ; Feichtinger et al., 2022

^{*}For training set, RMSE is calculated for prediction based on leave-one-out training (using 44 IDPs).

[†]First number is for SeqDYN prediction; second number is after applying a helix boost.

and 101–128; *Piai et al., 2016*), HOX transcription factor DFD (HOX-DFD) with a well-folded domain comprising three helices (*Maiti et al., 2019*), and Hahellin (apo form) as a molten globule (*Patel et al., 2014*). In **Figure 2**, we display representative conformations of five IDPs, ranging from fully disordered MAPK kinase 4 (MKK4; *Delaforge et al., 2018*) and α-synuclein (*Sung and Eliezer, 2007*) to Measles virus phosphoprotein N-terminal domain (Mev-P_{NTD}; *Milles et al., 2018*) with transient short helices to Sev-NT and CBP-ID4 with stable long helices. The sequences of all the IDPs are listed in Appendix 1.

We used 45 of the 54 IDPs to train and validate SeqDYN and reserved the remaining 9 for testing. The sequence lengths of the training set range from 39 to 406 residues, with an average of 125.3 residues. Altogether R_2 data are available for 3966 residues. A large majority (35 out of 45) of the 45 IDPs have mean R_2 values ($\bar{R}_2$, calculated among all the residues in a protein) between 2.5 and 5.5 s⁻¹ (**Table 1** and **Figure 3A**). This $\bar{R}_2$ range is much lower than that of structured proteins with similar sequence lengths. The low $\bar{R}_2$ values and lack of dependence on sequence length (**Figure 3—figure supplement 1A**) suggest that R_2 of the IDPs is mostly dictated by local sequence instead of tertiary interaction.

The most often used temperature for acquiring the R_2 data was 298 K, but low temperatures (277–280 K) were used in a few cases (**Table 1** and **Figure 3—figure supplement 1B**). Of the seven IDPs with $\bar{R}_2 > 6.4$ s⁻¹, four can be attributed to low temperatures (*Sólyom et al., 2015*; *Martin et al., 2016*; *Janke et al., 2018*; *Jenner et al., 2018*), one is due to a relatively low temperature (283 K) as well as the presence of glycerol (20% v/v; *Bafaro et al., 2019*), and two can be explained by tertiary structure formation [a folded domain (*Maiti et al., 2019*) or molten globule (*Patel et al., 2014*)]. A simple reason for higher R_2 values at lower temperatures is the higher water viscosity, resulting in a slowdown in molecular tumbling; a similar effect is achieved by adding glycerol. In some cases, R_2 was measured at both low and room temperatures (*Abyzov et al., 2016*; *Martin et al., 2020*). To a good approximation, the effect of lowering temperature is a uniform scaling of R_2 across the IDP

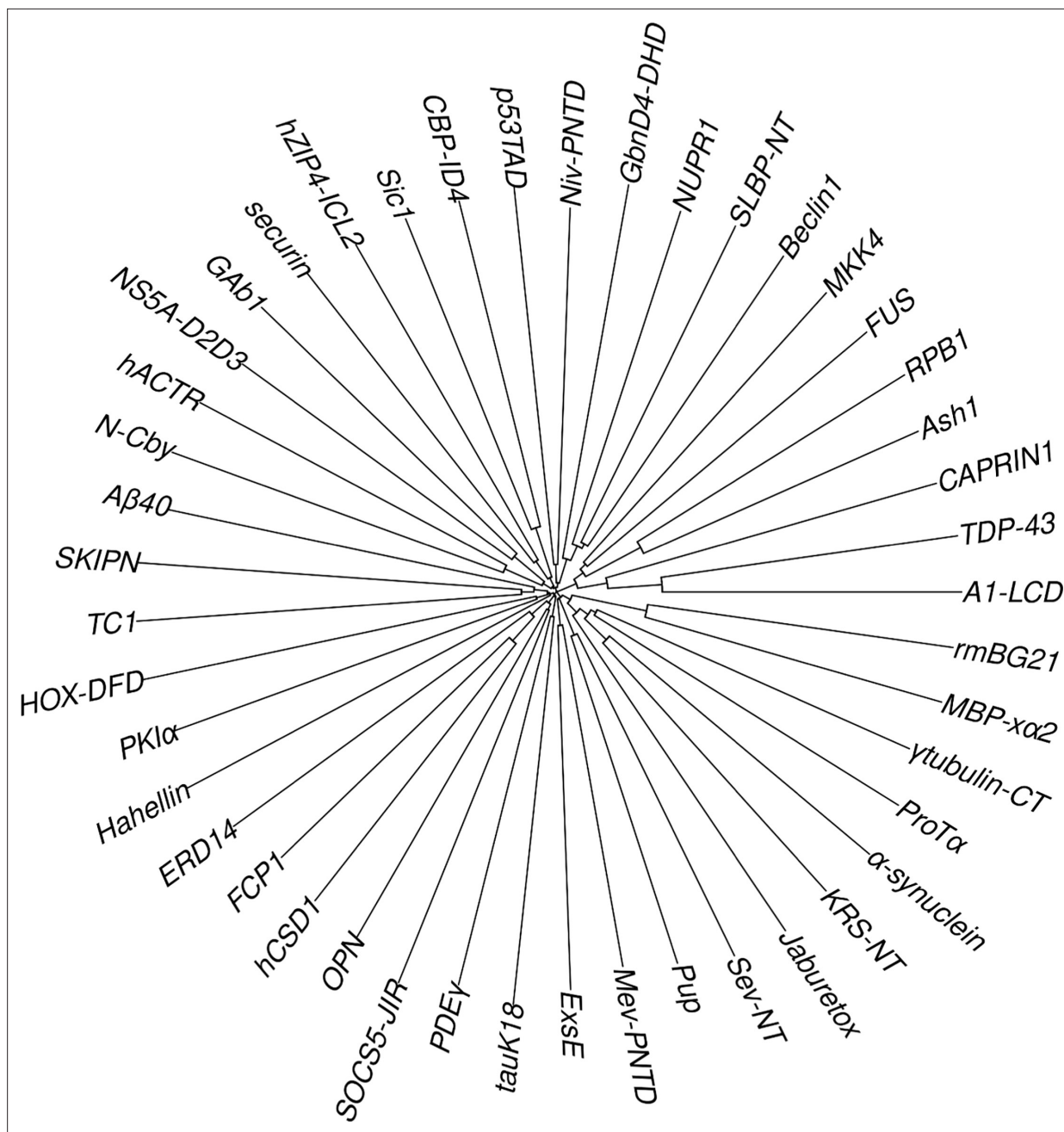


Figure 1. Clock-like tree plot showing lack of homology among the 45 IDPs. The level of homology between two sequences is measured by the distance from their convergence point to the center of the clock. The highest level of apparent identity is between A1-LCD and TDP-43, at 25%, but these two proteins differ in both secondary structure formation and R_2 characteristics. There is, however, a 20-residue overlap between the N-terminus of MBP- $\alpha 2$ and the C-terminus of rmBG21.

sequence. For Sev-NT, downscaling of the R_2 values at 278 K by a factor of 2.0 brings them into close agreement with those at 298 K (**Figure 3—figure supplement 1C**), with a root-mean-square-deviation (RMSD) of 0.5 s^{-1} among all the residues. Likewise, for A1-LCD, downscaling by a factor of 2.4 brings the R_2 values at 288 K into good match with those at 298 K (**Figure 3—figure supplement 1D**), with an RMSD of 0.4 s^{-1} . Because SeqDYN is concerned with the sequence dependence of R_2 , a uniform scaling has no effect on model parameter or prediction; therefore mixing the data from different temperatures is justified. The same can be said about the different magnetic fields in acquiring the R_2 data (**Table 1** and **Figure 3—figure supplement 1E**). Increasing the magnetic field raises R_2 values,

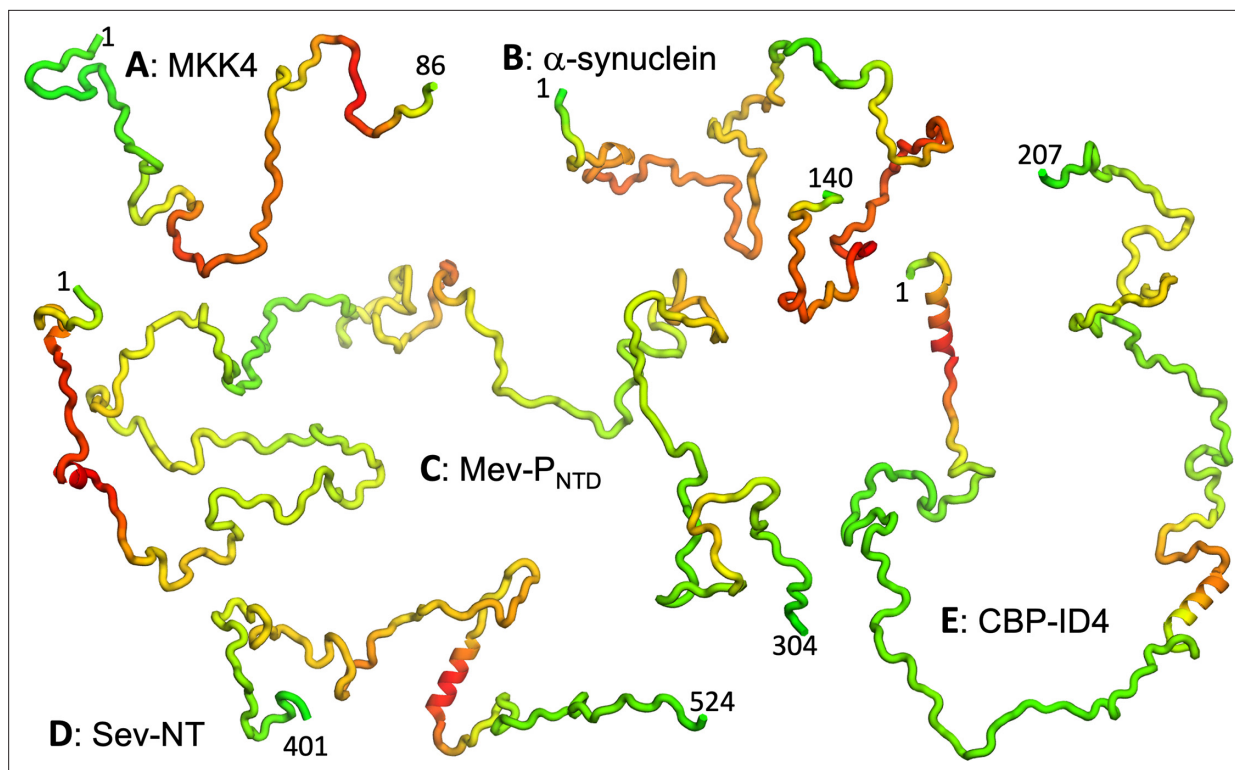


Figure 2. Representative conformations of five IDPs. (A–E) MKK4, α -synuclein, Mev-P_{NTD}, Sev-NT, and CBP-ID4. Conformations were initially generated using TraDES (<http://trades.blueprint.org>; Feldman and Hogue, 2002), selected to have radius of gyration close to predicted by a scaling function $R_g = 2.54N^{0.522}$ (Å) (Bernadó and Blackledge, 2009). Conformations for residues predicted as helical by PsiPred plus filtering were replaced by an ideal helix. Finally residues are colored according to a scheme ranging from green for low predicted R_2 to red for high predicted R_2 .

and the effect is also approximated well by a uniform scaling (Abyzov et al., 2016; Conicella et al., 2016; Janke et al., 2018).

One measure on the level of sequence dependence of R_2 is the standard deviation, σ_{R_2} , calculated among the residues of an IDP. Among the training set, the R_2 values of 30 IDPs have moderate sequence variations, with σ_{R_2} ranging from 0.5 to 1.5 s⁻¹ (Table 1); the histogram of σ_{R_2} calculated for the entire training set peaks around 0.75 s⁻¹ (Figure 3A). There is a moderate correlation between σ_{R_2} and $\bar{R}_2$ (Figure 3A, inset), reflecting in part the fact that σ_{R_2} can be raised simply by a uniform upscaling, for example as a result of lowering temperature. Still, only two of the five IDPs with high $\bar{R}_2$ attributable to lower temperature or presence of glycerol are among the seven IDPs with high sequence variations ($\sigma_{R_2} > 2$ s⁻¹). Therefore, the sequence variation of R_2 as captured by σ_{R_2} manifests mostly the intrinsic effect of the IDP sequence, not the influence of external factors such as temperature or magnetic field strength. The mean σ_{R_2} value among the training set is 1.24 s⁻¹.

One way to eliminate the influence of external factors is to scale the R_2 values of each IDP by its $\bar{R}_2$; we refer to the results as scaled R_2 , or sR_2 . We then pooled the sR_2 values for all residues in the training set, and separated them according to amino-acid types. The amino acid type-specific mean sR_2 values, or msR_2 , are displayed in Figure 3B. The seven amino acids with the highest msR_2 in descending order are Trp, Arg, Tyr, Phe, Ile, His, and Leu. The presence of all the four aromatic amino acids in this “high-end” group immediately suggests π - π stacking as important for raising msR_2 ; the presence of Arg further implicates cation- π interactions. In the other extreme, the seven amino acids with the lowest msR_2 in ascending order are Gly, Cys, Val, Asp, Ser, Thr, and Asn. Gly is well-known as a flexible residue; it is also interesting that all the four amino acids with short polar sidechains are found in this “low-end” group. Pro has an excessively low msR_2 [with data from only two IDPs (Murrall et al., 2018; Wong et al., 2020)], but that is due to the absence of an amide proton.

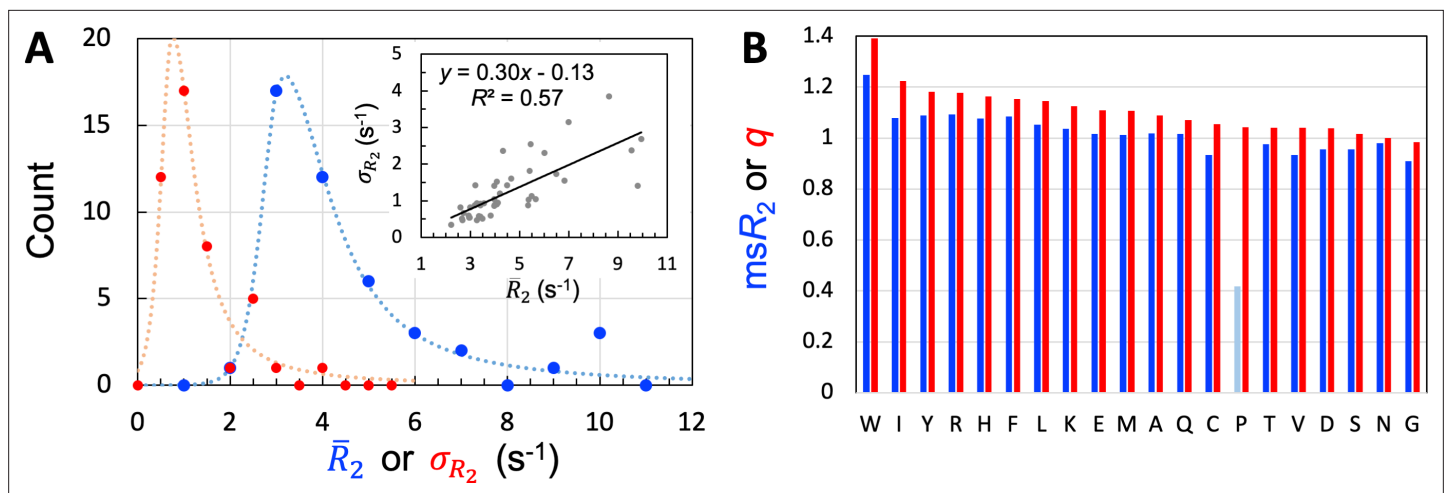


Figure 3. Properties of the 45 IDPs in the training set. **(A)** Histograms of means and standard deviations, calculated for individual proteins. Curves are drawn to guide the eye. Inset: correlation between $\bar{R}_2$ and σ_{R_2} . **(B)** Experimental mean scaled R_2 (msR_2) and SeqDYN q parameters, for the 20 types of amino acids. Note that Pro residues have low msR_2 for the lack of backbone amide proton. Amino acids are in descending order of q .

The online version of this article includes the following source data and figure supplement(s) for figure 3:

Source data 1. Source data for **Figure 3**.

Figure supplement 1. Possible effects of sequence length, temperature, and magnetic field on R_2 .

Figure supplement 1—source data 1. Source data for **Figure 3—figure supplement 1**.

The SeqDYN model and parameters

The null model is to assume a uniform R_2 for all the residues in an IDP. The root-mean-square-error (RMSE) of the null model is equal to the standard deviation, σ_{R_2} , of the measured R_2 values. The mean RMSE, $RMSE$, of the null model, equal to 1.24 s^{-1} for the training set, serves as the upper bound for evaluating the errors of R_2 predictors. The next improvement is a one-residue predictor, where first each residue (with index n) assumes its amino acid-specific mean sR_2 (msR_2) and then a uniform scaling factor Υ is applied:

$$R_2(n) = \Upsilon \cdot msR_2(n) \quad (1)$$

This one-residue model does only minutely better than the null model, with a $RMSE$ of 1.22 s^{-1} .

In SeqDYN, we account for the influence of neighboring residues. Specifically, each residue i contributes a factor $f(i; n)$ to the R_2 value of residue n . Therefore,

$$R_2(n) = \Upsilon \prod_{i=1}^N f(i; n) \quad (2a)$$

where N is the total number of residues in the IDP. The contributing factor depends on the sequence distance $s = |i - n|$ and the amino-acid type of residue i :

$$f(i; n) = 1 + \frac{q(i) - 1}{1 + bs^2} \quad (2b)$$

There are 21 global parameters. The first 20 are the q values, one for each of the 20 types of amino acids; the last parameter is b , appearing in the Lorentzian form of the sequence-distance dependence. We define the correlation length, L_{corr} , as the sequence distance at which the contributing factor is midway between the values at $s = 0$ and ∞ . It is easy to verify that $L_{corr} = b^{-1/2}$. Note that the single-residue model can be seen as a special case of SeqDYN, with L_{corr} set to 0 and q set to msR_2 .

The functional forms of **Equation 2a** and **Equation 2b** were adapted from *Li et al., 2020*; we also used them for predicting residue-specific membrane association propensities of IDPs (*Qin et al., 2022*). In these previous applications, a linear term was also present in the denominator of **Equation 2b**. In our initial training of SeqDYN, the coefficient of the linear term always converged to near zero. We thus eliminated the linear term. In addition to the Lorentzian form, we also tested a Gaussian form

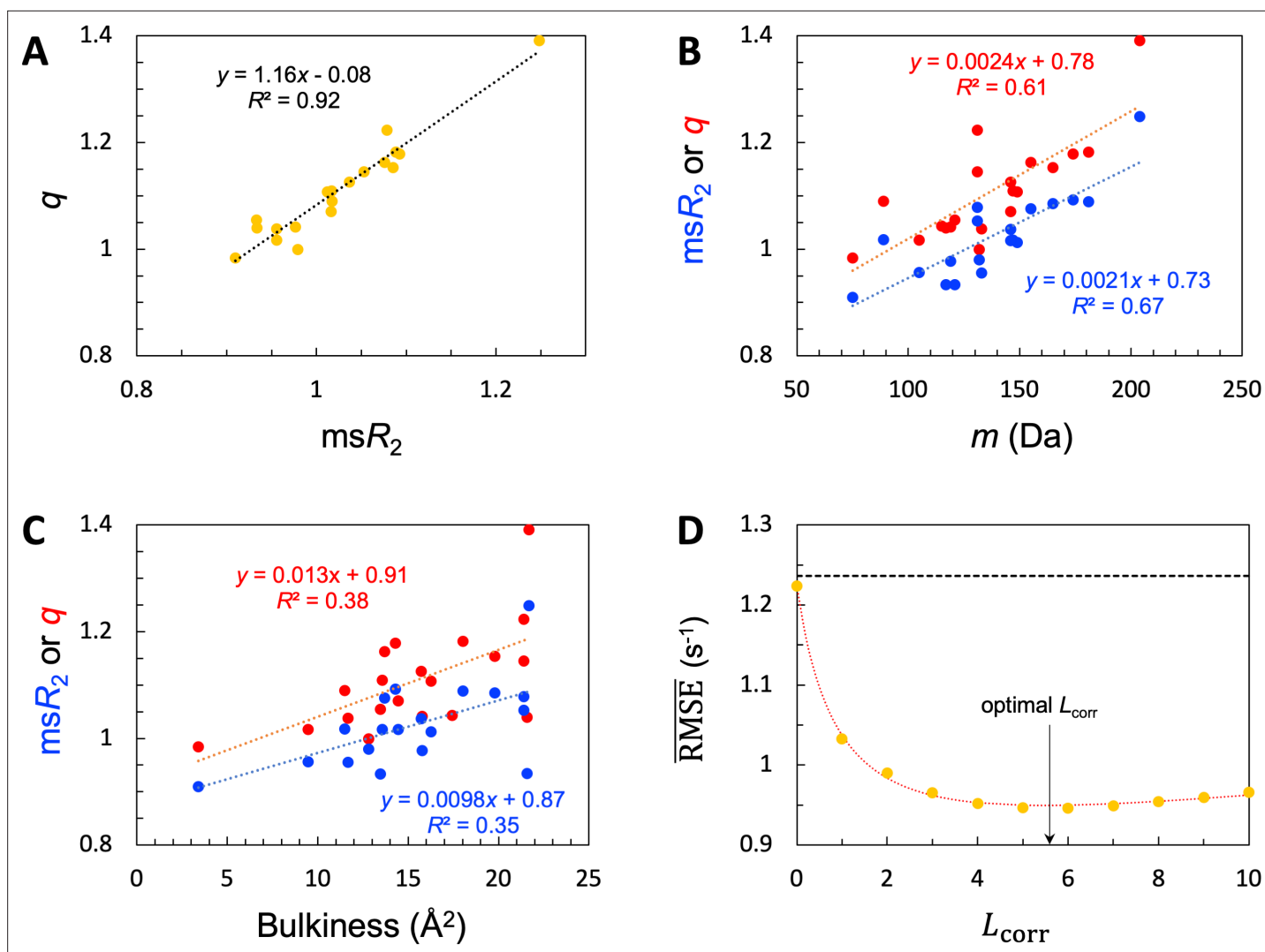


Figure 4. SeqDYN model parameters. (A) Correlation between msR_2 and q . The values are also displayed as bars in **Figure 3B**. (B) Correlation of msR_2 and q with amino-acid molecular mass. (C) Correlation of msR_2 and q with bulkiness. (D) The optimal correlation length and deterioration of SeqDYN prediction as the correlation length is moved away from the optimal value.

The online version of this article includes the following source data and figure supplement(s) for figure 4:

Source data 1. Source data for **Figure 4**.

Figure supplement 1. T-test of on the q parameters for pairs of amino acids.

Figure supplement 1—source data 1. Source data for **Figure 4—figure supplement 1**.

for the sequence-distance dependence and found somewhat worse performance. The more gradual attenuation of the Lorentzian form with increasing sequence distance evidently provides an overall better model for the R_2 data in the entire training set. Others (Cho et al., 2007; Sekiyama et al., 2022; Delaforge et al., 2018) have modeled R_2 as the average of some parameters over a window; a window has an extremely abrupt sequence-distance dependence (1 for $s < L_{\text{corr}}$ and 0 for $s > L_{\text{corr}}$).

We parametrized the SeqDYN model represented by **Equation 2a** and **Equation 2b** on the training set of 45 IDPs. In addition to the 21 global parameters noted above, there are also 45 local parameters, namely one uniform scaling factor (Υ) per IDP. The parameter values were selected to minimize the sum of the mean-square-errors for the IDPs in the training set, calculated on R_2 data for a total of 3924 residues. We excluded the 42 Pro residues in the training set because, as already noted, their R_2 values are lower for chemical reasons. We will present validation and test results below, but first let us look at the parameter values.

The q values are displayed in **Figure 3B** alongside msR_2 . In descending order, the seven amino acids with the highest q values are Trp, Ile, Tyr, Arg, His, Phe, and Leu. These are exactly the same amino acids in the high-end group for msR_2 , though their order there is somewhat different. In ascending order, the seven amino acids (excluding Pro) with the lowest q values are Gly, Asn, Ser, Asp, Val, Thr, and Cys. The composition of the low-end group is also identical to that for msR_2 . The q values thus also suggest that π - π and cation- π interactions in local sequences may raise R_2 , whereas Gly and short-polar residues may lower R_2 .

Given the common amino acids at both the high and low ends for msR_2 and q , it is not surprising that these two properties exhibit a strong correlation, with a coefficient of determination (R^2 ; excluding Pro) at 0.92 (**Figure 4A**). Also, because the high-end group contains the largest amino acids (e.g. Trp and Tyr) whereas the low-end group contains the smallest amino acids (e.g. Gly and Ser), we anticipated some correlation of msR_2 and q with amino-acid size. We measure the latter property by the molecular mass (m). As shown in **Figure 4B**, both msR_2 and q indeed show a medium correlation with m , with $R^2=0.67$ (excluding Pro) and 0.61, respectively. A bulkiness parameter was proposed as an indicator of sequence-dependent backbone dynamics of IDPs (**Cho et al., 2007; Delaforge et al., 2018**). Bulkiness was defined as the sidechain volume-to-length ratio, and identified amino acids with aromatic or branched aliphatic sidechains as bulky (**Zimmerman et al., 1968**). We found only modest correlations between either msR_2 or q and bulkiness, with R^2 just below 0.4 (**Figure 4C**).

The optimized value of b is 3.164×10^{-2} , corresponding to an L_{corr} of 5.6 residues. The resulting optimized $RMSE$ is 0.95 s^{-1} , a clear improvement over the value 1.24 s^{-1} of the null model. To check the sensitivity of prediction accuracy to b , we set b to values corresponding to $L_{corr} = 0, 1, 2, \dots$, and retrained SeqDYN for b fixed at each value (**Figure 4D**). Note that the null-model $RMSE$, 1.24 s^{-1} , sets an upper bound. This upper bound is slowly reached when L_{corr} is increased from the optimal value. In the opposite direction, when L_{corr} is decreased from the optimal value, $RMSE$ rises quickly, reaching 1.22 s^{-1} at $L_{corr} = 0$. The latter $RMSE$ is the same as that of the single-residue model. Lastly we note that there is a strong correlation between the uniform scaling factors and $\bar{R}_2$ values among the 45 IDPs ($R^2=0.77$), as to be expected. For 39 of the 45 IDPs, Υ values fall in the range of 0.8–2.0 s^{-1} .

As presented next, we evaluate the performance of SeqDYN by leave-one-out cross validation, where each IDP in turn was left out of the training set and the model was trained on the remaining 44 IDPs to predict R_2 for the IDP that was left out. The parameters from the leave-one-out (also known as jackknife) training sessions allow us to assess the potential bias of the training set. For this purpose, we compare the values of the 21 global parameters, either from the full training set or from taking the averages of the jackknife training sessions. For each of the q parameters, the values from these two methods differ only in the fourth digit; for example for Leu, they are both 1.1447 from full training and from jackknife training. The values for b are 3.164×10^{-2} from full training as stated above and 3.163×10^{-2} from jackknife training. The close agreement in parameter values between full training and jackknife training suggests no significant bias in the training set.

Another question of interest is whether the difference between the q parameters of two amino acids is statistically significant. To answer this question, we carried out fivefold cross-validation training, resulting in five independent estimates for each parameter. For example, the mean $\pm$ standard deviation of the q parameter is 1.1405 ± 0.0066 for Leu and 1.2174 ± 0.0211 for Ile. A t-test shows that their difference is extremely statistically significant ($P < 0.0001$). In contrast, the difference between Leu and Phe ($q = 1.1552 \pm 0.0304$) is not significant. t-test results for other pairs of amino acids are found in **Figure 4—figure supplement 1**.

Validation of SeqDYN predictions

We now present leave-one-out cross-validation results. We denote the $RMSE$ of the R_2 prediction for the left-out IDP as $RMSE(-1)$. As expected, $RMSE(-1)$ is higher than the $RMSE$ obtained with the IDP kept in the training set, but the increases are generally slight. Specifically, all but eight of the IDPs have increases $< 0.1 \text{ s}^{-1}$; the largest increase is 0.35 s^{-1} , for CBP-ID4. The mean $RMSE(-1)$, or $\bar{RMSE}(-1)$, for the 45 IDPs is increased by 0.05 s^{-1} over $\bar{RMSE}$, to 1.00 s^{-1} . The latter value is still a distinct improvement over the mean $RMSE$ 1.24 s^{-1} of the null model. The histogram of $RMSE(-1)$ for the 45 IDPs is shown in **Figure 5A**. It peaks at 0.5 s^{-1} , which is a substantial downshift from the corresponding peak at 0.75 s^{-1} for σ_{R_2} (**Figure 3A**). Thirty-four of the 45 IDPs have $RMSE(-1)$ values lower than the corresponding σ_{R_2} .

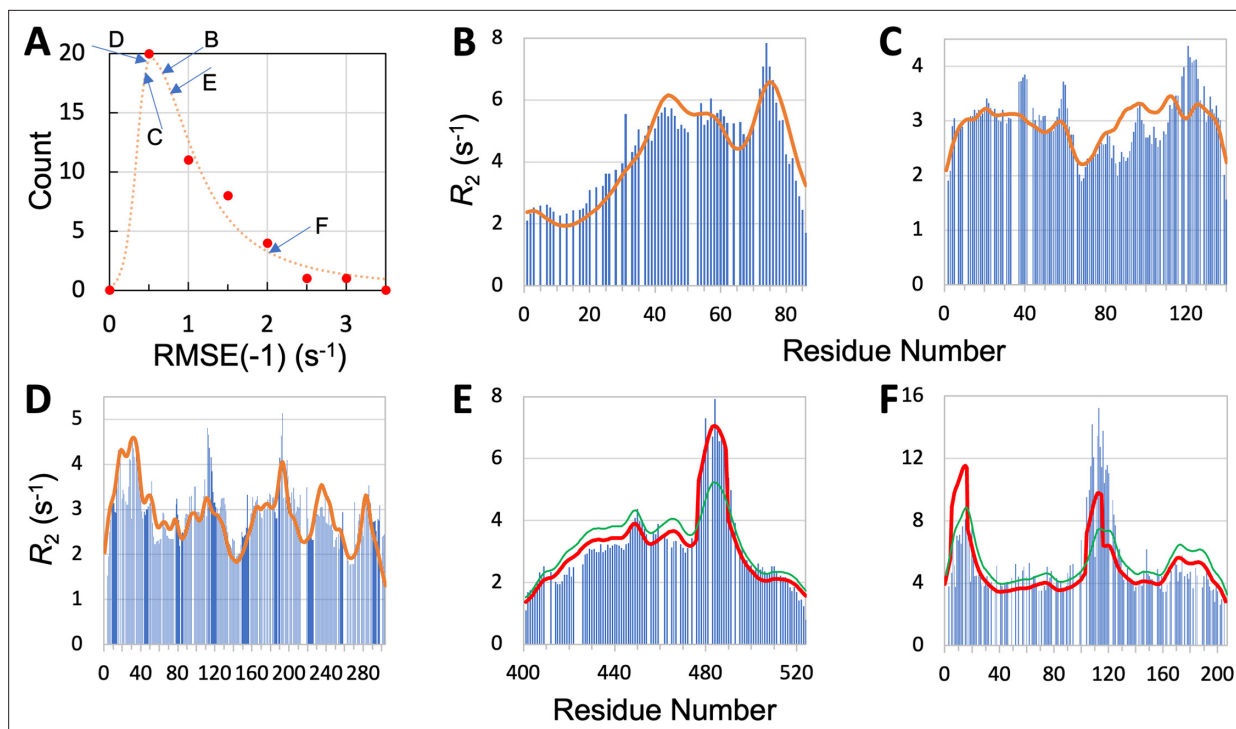


Figure 5. Quality of SeqDYN predictions. (A) Histogram of RMSE(-1). Letters indicate RMSE(-1) values of the IDPs to be presented in panels (B–F). (B–F) Measured (bars) and predicted (curves) R_2 profiles for MKK4, α -synuclein, Mev-P_{NTD}, Sev-NT, and CBP-ID4. In (E) and (F), green curves are SeqDYN predictions and red curves are obtained after a helix boost.

The online version of this article includes the following source data and figure supplement(s) for figure 5:

Source data 1. Source data for **Figure 5**.

Figure supplement 1. Close reproduction (curve) of the measured R_2 profile (bars) of CBP-ID4 when that set of data alone was used to parameterize SeqDYN.

Figure supplement 1—source data 1. Source data for **Figure 5—figure supplement 1**.

To further illustrate the performance of SeqDYN, we present the comparison of predicted and measured R_2 values for five IDPs: MKK4, α -synuclein, Mev-P_{NTD}, Sev-NT, and CBP-ID4 (**Figure 5B–F**). A simple common feature is the falloff of R_2 at the N- and C-termini, resulting from missing upstream or downstream residues that otherwise would be coupled to the terminal residues, as first recognized by *Schwalbe et al., 1997*. Representative conformations of the five IDPs are displayed in **Figure 2**, with residues colored according to the predicted R_2 values. For four of these IDPs, the RMSE(-1) values range from 0.44 to 0.76 s⁻¹ and are scattered around the peak of the histogram, while the RMSE(-1) for the fifth IDP, namely CBP-ID4, the RMSE(-1) value is 2.01 s⁻¹ and falls on the tail of the histogram (**Figure 5A**). **Figure 5B** displays the measured and predicted R_2 for MKK4. SeqDYN correctly predicts higher R_2 values in the second half of the sequence than in the first half. It even correctly predicts the peak around residue Arg75. The sequence in this region is H₇₂IERLRTH₇₉; six of these eight residues belong to the high-end group. In contrast, the lowest R_2 values occur in the sequence S₇GGGSGSGG₁₉, comprising entirely of two amino acids in the low-end group.

R_2 values for α -synuclein are shown in **Figure 5C**. Here, SeqDYN correctly predicts higher R_2 near the C-terminus and a dip around Gly68. However, it misses the R_2 peaks around Tyr39 and Asp121. MD simulations *Dey et al., 2022* have found that these R_2 peaks can be explained by a combination of secondary structure formation (β -sheet around Tyr39 and polyproline II helix around Asp121) and local (between Tyr39 and Ser42) or long-range (between Asp121 and Lys96) interactions. SeqDYN cannot account for long-range interactions (e.g. between β -strands and between Asp121 and Lys96). **Figure 5D** shows that SeqDYN gives excellent R_2 predictions for Mev-P_{NTD}. It correctly predicts the high peaks around Arg17, Glu31, Leu193, and lower peaks around Arg235 and Trp285, but does underpredict the narrow peak around Tyr113.

The overall R_2 profile of Sev-NT is predicted well by SeqDYN, but the peak in the long helical region (residues 478–491) is severely underestimated (green curve in **Figure 5E**). A similar situation occurs for CBP-ID4, where the peak in the second long helical region (around Glu113) is underpredicted (green curve in **Figure 5F**). While the measured R_2 exhibits a higher peak in the second helical region than in the first helical region (around Arg16), the opposite is predicted by SeqDYN. When the R_2 data were included in the training set (i.e., full training), the second peak is higher than the first one, but that is not a real prediction because the R_2 data themselves were used for training the model. It merely means that the SeqDYN functions can be parameterized to produce any prescribed R_2 profile along the sequence. Indeed, when the R_2 data of CBP-ID4 alone were used to parameterize SeqDYN, the measured R_2 profile is closely reproduced (**Figure 5—figure supplement 1**). The reversal in R_2 peak heights between the two helical regions is the reason for the aforementioned unusual increase in RMSE when CBP-ID4 was left out of the training set.

R2 boost in long helical regions

It is apparent that SeqDYN underestimates the R_2 of stable long helices. Transient short helices does not seem to be a problem, since these are present, for example in Mev- P_{NTD} , where transient helix formation in the first 37 residues and between residues 189–198 (Milles *et al.*, 2018) coincides with R_2 peaks that are correctly predicted by SeqDYN. SeqDYN can treat coupling between residues within

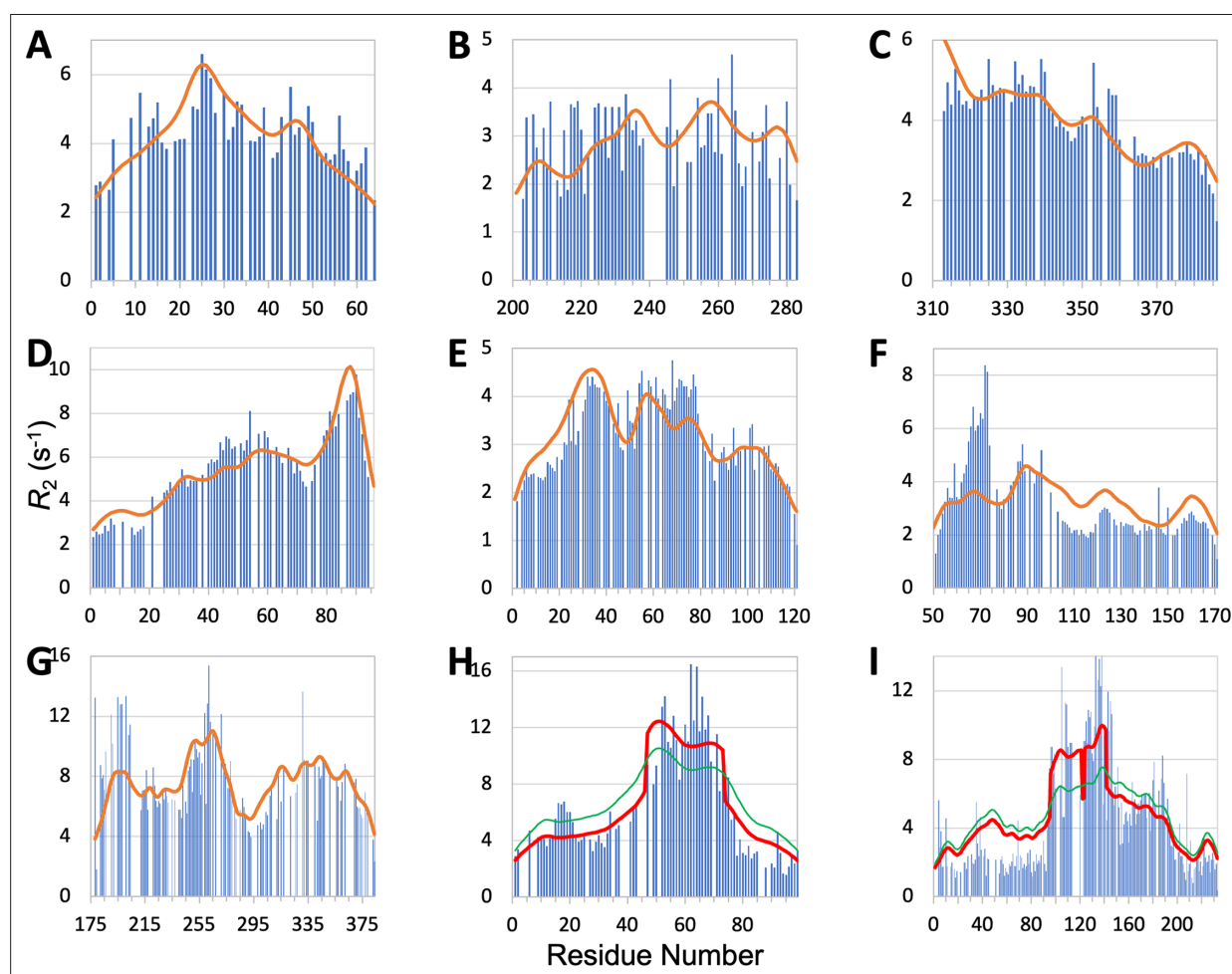


Figure 6. Measured (bars) and predicted (curves) R_2 profiles for ChiZ N-terminal region, TIA1 prion-like domain, Pdx1 C-terminal region, synaptobrevin-2, α -endosulfine, YAP, AMOTL1, FtsQ, and CAHS-8. In (C), R_2 does not fall off at the N-terminus because the sequence is preceded by an expression tag MGSSHHHHHHHHHHHHS. In (H) and (I), green curves are SeqDYN predictions and red curves are obtained after a helix boost.

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the correlation length of 5.6 residues, but a much longer helix would tumble more slowly than implied by an L_{corr} of 5.6, and thus it makes sense that SeqDYN would underestimate R_2 in that case.

Our solution then is to apply a boost factor to the long helical region. To do so, we have to know whether an IDP does form long helices and if so what the constituent residues are. Secondary structure predictors tend to overpredict α -helices and β -strands for IDPs, as they are trained on structured proteins. One way to counter that tendency is to make the criteria for α -helices and β -strands stricter. We found that, by filtering PsiPred (<http://bioinf.cs.ucl.ac.uk/psipred>; McGuffin et al., 2000) helix propensity scores (p_{Hlx}) with a very high cutoff of 0.99, the surviving helix predictions usually correspond well with residues identified by NMR as having high helix propensities. For example, for Mev-P_{NTD}, PsiPred plus filtering predicts residues 14–17, 28–33, and 191–193 as helical; all of them are in regions that form transient helices according to chemical shifts (Milles et al., 2018). Likewise long helices are also correctly predicted for Sev-NT (residues 477–489) and CBP-ID4 (residues 6–17 and 105–116; Jensen et al., 2008; Piai et al., 2016).

We apply a boost factor, B_{Hlx} , to helices with a threshold length of 12:

$$B_{Hlx} = 1 + \alpha p_{Hlx} \Theta(p_{Hlx} \geq 0.99; L_{Hlx} \geq 12) \quad (3)$$

The Θ function is 1 if the helix propensity score is above the filtering cutoff and the helix length (L_{Hlx}) is above the threshold, and 0 otherwise. With a boost amplitude α at 0.5, the boosted SeqDYN prediction for Sev-NT reaches excellent agreement with the measured R_2 (Figure 5E, red curve). The RMSE(–1) is reduced from 0.76 s^{–1} to 0.38 s^{–1} upon boosting. Applying the same helix boost to CBP-ID4 also results in a modest reduction in RMSE(–1), from 2.01 to 1.90 s^{–1} (Figure 5F, red curve). The only other IDP for which PsiPred plus filtering predicts a long helix is the N-terminal region of lysyl-tRNA synthetase (KRS-NT). The authors who studied this protein did not report on secondary structure (Cho et al., 2014), but feeding their reported chemical shifts to the TALOS +server (<https://spin.niddk.nih.gov/bax/nmrserver/talos/>; Shen et al., 2009) found only short stretches of residues that fall into the helical region of the Ramachandran map. The SeqDYN prediction for KRS-NT is already good [RMSE(–1)=0.83 s^{–1}]; applying a helix boost would deteriorate the RMSE(–1) to 1.16 s^{–1}.

Further test on a set of nine IDPs

We have reserved nine IDPs for testing SeqDYN (parameterized on the training set of 45 IDPs). The level of disorder in these test proteins also spans the full range, from absence of secondary structures [ChiZ N-terminal region (Hicks et al., 2020), Pdx1 C-terminal region (Cook et al., 2019), and TIA-1 prion-like domain (Sekiyama et al., 2022)] to presence of transient short helices [synaptobrevin-2 (Lakomek et al., 2019), α -endosulfine (Thapa et al., 2022), YAP (Feichtinger et al., 2022), angiomin-like 1 (AMOTL1) (Vogel et al., 2022)] to formation of stable long helices [FtsQ (Smrt et al., 2023) and CAHS-8 (Malki et al., 2022)]. For eight of the nine test IDPs, the RMSEs of SeqDYN predictions are lower than the experimental σ_{R_2} values, by an average of 0.66 s^{–1}. For the ninth IDP (Pdx1), the SeqDYN RMSE is slightly higher, by 0.06 s^{–1}, than the experimental σ_{R_2} . Together, the nine test IDPs have a mean RMSE of 1.13 s^{–1}, close to the $RMSE(-1)$ of 1.00 s^{–1} for the training set in the leave-one-out cross-validation.

The comparison of predicted and measured R_2 profiles along the sequence is presented in Figure 6A–I. For ChiZ, SeqDYN correctly predicts the major peak around Arg25 and the minor peak around Arg46 (Figure 6A). The R_2 profile of Pdx1 is largely featureless, except for a dip around Gly216, which is correctly predicted by SeqDYN (Figure 6B). Correct prediction is also obtained for the higher R_2 in the first half of TIA-1 prion-like domain than in the second half (Figure 6C). SeqDYN gives an excellent prediction for synaptobrevin-2, including a linear increase up to Arg56 and the major peak around Trp89 (Figure 6D).

The prediction is also very good for α -endosulfine, including elevated R_2 around Glu34, which coincides with the presence of a transient helix, and depressed R_2 in the last 40 residues (Figure 6E). The only miss is an underprediction for the peak around Lys74. SeqDYN also predicts well the overall shape of the R_2 profile for YAP, including peaks around Asn70, Leu91, Arg124, and Arg161, but severely underestimates the peak height around Asn70 (Figure 6F). NOE signals indicate contacts between Met86, Leu91, Fhe95, and Fhe96 (Feichtinger et al., 2022); evidently this type of local contacts is captured well by SeqDYN. The R_2 elevation around Asn70 is mostly due to helix formation: residues 61–74 have helix propensities up to 40% (Feichtinger et al., 2022). PsiPred predicts helix for

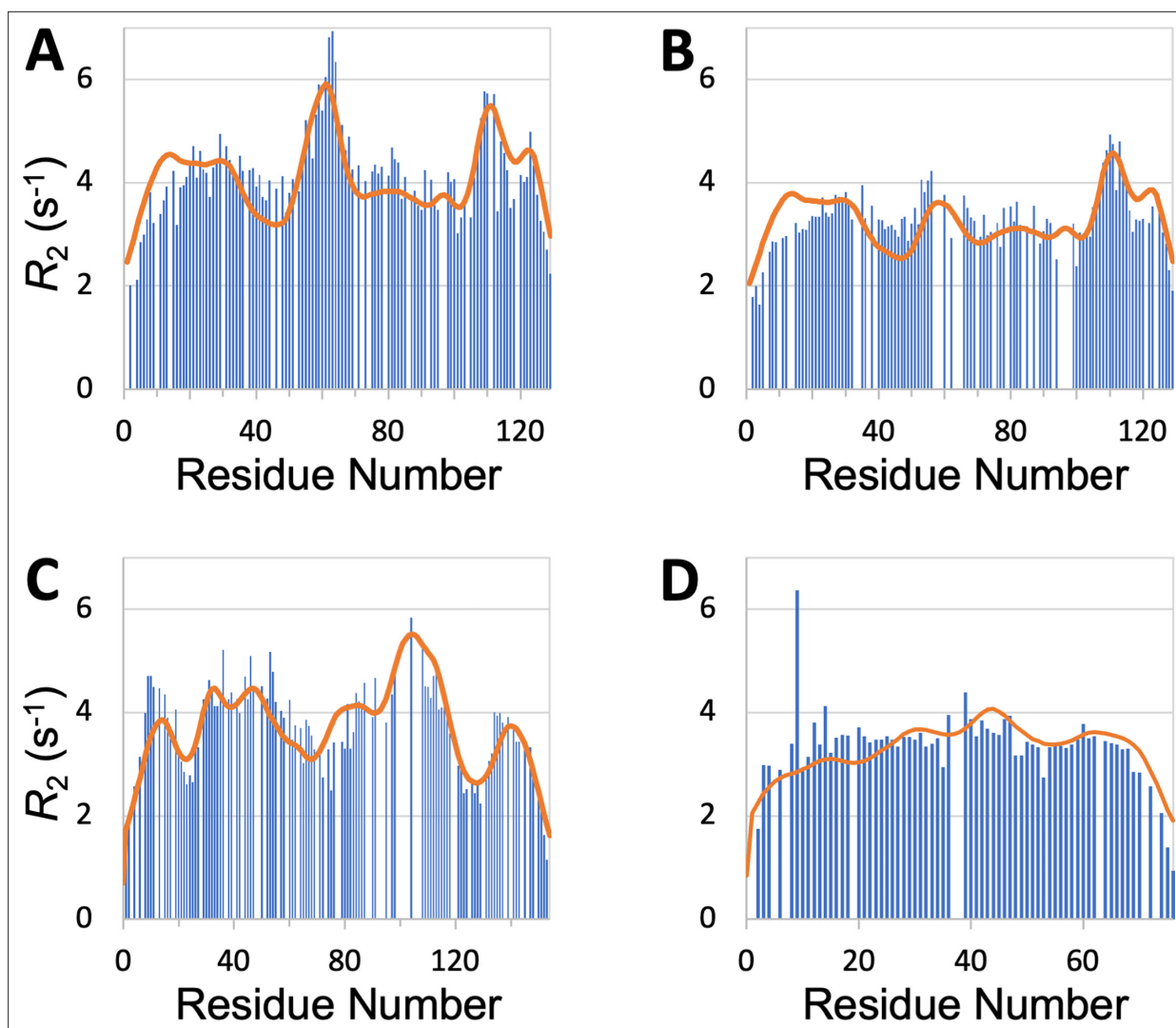


Figure 7. R_2 profiles predicted (curves) by SeqDYN show close agreement with those measured (bars) on structured proteins in the unfolded state. (A) Wild-type lysozyme (8 M urea; pH 2; cysteine-methylated). (B) Lysozyme with Trp62 to Gly mutation (pH 2). Methylated cysteines were treated as Ala in the SeqDYN predictions. (C) Apomyoglogin (8 M urea; pH 2.3). (D) Ubiquitin (8 M urea; pH 2).

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residues 62–73, but only residues 65–68 survive the filtering that we impose, resulting in a helix that is too short to apply a helix boost. The prediction for AMOTL1 is mostly satisfactory, including peaks around Phe200 and Arg264 and a significant dip around Gly292 (**Figure 6G**). However, whereas the two peaks have approximately equal heights in the measured R_2 profile, the predicted peak height around Phe200 is too low. SCSs indicate helix propensity around both R_2 peaks (**Vogel et al., 2022**). PsiPred also predicts helix in both regions, but only five and two residues, respectively, survive after filtering, and are too short for applying a helix boost.

For FtsQ, SeqDYN correctly predicts elevated R_2 for the long helix [residues 46–74 **Smrt et al., 2023**] but underestimates the magnitude (RMSE = 2.32 s⁻¹; green curve in **Figure 6H**). PsiPred plus filtering predicts a long helix formed by residues 47–73. Applying the helix boost substantially improves the agreement with the measured R_2 , with RMSE reducing to 1.71 s⁻¹ (red curve in **Figure 6H**). SeqDYN also gives a qualitatively correct R_2 profile for CAHS-8, with higher R_2 for the middle section (residues 95–190; RMSE = 2.36 s⁻¹; green curve in **Figure 6I**). However, it misses the extra elevation in R_2 for the first half of the middle section (residues 95–145). According to SCS, the first and second halves have helix propensities of 60% and 30%, respectively (**Malki et al., 2022**). PsiPred plus filtering predicts

helices for residues 96–121, 124–141, 169–173, and 179–189. Only the first two helices, both in the first half of the middle section, are considered long according to our threshold. Once again, applying the helix boost leads to marked improvement in the predicted in R_2 , with RMSE reducing to 1.92 s^{-1} (red curve in **Figure 6I**).

Inputting the sequences of structured proteins predicts R_2 in the unfolded state

SeqDYN is trained on IDPs, what if we feed it with the sequence of a structured protein? The prediction using the sequence of hen egg white lysozyme, a well-studied single-domain protein, is displayed in **Figure 7A**. It shows remarkable agreement with the R_2 profile measured by Klein-Klein-Seetharaman *et al.*, 2002 in the unfolded state (denatured by 8 M urea at pH 2 and reduced to break disulfide bridges), including a major peak around Trp62, a second peak around Trp111, and a third peak around Trp123. Klein-Seetharaman *et al.* mutated Trp62 to Gly and the major peak all but disappeared. This result is also precisely predicted by SeqDYN with the mutant sequence (**Figure 7B**).

SeqDYN also predicts well the R_2 profiles of other proteins in the unfolded state. For unfolded apomyoglobin (8 M urea; pH 2.3), Schwarzsinger *et al.*, 2002 claimed that depressed R_2 corresponded to stretches of small amino acids (Gly and Ala), whereas elevated corresponded to local hydrophobic interactions. SeqDYN reproduces all the observed peaks and valleys in the R_2 profile (**Figure 7C**). The deepest valley indeed occurs over a Gly/Ala-rich stretch, $G_{125}ADAQGA_{131}$, but the highest peak occurs over a stretch, $I_{102}KYLEFI_{108}$, that contains both hydrophobic and charged residues, all of which are on the high end of the q parameters (**Figure 3B**). The R_2 profile of unfolded ubiquitin (8 M urea; pH 2) is relatively flat, which Wirmer *et al.*, 2006 attributed to lack of residual secondary structure, based on the assumption that β -sheets (major elements of folded ubiquitin) are less resistant to denaturation than α -helices. SeqDYN predicts a relatively flat R_2 profile (**Figure 7D**), but the reason is that the ubiquitin sequence lacks a contiguous stretch of high- q amino acids.

Discussion

We have developed a powerful method, SeqDYN, that predicts the backbone amide transverse relaxation rates (R_2) of IDPs. The method is based on IDP sequences, is extremely fast, and available as a web server at <https://zhougroup-uic.github.io/SeqDYNidp/> (Qin and Zhou, 2024). The excellent performance supports the notion that the ns-dynamics reported by R_2 is coded by the local sequence, comprising up to 6 residues on either side of a given residue. The amino-acid types that contribute the most to coupling within a local sequence are aromatic (Trp, Tyr, Phe, and His), Arg, and long branched aliphatic (Ile and Leu), suggesting the importance of π - π , cation- π , and hydrophobic interactions in raising R_2 . These interactions are interrupted by Gly and amino acids with short polar sidechains (Ser, Thr, Asn, and Asp), leading to reduced R_2 . Transient short helices produce moderate elevation in R_2 , whereas stable long helices result in a big boost in R_2 . Tertiary contacts can also raise R_2 , but appear to be infrequent in most IDPs (Dey *et al.*, 2022).

It is also possible that R_2 reported by backbone amide ^{15}N relaxation (as is the case for most of the IDPs studied here) may not be particularly sensitive to exchange effects, which likely involve tertiary contact formation. For the D2 domain of p27^{Kip1}, the exchange contributions measured using ^{15}N relaxation were small ($<2.5\text{ s}^{-1}$) but were as large as 25 s^{-1} when measured by high-power ^1H relaxation dispersion (Ban *et al.*, 2017). This experiment measures the effective transverse relaxation rate, $R_{2,\text{eff}}$, over a range of effective radiofrequency ω_{eff} . The exchange contribution is maximal for the value $R_{2,\text{eff}}^{\text{low}\omega_{\text{eff}}}$ at low ω_{eff} but is largely quenched for the value $R_{2,0}^{\text{app}}$ in the high- ω_{eff} limit. The SeqDYN prediction for this IDP matches much better with $R_{2,0}^{\text{app}}$ than with $R_{2,\text{eff}}^{\text{low}\omega_{\text{eff}}}$ (**Figure 8**). It is not clear whether this IDP is unique in forming persistent tertiary contacts that give rise to substantial exchange contributions or the ^1H relaxation dispersion experiment is unique in reporting the exchange contributions. At the minimum, SeqDYN yields the exchange-free portion of the transverse relaxation rate, enabling easy identification of residues that potentially participate in tertiary contacts. For the D2 domain of p27^{Kip1}, SeqDYN correctly predicts the $R_{2,0}^{\text{app}}$ local maxima at W76 and Y88. It is these same two residues that show substantial exchange contributions and putatively participate in tertiary contact (Ban *et al.*, 2017). Therefore local contacts may seed tertiary contacts. If $R_{2,\text{eff}}$ data with substantial

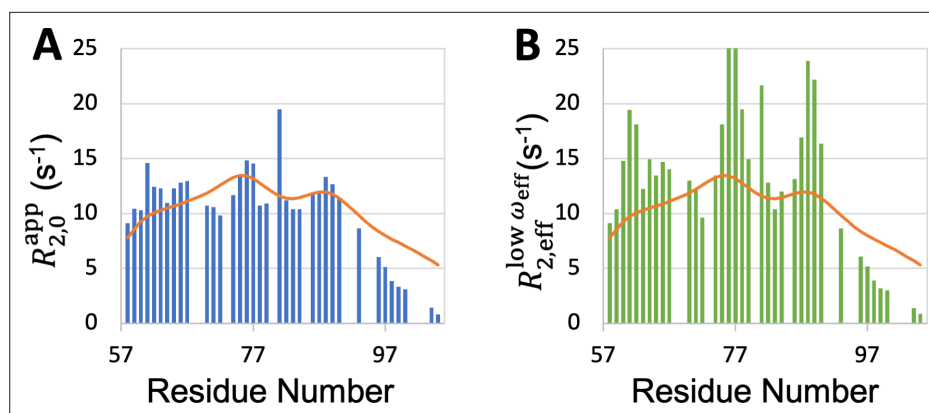


Figure 8. Comparison between SeqDYN prediction (curves) and effective transverse relaxation rate (bars) from ¹H dispersion relaxation experiment. (A) $R_{2,eff}$ in the high- ω_{eff} limit. (B) $R_{2,eff}$ at low ω_{eff} .

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exchange contributions become available for more IDPs, SeqDYN may be retrained to make predictions for IDPs forming persistent tertiary contacts.

The q parameters, while introduced here to characterize the propensities of amino acids to participate in local interactions, appear to correlate with the tendencies of amino acids to drive liquid-liquid phase separation. Consistent with the rank order of q , Trp, Tyr, and Arg have been reported to be strong drivers of phase separation, Lys is a moderate driver, whereas Gly and Ser suppress phase separation (Martin et al., 2020; Wong et al., 2020; Wang et al., 2018). Recent measurements of the threshold concentration produced the following order for the propensity of phase separation by eight nonpolar amino acids in homotetrapeptides of the form XXssXX (ss: backbone disulfide bond): Trp > Phe > Leu > Met > Ile > Val > Ala > Pro (Zhang et al., 2024). This order is the same as that of the q parameters, except that the q values of Ile and Val are in the second and last places, respectively. Threshold concentrations of IDPs are now predicted reasonably well by coarse-grained simulations where each amino acid is modeled by a single bead with a Lennard-Jones diameter d_0 and a stickiness parameter λ (Tesei and Lindorff-Larsen, 2022). Our q parameter shows a good correlation ($R^2=0.59$) with the compound parameter $d_0^3\lambda$ (Figure 9). Therefore, the q parameter may serve as a predictor for the tendency of an amino acid to drive phase separation. In essence, the same ability of an amino acid, for example Trp, to form interactions with neighboring residues of an IDP in the free state also applies when it comes to interactions with residues on neighboring chains in a dense phase.

Our method incorporates ideas from a number of previous efforts at describing R_2 . The first serious effort was by Schwalbe et al., 1997, who accounted for contributions from neighboring residues as additive terms, instead of multiplicative factors as in SeqDYN. Cho et al., 2007 and Delaforge et al., 2018 used the running average of the bulkiness parameter over a window of five to nine residues as

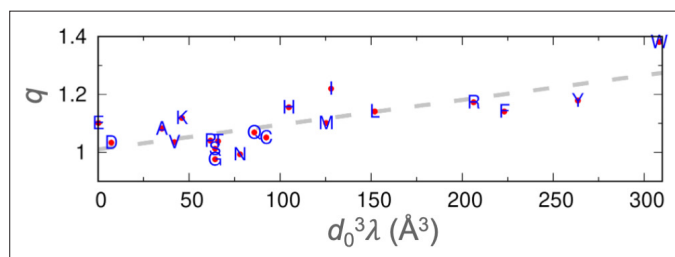


Figure 9. Correlation between the stickiness parameters (λ) and the NMR relaxation parameters (q). The regression line is shown as dashes.

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Table 2. RMSEs (s⁻¹) of *R*₂ predictions by SeqDYN and MD for 10 IDPs.

IDP name	SeqDYN	MD
A1-LCD	0.60*	0.59 ^{§,¶}
Aβ40	0.38*	0.38 [§]
HOX-DFD	1.99*	1.40 [§]
α-synuclein	0.44*	0.50 [§]
p53TAD	0.33*	1.04 **
Pup	0.43*	1.00**
Sev-NT	0.38* [†]	1.10 ^{§,††}
tau K18	0.83*	0.80 [§]
ChiZ	0.74 [‡]	1.40 ^{‡‡}
FtsQ	1.71 ^{§,†}	1.70 ^{§§}

*Based on leave-one-out training (using 44 IDPs).
†Helix boost applied.
‡Based on training by the full training set (45 IDPs).
§From **Dey et al., 2022**.
¶RMSE is scaled down by a factor of 2.39, to correct for the effect of temperature (MD at 288 K; see **Figure 3—figure supplement 1C**).
From **Yu and Brüschweiler, 2022.
††RMSE is scaled down by a factor of 2.99, to correct for the effects of temperature and magnetic field (MD at 274 K and 850 MHz; see **Figure 3—figure supplement 1B**).
‡‡Originally calculated in **Hicks et al., 2020** with correction in **Hicks et al., 2021**.
§§From **Smrt et al., 2023**.

a qualitative indicator of *R*₂. Here again the calculation was based on an additive model. **Sekiyama et al., 2022** employed a multiplicative model, with *R*₂ calculated as a geometric mean of ‘indices of local dynamics’ over a five-residue window. These indices, akin to our *q* parameters, were trained on a single IDR (TIA-1 prion-like domain) and used to reproduce the measured *R*₂ for the same IDR. As we have illustrated on CBP-ID4 (**Figure 5—figure supplement 1**), training on a single protein merely biases the parameters to that model and has little value in predicting *R*₂ for other proteins. In comparison, SeqDYN is trained on 45 IDPs and its predictions are robust and achieve quantitative agreement with measured *R*₂.

Ten of the IDPs tested here have been studied recently by MD simulations using IDP-specific force fields (**Dey et al., 2022; Hicks et al., 2020; Yu and Brüschweiler, 2022; Smrt et al., 2023**). In **Table 2**, we compare the RMSEs of SeqDYN predictions with those for *R*₂ calculations from MD simulations. For five of these IDPs: A1-LCD, Aβ40, α-synuclein, tau K18, and FtsQ, RMSEs of SeqDYN and MD are remarkably similar. Four of these IDPs lack significant population of α-helices or β-sheets, but FtsQ forms a stable long helix. For one other IDP, namely HOX-DFD, MD, by explicitly modeling its folded domain, does a much better job in predicting *R*₂ than SeqDYN (RMSEs of 1.40 s⁻¹ vs 1.99 s⁻¹). However, for the four remaining IDPs: p53TAD, Pup, Sev-NT, and ChiZ, SeqDYN significantly outperforms MD, with RMSEs averaging only 0.47 s⁻¹, compared to the MD counterpart of 1.14 s⁻¹. Overall, SeqDYN is very competitive against MD in predicting *R*₂, but without the significant computational cost. While MD simulations can reveal details of local interactions, as noted for α-synuclein, and capture tertiary interactions if they occur, they still suffer from perennial problems of force-field imperfection and inadequate sampling. SeqDYN provides an accurate description of IDP dynamics at a ‘mean-field’ level, but could miss idiosyncratic behaviors of specific local sequences.

Deep-learning models have become very powerful, but they usually have millions of parameters and require millions of protein sequences for training (**Rives et al., 2021**). In contrast, SeqDYN employs a mathematical model with dozens of parameters and requires only dozens of proteins for training. Reduced models (by collapsing amino acids into a small number of distinct types) have even been trained on <10 IDPs to predict propensities for binding nanoparticles (**Li et al., 2020**) or membranes

(Qin et al., 2022). The mathematical model-based approach may be useful in other applications where data, similar to R_2 , are limited, including predictions of IDP secondary chemical shifts or residues that bind drug molecules (Robustelli et al., 2022) or protein targets, or even in protein design, for example for recognizing an antigenic site or a specific DNA site.

Methods

Collection of IDPs with measured R_2

Starting from six nonhomologous IDPs in our previous MD study (Dey et al., 2022), we obtained R_2 data for eight IDPs from the Biomolecular Magnetic Resonance Data Bank (BMRB; <https://bmrdb.io>); data for two other IDPs were from our collaborators (Hicks et al., 2020; Smrt et al., 2023). Most of the 54 IDPs studied here were from searching the literature. Disorder was judged by dispersion in backbone amide proton chemical shifts, NOE, and SCS. R_2 data that were not available from the authors or BMRB were obtained by digitizing R_2 plots presented in figures of published papers, using WebPlotDigitizer (<https://automeris.io/WebPlotDigitizer>; Rohatgi, 2022) and further inspected visually.

Homology of IDPs was checked by sequence alignment using Clustal W (<http://www.clustal.org/clustal2>; Larkin et al., 2007), and presented as a clock-like tree using the 'ape' package (<http://ape-package.ird.fr>; Paradis et al., 2004). IDPs that had discernible homology with the selected training set were removed. Removed IDPs included HOX-SCR and β -synuclein from our previous MD study (Dey et al., 2022), due to homology with HOX-DFD and α -synuclein, respectively.

Coding for SeqDYN

The training of SeqDYN was coded in python, similar to our previous work for predicting residue-specific membrane association propensities (ReSMAP; <https://zhougroupp-uc.github.io/ReSMAPidp/>; Qin et al., 2022). The cost function was the sum of mean-squared-errors for the IDPs in the training set. We used the least_squares function in scipy.optimize, with Trust Region Reflective as the minimization algorithm and all parameters restricted to the positive range. For the web server (<https://zhougroupp-uc.github.io/SeqDYNidp/>; Qin and Zhou, 2024), we rewrote the prediction code javascript.

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Author contributions

Sanbo Qin, Resources, Data curation, Software, Formal analysis, Validation, Investigation, Visualization, Methodology; Huan-Xiang Zhou, Conceptualization, Resources, Data curation, Formal analysis, Supervision, Funding acquisition, Validation, Investigation, Visualization, Methodology, Writing - original draft, Project administration, Writing - review and editing

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Additional files

Supplementary files

- MDAR checklist

Data availability

All data generated or analyzed during this study are included in the manuscript and supplementary files; source data have been provided for **Figures 3–9**, **Figure 3—figure supplement 1**, **Figure 4—figure supplement 1**, and **Figure 5—figure supplement 1**.

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Appendix 1

Sequences of 54 IDPs

Terminal tags and other insertions are underlined.

Training set (45 IDPs)

>A1-LCD (Uniprot ID P04256, residues 186–320; deletion of 258–263)
GSMASASSSQRGRSGSNFGGGRGGGFGGNDNFGRGNFSGRGGFGGSRGGGYGGSGDGYNGFGNDGSNFG
GGGNYNNQSSNFGPMKGNFGRSSGPYGGGGQYFAKPRNQGGYGGSSSSSSSYGSGRRF

>Aβ40 (Uniprot ID Q28053, residues 7–46)
DAEFRHDSGYEVHHQKLVFFAEDVGSNKGAIIGLMVGGV

>Ash1 (Uniprot ID P34233, residues 420–500)
GASASSSPSPSTPTKSGKMRSRSSPVRPKAYTPSPRSPNYHRFALDSPPQSPRRSSNSSITKKGSRSSGS
SPTRHTTRVCV

>Beclin1 (Uniprot ID Q14457, residues 1–150)
MGSSHHHHHSQDPMEGSKTSNNSTMQVSFVSQRSSQPLKLDTSFKILDRVTIQELTAPLLTTAQAKPGETQ
EEETNSGEPPFIETPRQDGVSRRFIPPARMMSTESANSFTLIGEASDGGTMENLSRRLKVTGDLFDIMSGQT
DVDHPLSEESTDTLLDQLDLY

>CAPRIN1 (Uniprot ID Q14444, residues 607–709)
SRGVSRRGSRGARGLMNGYRGPANGFRGGYDGYRPSFSNTPNSGYTQSQFSAPRDYSGYQRDGYQQNFKRGS
GQSGPRGAPRGRGGPPRPNRGMPPQMNTOQVN

>CBP-ID4 (Uniprot ID Q92793, residues 1852–2057)
MQQQIQHRLQQAQLMRRMATMNTNRNVPQQSLPSPTSAPPGTPTQQPSTPQTPQPPAQPPSPVSMSPAGFP
SVARTQPPTTVSTGKPTSQVPAPPPPAQPPPAVEAARQIEREAQQQQHLYRVNINNSMPPGRTGMGTPGSQ
MAPVSLNVPRPNQVSGPVMPSMPPGQWQQAPLPQQQPMPLPRPVISMQAQAAGVAGPRMPVSQ

>GbnD4-DHD (Uniprot ID A0A808VWJ6, residues 412–482)
MKHHHHHHHGGGLVPRGSHGSDGVPDALRADTVPRAGPVRYARRRYWIGEARSDALAPAAPLEREFLPAEA
MGAYFAIRRTDADDTVAAH

>ERD14 (Uniprot ID P42763, residues 1–185)
MAEEIKNVPEQEVPKVATEESSAEVTDRLDFDLGKKKDETKPEETPIASEFEQKVHISEPEPEVKHESLLE
KLHRSDSSSSSSSEEGSDGEKRRKKKKEKKKPTTEVEVKEEEKKGFMELKEKLPGHKKPEDGSAAVAAAPVV
VPPPVEEAHPVEKKGILEKIKEKLPGYHPKTTVEEEKKDKKE

>ExsE (Uniprot ID Q9I322, residues 1–81)
MKIESIPPVQPSQDAGAEAVGHFEGRSVTRAAVRGDDRSSVAGLARWLARNVAGDPRSEQALQRLADGDGTP
LEARTVRRREFLEGSS

>FCP1 (Uniprot ID Q9Y5B0, residues 879–961)
PGPEEQEEEPQPRKPGTRRERTLGAPASSERSAAGGRGPRGHKRKLNEEDAASESSRESSNEDEGSSSEADE
MAKALEAELNDLM

>FUS (Uniprot ID P35637, residues 1–163)
MASNDYTQQATQSYGAYPTQPGQGYSSQSSQPYGQQSYSGYSQSTDTSGYGQSSYSSYGQSQNTGYGTQSTP
QGYGSTGGYGSSQSSQSSYGQSSYPGYGQQPAPSSSTSGSYGSSSSQSSSYGQPQSGSYSQQPSYGGQQQSYG
QQQSYNPPQGYGQQNQYNS

>GAb1 (Uniprot ID B7Z3B9, residues 510–591)
SSPMIKPKGDKQVEYLDLDLDSGKSTPPRKQKSSSGSSVADERVDYVVVDQQKTLALKSTREAWTDGRQST
ESETPAKSVK

>hACTR (Uniprot ID Q9Y6Q9, residues 1023–1091)
GTQNRPLLRNSLDDLVGPPSNLEGQSDERALLDQLHTLLSNTDATGLEEIDRALGIPELVNQGG
ALEPK>Hahellin (Uniprot ID Q2SHN6, residues 162–252)
MGEKTVKLYEDTHFKGYSVELPVGDYNLSSLISRGALNDLSSARVPSGLRLEVFQHNNFKGVRDFYTSDA
ELSRDNDASSVRVSKMETTN

>hCSD1 (Uniprot ID P20810, residues 137–277)
AVPVESKPKPSGKSGMDAALDDLIDTLGGPEETEEENTTYTGPEVSDPMSSTYIEELGKREVTIPPKYREL
LAKKEGITGPPADSSKPIGPDDAIDALSSDFTCGSPTAAGKKTEKEESTEV LKAQSAGTVRSAAPPQEK

>HOX-DFD (Uniprot ID P07548, residues 337–426)

TDGERIIYPWMKKIHHVAGVANGSYQPGMEPKRQRTAYTRHQILELEKEFHYNRYLTRRRRIEIAHTLVLSER
QIKIWFQNRMRKWKDKNK
>hZIP4-ICL2 (Uniprot ID Q6P5W5, residues 424-498)
GDRGPEFELGTLPRDPEDLEDGPCGHSSSHSHGGHSHGVSLQLAPSELRQPKPPHEGSRADLVAEESPELLNP
EPRRLSPELRLLPYGHGLSAWSHPQFEK
>Jaburetox (Uniprot ID I1K3K3, residues 230-320)
MGPVNEANCKAAMEIVCRREFGHKEEEDASEGVTTGDPDCPFTKAIPREEYANKYGPTIGDKIRLGDTDLIA
EIEKDFALYGDSEVFGGKVIH
>KRS-NT (Uniprot ID Q15046, residues 1-72)
MAAVQAEEVKVDGSEPKLSKNELKRRLKAEKKVAEKEAKQKELSEKQLSQATAAATNHTTDNGVGPEEESVD
>MBP- α 2 (Uniprot ID P04370, residues 172-237)
SIGRFFSGDRGAPKRGSGKDSHTRTHYGSPLQKSQHGRTOEDENPVVHFFKNIVTPRTPPPSQGKGRGLS
>MKK4 (Uniprot ID P45985, residues 1-86)
MAAPSPSGGGSGGGSGSGTGPVGSPPAGHPAVSSMQGKRKALKLNANPFPKSTARFTLNPNPTGVQNP
IERLRTHSIESGK
>N-Cby (Uniprot ID B0QY54, residues 1-63)
MPFFGNTFSPKKTTPRKSASLSNLHSLDRSTREVELGLEYGSPMTNLAGQSLKFENGQWIAET
>Niv-PNTD (Uniprot ID P0C1C7, residues 1-406)
MDKLELVNDGLNIIDFIQKNQKEIQKTYGRSSIQQPSIKDQTKAWEDFLQCTSGESEQVEGGMSKDDGDVER
RNLEDLSSTSPDTGTIGKRVSNTRDWAEGSDDIQLDPVVTDVVYHDHGGECTGYGFTSSPERGWSYDTSGAN
NGNVCLVSDAKMLSYAPEIAVSKEDRETDLVHLENKLSTTGLNPTAVPFTLRNLSDPAKDSPIAEHYGLG
VKEQNVGPQTSRNVNLDISKLYTSDDEEADQLEFEDEFAGSSSEVIVGISPEDEEPSSVGGKPNESIGRTIE
GQSIRDNLQAKDNKSTDPVAGPKDSAVKEEPPQKRLPMLAEFECSGSEDPIIRELLKENSLINCQQGKDA
QPPYHWSIERSISPDKTEIVNGAVQTADRQRPGTMPKSRGIPIKK
>NS5A-D2D3 (Uniprot ID O92972, residues 2163-2419)
GHMASGSLRGGEPEPDVTLTSMITDPSHITAETAKRRLARGSPPSLASSASQLSAPSLKATCTTHHSDPD
ADLIEANLLWRQEMGNITRVESENKVVILDSFEPLHADGDEREISVAAEILRKSFKPSALPIWARPDYNP
PLLESWKDPDYVPPVHGCPLPPTKAPPIPPRRKRTVVLTESNVSSALAEATKTFGSSGSSAVDSGTATA
LPDQASDDGDKGSDVESYSSMPLEGEPPGDPDLSDGSWSTVSEEASEDDVCC
>NUPR1 (Uniprot ID O60356, residues 2-82)
MRGSHHHHHHSATFPPATSAPQQPPGPEDEDSSLDLSDLAHSYLGSGGRKGRTKREAAANTNRPSPGG
HERKLVTKLQNSERKKRGARR
OPN (Uniprot ID F1NSM8, residues 46-264)
MHQDHVDSQSQEHLQQTQNDLASLQQTHYSSEENADVPEQPDFPDVPSKSQETVDDDDDDNDSDNTDESDE
VFTDFPTEAPVAPFNRGDNAGRGDSVAYGFRAKAHVVKASKIRKAARKLIEDDATTEDGDSQPAGLWWPKES
REQNSRELPHQHSVENDSRPKFDSREVDGGDSKASAGVDSRESQGSVPAVDASNQTLESAEDAEDRHS
IENNEVTR
>p53TAD (Uniprot ID P04637, residues 1-71)
MEEPQSDPSVEPPLSQETFSDLWKLLPENNVLSPLSQAMDDLMLSPDDIEQWFTEDPGPDEAPRMPEAAPRV
>PDEy (Uniprot ID P61248, residues 1-87)
MNLEPPKAEIRSATRVMGPPVTPRKGPCKFKQRQTRQFKSKPPKKGVGQFGDDIPGMEGLGTDITVIAPWEA
FNHLELHELAQYGII
>PKI α (Uniprot ID P61925, residues 2-76)
TDVETTYADFIASGRTGRRNAIHDIIVSSASGNSNELALKLAGLDINKTEGEEDAQRSSTEQSGEAQGEAAKSES
>Mev-PNTD (Uniprot ID P03422, residues 1-304)
MAEEQARHVKNGLCIRALKAEPISLAIEEAMAAWSEISDNPGQERATCREEKAGSSGLSKPCLSAIGSTE
GGAPRIRGQGPESDDDAETLGIPPRNLQASSTGLQCYVYDHSGEAVKGIQDADSIMVQSGLDGDSTLSGG
DNESENSDVIDIGEPDTEGYAITDRGSAPISMGFRASDVETAEGGEIHELLRLQSRGNNFPKLGKTLNVPPPP
DPGRASTSGTPIKKTERRLASFGTEIASLLTGATQCARKSPSEPSGPGAPAGNVPECVSNAALIQEWTP
SGTTISPRSQNNEEGG
>ProT α (Uniprot ID P06454, residues 1-111)
GPMSDAAVDTSSIEITTKDLKEKKEVVEEAENGRDAPANGNAENEENGEQEADNEVDEEEEGGEEEEEEEEEG
DGEEDGDEDEEAESATGKRAAEDDEDDVDTKKQKTDEDD
>Pup (Uniprot ID P9WHN4, residues 1-64)
MAEQTKRGGGGGDDDDIAGSTAAGQERREKLTEETDDLLDEIDDVLEENAEDFVRAYVQKGGQ
>rmBG21 (Uniprot ID P04370, residues 2-190)

GNHSGKRELSAEKASKDGEIHRGEAGKKRSVGKLSQTA SEDSDVFGEADAIQNNGTSAEDTAVTDSKHTADP
KNNWQGAHPADPGNRPHLIRLFRSDAPGREDNTFKDRPSESEDELQTIQEDPTAASGGLDVMASQKRPSQQRK
YLATASTMDHARHGFLPRHRDTGILDSIGRFFSGDRGAPKRGSGKVSLEHHHHHH
>RPB1 (Uniprot ID P24928, residues 1773-1970)
GHMSPNYTPTSPNYSPTSPSYSPSTSPSYSPSSPRYTPQSPTYTPSSPSYSPSSPSYSPASPKYTP
TSPSYSPSSPEYTPTPSPKYSPTSPKYSPTSPKYSPTSPTYSPTPKYSPTSPTYSPSPVYTPTPSPKYSPTS
PTYSPTPSPKYSPTSPTYSPTPSPKGSTYSPTSPGYSPTSPTYSLTSPAISPDDSDEN
>securin (Uniprot ID O95997, residues 1-202)
MATLIYVDKENGEPGTRVVAKDGLKLGSGPSIKALDGRSQVSTPRFGKTFDAPPALPKATRKALGTVNRATE
KSVKTKGPLKQKQPSFSAKKMTEKTVKAKSSVPASDDAYEPIEKFFPFNPLDFESFDLP EEHQIAHLPLSGV
PLMILDEERELEKLFQLGPPSPVKMPSPWPESNLLQSPSSI LSTLDVELPPVCCDIDI
>Sev-NT (Uniprot ID Q07097, residues 401-524)
LSGGDGAYHEPTGGGAIEVALDNADIDLETEAHADQDARGWGGESGERWARQVSGGHFVTLHGAERLEEETN
DEDVSDIERRIAMRLAERRQEDSATHGDEGRNNGVDHDEDDDA AVAGIGGI
>Sic1 (Uniprot ID P38634, residues 1-90)
GSMTPSTPPRSRGRTRYLAQPSGNTSSSALMQGQKTPQKPSQNLVPVTPSTTKSFKNAPLLAPPNSNMGMTSP
FNGLTSPQRSPPFKSSVKRT
>SKIPN (Uniprot ID G3V5R3, residues 59-129)
GDGGAFPEIHVAQYPLDMGRKKKMSNALAIQVDSEGIKIYDAIARQGQSKDKVIYSKYTDLVPKEVMNADD
>SLBP-NT (Uniprot ID Q9VAN6, residues 17-108)
MGSSHHHHHHHSSGLVPRGSHMGSGLNSSASSISIDVKPTMQSWAQEVRAEFGHSDEASSSLNSSAASCGL
AKKETADGNLESKDGE GREMAFEFLDGVNEVKFERLVKEEK
> α -synuclein (Uniprot ID P37840, residues 1-140)
MDVFMKGLSKAKEGVVAAA AEKTKQGVAAEAGKTKEGVLYVGSKTKEGVVHG VATVAEKTKEQVTNVGGAVVT
GVTAVAQKTVEGAGSIAAATGFVKKDQLGKNEEGAPQEGILEMDPVPDPNEAYEMPSEEQYDYEPEA
>SOC5-JIR (Uniprot ID A0A5E4BAI0, residues 12-81)
RSLRQLRQD TVGLCFPMRTYSKQSKPLFSNKRKIHLSELMLEKCPFPAGSDLAQKWHLIKQHTAPVSPHS
>tau K18 (Uniprot ID Q9MYX8, residues 186-314)
QTAPVPMPDLKNVSKIGSTENLKHQPGGGKVQIINKKLDLSNVQSKGSKDNIKHVPGGGSVQIVYKPVDL
SKVTSKAGSLGNIHHKPGGGQVEVKSEKLD FKDRVQSKIGSLDNITHVPGGGNKKIE
>TC1 (Uniprot ID Q9NR00, residues 1-106)
MKA KRSHQAIIMSTSLRVSPSIHG YHFDTASRK KAVGNIFENTDQESLERLFRNSGDKKAEERAKIIFAIDQ
DVEEKTRALMALKKRTKDKL FQFLKLRKYSIKVH
>TDP-43 (Uniprot ID Q13148, residues 267-414)
GHMNRQLERSGRFGGNPGGFGNQGGFGNSRGGGAGLGNNQGSNMGGGMNFGAFSINPAMMAAAQAALQSSWG
MMGMLASQQNQSGPSGNNQNQGNMQREP NQAFGSGNNSYSGSNSGAAIGWGSASNAGSGSGFNNGGFGSSMDS
KSSGWGM
> γ -tubulin-CT (Uniprot ID P53378, residues 439-473)
LLRGAAEQDSYLD DVLVD DENMVGELEEDLDADGDHKL V

Test set (9 IDPs)

>AMOTL1 (Uniprot ID Q8IY63, residues 178-384)
STQPQQNNEELPTYEEAKAQSQFFRGGQQQQQQQGA VGHGYMAGGTSQKSRTEGRPTVNRANSQGAHKDEA
LKELKQGHVRSLSERIMQLSLERNGAKQHLP GSGNGKGFVGGGSPAPQAGKVLDP RGPPEYPFKTKQMM
SPVSKTQEHLGFYGDQHPGMLHEMVKYPAPQPVRTDVA VLRYQPPPEYGVTSRPCQLPFPST
>CAHS-8 (Uniprot ID P0CU50, residues 1-227)
MSGRNVESHMERNEKVVVNNSGHADVKKQQQQVEHTEFTHT EVKAPLIHPAPPIISTGAAGLAE EIVGGQFT
ASAA RISSGGAETVHLQPSAAMTEEARRDQERYRQE QESIAKQQEREMEKKTEAYRKTAEEAEAEKIRKELEKQ
HARDVEFRKDLIESTIDRQKREVDLEAKMAKRELDREGQLAKEALERSRLATNVEVNFD SAAGHTVSGGTTV
STSDKMEIKRNENLYFQ
>ChiZ (Uniprot ID I6YA32, residues 1-64)
MTPVRPPHTPDPLNLRGLDGPWRRAEPAQSRRPGRSRPGGAPLRYHRTGVGMSRTGHGSRPV
>-endosulfine (Uniprot ID O43768, residues 1-121)

MSQKQEEENPAEETGEEKQDTQEKEGILPERAEEAKLKAKYPSLGQKPGGSDFLMKRLQKGQKYFDSGDYNM
AKAKMKNKQLPSAGPDKNLVTGDHIPTPQDLPQRKSSLVTSKLAGGQVE
>FtsQ (Uniprot ID Q8IY63, residues 1-99)
MTEHNEDPQIERVADDAADDEEAVTEPLATESKDEPAEHPEFEGPRRRARRRERAERRAAQARATAIEQARRAA
KRRARGQIVSEQNPAKPAARGVVRGLK
>Pdx1 (Uniprot ID P52945, residues 204-283)
GPGEEDKKRGGGTAVGGGGVAEPEQDCAVTSGEELLALPPPPPPGGAVPPAAPVAAREGRLLPPGLSASPQPS
SVAPRRPQEPR
>synaptobrevin-2 (Uniprot ID P63027, residues 1-96)
MSATAATAPPAAPAGEGGPPAPPPNLTSNRRLQQTQAQVDEVVDIMRVNVDKVLERDQKLSELDDRADALQA
GASQFETSAAKLKRKYWWKNLKMM
>TIA-1 (Uniprot ID P31483, residues 320-386)
MGSSHHHHHHHHHHSENLYFQGGQYVPNGWQVPAYGVYGPWSQQGFNQTSAPWMPNYSVPPFPQGQN
GSM LPSQPAGYRVAGYETQ
>YAP (Uniprot ID P46937, residues 50-171)
AGHQIVHVRGDSETDLEALFNAVMPKTANVPQTVPMRLRLKLPDSFFKPPEPKSHSRQASTDAGTAGALTPQ
HVRAHSSPASLQLGAVSPGTLTPTGVVSGPAATPTAQHLRQSSFEIPDDV